

FORGIVE

“Lord, if my brother sins against me,
how often must I forgive?
As many as seven times?”
Jesus answered, “I say to you,
not seven times but
seventy-seven times.”

~Matthew 18:21-22

PRIEST'S INTENTIONS FOR MASSES

Sun, Sep 13 TWENTY-FOURTH SUNDAY *in* ORDINARY TIME

5:30 pm *Sp Int* Paul Hilgeman
 8:00 am † Virginia Ciota
 11:00 am † Jesus & † Dolores Loza
 5:30 pm For the People of the Parish

Mon, Sep 14 THE EXALTATION OF THE HOLY CROSS

8:00 am † Ed & † Marie Heibing

Tues, Sep 15 Our Lady of Sorrows

8:00 am † Rylan O'Neal

Wed, Sep 16 Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs

8:00 am *Sp Int* Joseph &
Sp Int Elizabeth Fromm

Thurs, Sep 17 Weekday

8:00 am † Maria J. Skrinjar

Fri, Sep 18 Weekday

No Mass

Sat, Sep 19 Weekday

8:00 am † Cora Johnson & *Sp Int* Ryan Jones

Sun, Sep 20 TWENTY-FIFTH SUNDAY *in* ORDINARY TIME

5:30 pm For the People of the Parish
 8:00 am † Jun Magbuhat
 11:00 am † Virginia Guzman
 5:30 pm † Jose C. Cruz &
Sp Int Lawrence Hilgeman

We love having you as part of our flock! Get updates about Masses and parish life via email or text!

Sign up! Visit olg-church.org and look for the blue and white sheep.

**Public Mass Update**

Masses are celebrated outside in front of the church. Bring a blanket or lawn chair to sit on. Face coverings are required, as is physical distancing. Bottled water, hats, hand sanitizer, and sunscreen are recommended. In extreme heat Masses will be moved inside. Our Ambassadors will be present to assist you. For more info, visit olg-church.org and read the red NOTICE under the Weekly Liturgy Schedule headline.

The obligation to attend Mass on Sundays continues to be dispensed by Bishop McElroy.

Masses are being Streamed Online

On the parish website we have listed multiple links to options to participate in Sunday and daily Mass online in the Diocese of San Diego and beyond. Visit olg-church.org homepage and click on the gold "Online Mass Info and Other Sustaining Faith Resources in the Time of Pandemic" button. Scroll to listed Mass links.

Feast of Our Lady of Sorrows (Sep 15)

"Truly, O Blessed Mother, a sword has pierced your heart.... He died in body through a love greater than anyone had known." ~St. Bernard (d. 1153)

Welcome to OUR LADY of GRACE!

Welcome to all who are joining us for the celebration of the Eucharist. There are many ways and parish organizations to participate in our life in Christ. See the directory on page 7.

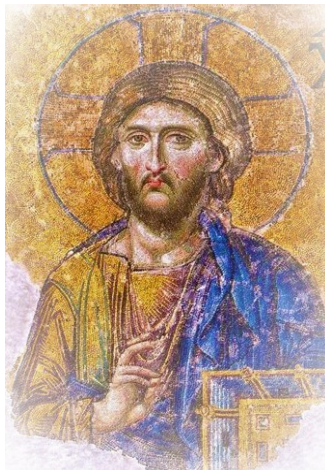
We invite all who attend OLG to become registered members of our parish. Registration forms are available on the table in the main entry of the church or the parish office. Registration allows us to communicate and effectively provide for your needs. It is necessary for baptism, marriage, and godparent or sponsor certification.

Mindfulness of Others—Please silence all devices and refrain from using them during the liturgy. The parish has a Children's Chapel located in the northwest corner of the church. Parents with restless children are welcome to make use of this chapel at any time during Mass should it be necessary. We ask that this chapel, like the church itself, remain free of food and drink.

Allergies—The first morning Mass of the Sunday or holy day will always be incense-free. The Sunday 11:00 am Mass will often include the use of incense.

Invitation to the R.C.I.A.

