-Jn 6:1

OUR LADY of GRACE CATHOLIC CHURCH

#### MASS SCHEDULE AND PRIEST'S INTENTIONS

Sun, Jul 29 SEVENTEENTH SUNDAY IN ORDINARY TIME

5:30pm For the People of the Parish 8:00am † Elaine "Boots" Sapper

11:00am † Mary Ciesielski 5:30pm † Henry Gerard

† Bernard Kitnovski

Mon, Jul 30 Weekday

8:00am Sp Int David Freed

Tue, Jul 31 St Ignatius of Loyola, Priest

8:00am † Josephine Vitalis

Wed, Aug 1 St Alphonsus