Our Lady of Grace Parish welcomes all who seek to enrich their faith life and explore the possibility of becoming a Catholic Christian. Our community shares and celebrates this journey with them through a process called "The Rite of Christian Initiation of Adults." If you are curious about what Catholics believe and may be interested in learning more about joining the Catholic faith—or perhaps you are an adult Catholic looking to be fully initiated—you are cordially invited to enter the R.C.I.A. process and experience a new and enriched meaning to your life through renewed faith and love. Please contact Deacon John Sawaya at (858) 869-5079 or use the "Contact us" link on the parish webpage.

**READINGS FOR SEP 13 - 20**

Sun: Sir 27:30—28:7; Rom 14:7-9; Mt 18:21-35

Mon: Nm 21:4b-9; Phil 2:6-11; Jn 3:13-17

Tue: 1 Cor 12:12-14, 27-31a; Jn 19:25-27 or Lk 2:33-35

Wed: 1 Cor 12:31—13:13; Lk 7:31-35

Thu: 1 Cor 15:1-11; Lk 7:36-50

Fri: 1 Cor 15:12-20; Lk 8:1-3

Sat: 1 Cor 15:35-37, 42-49; Lk 8:4-15

Sun: Is 55:6-9; Phil 1:20c-24, 27a; Mt 20:1-16a

Twenty-fourth Sunday in Ordinary Time

Mass Readings:

Sir 27:30--28:7;

Rom 14:7-9

Mt 18:21-35

GROW: It's part of human nature to focus on the negative "headlines" on any given day. For example, after encountering a traffic delay due to a harmless fender bender on an otherwise uneventful commute, we are more likely to be upset and angry at the delay – and the people who caused it – rather than forgiving of the situation, and aware of the concurrent fact that we made it home safely! The author of the Book of Sirach seems to have this insight into humanity, for he describes wrath and anger as "hateful things, yet the sinner hugs them tight." I, too, have "hugged tight" to my anger at times over offenses real or perceived, and so I love the way Matthew's Gospel challenges us to not only let go of past hurts, but to forgive: forgive, forgive, forgive. It doesn't mean glossing over the human fender benders that can wreck relationships, but Jesus cautions us to prevent them from becoming the headlines of

our lives. Instead, by opening our ears and our hearts to the Good News of God's forgiveness, we can, in turn, extend it to those who have hurt us.



GO: When Jesus taught his disciples how to pray the *Our Father* in an earlier verse in Matthew's Gospel, he used these words: "forgive us our debts, as we

forgive our debtors." Not, "maybe I'll think about forgiving tomorrow," or "I might forgive this but I can't forgive that." Because when we open our hearts to the Good News of God's forgiveness, we must forgive "from the heart," as Jesus says at the end of today's passage. Is there someone in our lives whom we need to forgive? What's holding us back? Are we "holding tight" to our anger, or hurt, or resentment? Think about a relationship in your life that could use some healing. Perhaps a first step involves a phone call, a letter, an email, or an embrace. In prayer, ask for God's help; seek forgiveness and ask for the grace to forgive others.

ACTION: Think of someone or something that has caused you to hang on to anger or resentment. Write a letter [you're not going to send it!] to that person, or to the "event," as if it were personified. Spell out factually what caused your anger. Then write that you forgive them. Put the pen down, pray that God would help you with the grace to truly forgive, then shred the letter. And let the anger go.

Written by The Faithful Disciple

The Season of Creation

The Office for Life, Peace & Justice and The Creation Care Ministries presents

Loving God through Creation

Wed, **Sept 16** at 7:00 pm

Q&A with panel, prayer, readings and reflection video via Zoom. Enter the meeting at sdccatholic.zoom.us and click "Join"!



Take action for Creation!

Feast of Frances of Assisi Annual Mass

Sat, **Oct 3** at 10:00 am
The Immaculata

5998 Alcalá Park, SD 92110

Open for attendance and livestreamed at

sandiego.edu/immaculata/

Learn more at
SeasonOfCreation.org

OUR LADY OF GRACE CHURCH

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PASTOR

Very Rev. Peter McGuine

AUXILIARY PRIEST

Rev. Maxime Villeneuve, OSA

PRIESTS IN RESIDENCE

*Rev. Curtiss Dwyer,
LT, CHC, USN*

*Rev. Jerome Molokie,
O Praem.*

DEACON

Dcn. John Sawaya

SCHEDULE of MASSES

SUNDAY VIGIL

(Saturday) 5:30 pm

SUNDAY

8:00 am, 11:00 am, 5:30 pm

MONDAY-THURSDAY AND SATURDAY

8:00 am

Holy days and holidays listed separately in bulletin.

SACRAMENTS

INFANT BAPTISM

Baptisms are celebrated on the second and fourth Sundays of each month at 12:30 pm. Preparation packet is available in the parish office.

RITE of CHRISTIAN INITIATION of ADULTS

Contact Deacon Sawaya (858) 869-5079.

HOLY MATRIMONY

Marriage preparation begins nine months in advance. Please contact Fr. Peter McGuine or Deacon Sawaya.

PENANCE AND RECONCILIATION

Monday 6:00 pm
Thursday 8:30 am
Saturday 4:00 pm

ANOINTING of THE SICK

Call the parish office (619) 469-0133.

Praise & Worship Family & Youth Night

Sep 20
6:45 to
8 pm

Gather on the grass in front on the church to pray together, share scripture and praise God through music, music, music!

All ages are welcome.

Your Choice!

Eight sessions on eight topics, all on the theme of The Profession of Faith!

Join one session,

some or all! This adult study group will meet by Zoom on the first Wednesday of the month from 7:00 to 8:30 pm until church facilities are open for group gatherings. The **Oct 7** session title is *What is Faith? Who is God?* To see all session titles and sign-up for the sessions of your choice visit olg-church.org and click on "Upcoming Events."



September 23 - November 1
40 DAYS FOR LIFE

Help protect mothers and children by joining 1,000,000+ volunteers through prayer and fasting, peaceful vigils and outreach **Sep 23—Nov 1**.

Please pray and fast to support this initiative as your schedule allows, but for those who are able, our parish is committed to cover prayer shifts from 7:00 am to 7:00 pm on **Sep 27; Oct 4, 11, 18, 25; and Nov 1**. Please sign-up for at least one hour of peaceful prayer to end abortion on one of these dates. Volunteers pray in the public right-of-way outside Planned Parenthood at 1685 E Main St, El Cajon. Please contact Vicki at (619) 647-5793 to schedule your prayer time. You can also contact email at elcajon40days@hotmail.com and learn more by visiting 40daysforlife.com/elcajon.

A Little Humor

A little girl, when asked her name, would reply, "I'm Mr. Sugarbrown's daughter."

Her mother told her this was wrong, she must say, "I'm Jane Sugarbrown."

One Sunday, the priest spoke to Jane in her Religious Ed class and said, "Aren't you Mr. Sugarbrown's daughter?"

She replied, "I thought I was but mother says I am not!"



Walking With Purpose Bible Study

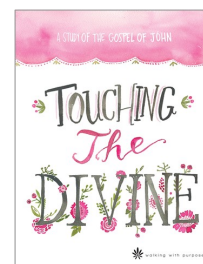
The mission of *Walking With Purpose* is to help every Catholic woman in America open her heart to Jesus Christ! With that goal in mind, two weekly group meetings are starting Wed, **Sep 30**, on Zoom at 6:30 pm until church facilities can be used for gathering.



Beginners start with *Keeping in Balance*, a journey through Scripture discovering the relevance of Old and New Testament wisdom for daily challenges. This 22-lesson study explores Biblical ideas for managing life's pace and pressure while living with calm and steadiness. Your lifestyle of health and holiness awaits!

Advancing members will enjoy *Touching the Divine* which focus' on the many qualities of Jesus revealed through the Gospel of John. This study draws us into a deeper, loving relationship with Jesus as we reflect on His life and personality.

To find out more, use the Contact Us link at olg-church.org and select "Walking with Purpose" or call Danica at (951) 858-6568. To learn more about the national organization visit walkingwithpurpose.com.

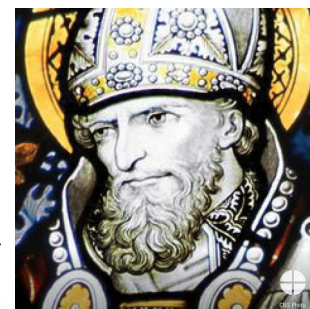



There is a collaborative effort of California's licensed mental health professionals to provide free mental health counseling services to frontline COVID-19 pandemic healthcare workers and first responders. To seek help or to volunteer services please visit covid19counselingca.org.

Saint Cyprian

C. 200 - 258 ~ Feast Day: September 16

One of the first great theologians in the church, this Latin father is remembered today for his writings, which are quoted in the documents of the Second Vatican Council. A late convert, Thascius Cecilianus Cyprianus was a lawyer, rhetorician and teacher before being chosen by the people and clergy of Carthage, in North Africa, as their bishop. He was drawn into papal controversies and schisms, but he also was known for pastoral zeal and aiding plague victims. Having survived one Roman persecution, he later was beheaded for refusing to participate in state religious ceremonies. He wrote biblical commentary and treatises on church unity and the sacraments. Cyprian is the patron saint of North Africa and Algeria.





“We must always have this “holy restlessness” in our hearts, in the search for the true good who is God. Let us help others feel the thirst for God. He gives peace and happiness to our hearts.”
 ~ Pope Francis, @Pontifex, Aug 27, 2020

YOUTH MINISTRY AND FORMATION



High School formation begins **Sun, Sep 20**. Teen formation includes study for the sacrament of Confirmation, ongoing study for our 11th and 12th grade students and Youth Ministry. To learn more please visit olg-church.org and click on “Upcoming Events” or call the Religious Education office at (619) 466-5656.

Get Junior High **ESCAPE** and/or High School **New Life** event details. Visit olg-church.org click on the “Serve” drop down menu. Select “Parish Ministries” and scroll to “Youth Ministry.”

EAST COUNTY YOUNG ADULT MINISTRY

To learn the status of events for San Diego East County Young Adults follow Instagram @sd.ecya or visit sdcatholic.org/office-for/young-adult-ministry to see a complete list of spiritual development and social opportunities for 18-39 year old Catholic Young Adults.

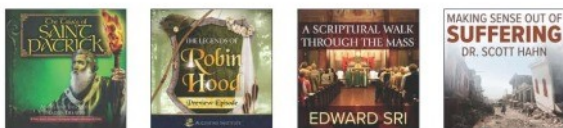
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Watch Award-Winning Programming



Listen on Your Commute




Looking for Photos of Father Joe Carroll

Fr. Joe Carroll’s first assignment as a newly ordained priest was to Our Lady of Grace in July 1974. Kathryn Cloward is creating a book and documentary to share Father Joe’s life story and she is seeking photos. If you are able, please scan any photos you have and email to marykcloward@gmail.com. For answers to any questions please call Kathryn at (619) 300-9924.



Emergency Food Distribution Network

In partnership with the Diocese of San Diego, Catholic Charities has created the Emergency Food Distribution Network to distribute food to those in need in a safe, effective and reliable manner that complies with COVID-19 social distancing requirements. Through drive-thru food pantries and online request home-delivered food package pick-ups from distribution sites. To learn more about using this service or volunteering please visit ccdsd.org/efdn.



As you get older you must remain positive! The other day I fell down and instead of getting upset, I thought, “Wow, I haven’t moved that fast in years!”

PRAYER REQUESTS

Please pray for those who have requested prayer and for the special intentions written in the Book of Intentions in the Baptistry of our church.

- | | |
|---------------------|----------------------|
| Patricia Adams | Susan Hori |
| Tilly Allison | Lubos Jurik |
| Gabriela Alvarenga | Rebecca Leyden |
| Marvin Alvarenga | Tim Leyden |
| Mari Kay Ames | José A. Lopez |
| Angie Arrayan | Natalie Mascari |
| Patrick Attardo | Ruth Modugno |
| Francine Balestreri | Ann Renzi |
| Angie Biner | Anthony Renzi |
| Angela Bolin | Ralph Reveles |
| Anita Branch | Becky Romenesko |
| Pat Burke | Carter Santos |
| Stephanie Butcher | Clayton Schenkelberg |
| Janice Butterfield | Patrick Sullivan |
| Pam Carlson | Hibe Thornton |
| Brian Cashman | Andy Tong |
| Oliva Clark | Eve Ulshoeffter |
| Tim Clasemen | Marilyn Winger |
| Rick Ferrantello | Dorothy Washington |
| Mark Habina | |
| Brenda Hilgeman | |

Names remain listed for four weeks and can be renewed by contacting Marie Pospichal at mpospichal@olg-church.org.

Gratitude in Action



2020 Annual Catholic Appeal supports Catholic Schools, Clergy & Seminarian Support, Faith Formation and Catholic Charities.
 Visit olg-church.org to give or pledge!

Can Catholics be Cremated?

As the practice of cremation becomes more and more common, it's important to know what the Church asks of families who have chosen this for a loved one who has died.

As the US Bishops observe on their website, "Ideally, if a family chooses cremation, the cremation would take place sometime after the Funeral Mass, so that there can be an opportunity for the Vigil for the Deceased in the presence of the body." However, if cremation takes place before the Funeral Mass, the cremated remains can be present at the Funeral Mass and the appendix to *The Order of Christian Funerals* provides adaptations for the texts and rituals that are part of the Funeral Mass and the Committal.

The primary concern is that the cremated remains should be treated with the same respect given to any human remains. *The Order of Christian Funerals* instructs, "This includes the use of a worthy vessel to contain the



ashes, the manner in which they are carried, and the care and attention to appropriate placement and transport, and the final disposition. The cremated remains should be buried in a grave or entombed in a mausoleum or columbarium. [If buried at sea the remains must be placed in container specifically designed to disintegrate in the water over time.—editor.] The practice of scattering cremated remains on the sea, from the air, or on the ground, or keeping cremated remains in the home of a relative or friend of the deceased are not the reverent disposition that the Church requires" (no. 417).

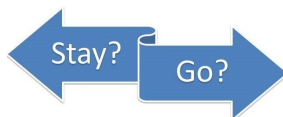
It is becoming more and more common for parish or diocese-sponsored cemeteries to include columbaria to house cremated remains in a way that respects Church teaching, allowing family and friends the opportunity to honor the remains of the one they have lost with dignity, reverence, and care.

Used with permission, ©LPi.

Should I Stay or Should I Go?

Life is not always easy on us and it can be hard to figure out the next step to take in our journey. We can even become immobilized by indecisiveness and fear about making the wrong move or choosing the incorrect path. I think of the song, *Should I Stay or Should I Go*, as a mantra for many times in my life. Should I stay in this house, this job, or this car? Should I go here or there? When those times of decision surface, I usually turn to my wife, my friends or even my children. Talking

it out can help, and their perspectives give me more data to consider. When I lean on others to help me make a decision, it helps me become more confident in my choices.



God's calling clearly at first. Gods calling is always more easily discerned within a community of faithful disciples. Our stewardship way of life can suffer greatly if we refuse to allow others to assist us in the process of

Discerning the will of God is not easy either. Rarely do we understand

discernment. What gifts or talents are needed for the task at hand? Where do I fit best into God's plan? Where is God leading me? No one should have to decide the answers to these questions alone. We need to always lean on the Body of Christ to help us see the path that God has laid before us. Without a little help along the journey, over time we might find ourselves stuck in the same place where we started.

—Tracy Earl Welliver, MTS

WEEKLY OFFERING REPORT

September 1 - 8, 2020

\$16,857.00

Plate	\$	302.00
Envelopes	\$	9,319.00
Online Giving	\$	7,236.00

Breakdown of Gifts Received

\$0.01 - \$5.00	10
\$5.01 - \$10.00	25
\$10.01 - \$25.00	54
\$25.01 - \$50.00	54
\$50.01 - \$100.00	45
\$100.01 - \$150.00	8
\$150.01 - \$500.00	23
\$500.01 - Over	2

Total Contributing Households

221

Additional Gifts

Building Fund	\$1,925.00
Food Pantry	\$518.67
Religious Ed/Faith Formation	\$485.00
School Support - General	\$3,048.00

Secure Parish Online Giving
Give a one-time gift
or set up recurring gifts.

Visit olg-church.org and click on the "Online Giving" link in the upper right corner of the webpage (or use the QR code with your smart phone app!).



Shop at smile.amazon.com/ch/27-3860489 and Amazon will donate 0.5% of your purchase to Our Lady of Grace!

OUR LADY of GRACE PARISH AND SCHOOL DIRECTORY

2766 NAVAJO ROAD, EL CAJON, CA 92020



PHONE: (619) 469-0133
 FAX: (619) 469-0575
 WEB: OLG-CHURCH.ORG
 HOURS: WEEKDAYS 8:30 AM-4:30 PM

Pastor **FR. PETER MCGUINE** | Ext. 17
 Deacon **DCN. JOHN SAWAYA**
 Business Manager **PATRICIA KANE** | Ext. 12
 Special Projects Coordinator **KEN DISCENZA** | Ext. 24
 Bookkeeper **SIONI BAUTISTA** | Ext. 16
 Office Manager **MARIE POSPICHAL** | Ext. 10
 Publicity & Communications **GEORGENE KRUZEL** | Ext. 33
 Housekeeping **MARIA ARIAS**
 Maintenance & Facilities **DAN BRESLIN & MATTHEW HILGEMAN**

LITURGICAL MINISTRIES

Liturgy Coordinator **ROSA HILGEMAN** | Ext. 14
 Director of Liturgical Music **PAUL MAY** | Ext. 26
Cantate Kids and Gaudete Choir (11:00 am Sun)
 Director **ROBERT FILLEY**
Laudate Ensemble (5:30 pm Sun)

RELIGIOUS EDUCATION

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PHONE: (619) 466-5656

Director of Catechetical Ministry | **LISSA HUTCHESON**
 Youth Ministry Coord. *Jr. High, Sr. High* | **DORIS HERTZIG**
 (619) 466-5451



For answers to almost every question about Our Lady of Grace liturgies, ministries and parish activities please visit our website at: olg-church.org
 And Like Us on Facebook!



Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at (858) 490-8353 or writing misconduct@sdccatholic.org.



PHONE: (619) 466-0055
 FAX: (619) 466-8994
 WEB: OLG.ORG
 HOURS: WEEKDAYS 7:15 AM-3:30 PM
 (DURING SCHOOL YEAR)

Principal **ERIN MARES** | Ext. 11
 emares@olg.org
 Vice-Principal **RACHEL SATO** | Ext. 27
 rsato@olg.org
 Development & Admissions **KELLI BALISTRERI** | Ext. 16
 kbalistreri@olg.org
 Secretary **LINDA PETERS** | Ext. 10
 lpeters@olg.org

PARISH MINISTRIES AND ORGANIZATIONS

To email members of the parish staff or the ministry leaders listed below please visit our website at:

olg-church.org - click on the "Contact Us" link in the upper right corner of the browser window.

For a ministry leader phone number please call the Parish Office at (619) 469-0133.

55 PLUS CLUB—Mary Cloward
BLOOD DRIVE—Debbie Ipsen
CATHOLIC WOMEN'S CLUB—CWC
 CWC—Mary Cloward
 Book Club—Julie Hazelton
 Craft Fair—Kathy Porterfield
CENTERING PRAYER—Irma Eichinger or Beatrice Doblado
CUB SCOUTS—*Pack 951*—Crystal Carr
CURSILLO—Dcn. John Sawaya
EVENTS COMMITTEE—Nettie Aguinaldo
FOOD PANTRY—*Since 1981* (619) 469-0061
 Bob Cosgrove M-F, 9:30-11:00 am
HOLIDAY ANGELS—*Since 1988*—Lesley Bradley
INTERNATIONAL CATHOLIC FAMILIES—ICF
 Carla Pedroncelli
KNIGHTS OF COLUMBUS—*Frances Cabrini Council 8879*
 Lou Crow, Grand Knight
LADIES OF GRACE—Rosemarie McLain
LEGION OF MARY—*Since 1987*—Dee Draper
MEN FOR CHRIST—Steve Faucher
MINISTRY TO THE SICK & HOMEBOUND
 Rosa Hilgeman
PRAYER QUILT MINISTRY—*Since 2006*
 Nettie Aguinaldo
PRO-LIFE
 Mary Dixon
 Vicki Whitmire (40 Days for Life)
WALKING WITH PURPOSE—*Women's Bible Study*
 Danica Hertzig



God's Work in
Our Hands

If any of your personal information has changed please be so kind as to update us in the Parish Office. It is important that we update our family records.

FD-1083

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Elizabeth G. Blust

Attorney at Law

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"To love another person is to see the face of God"
 - From Les Miserables

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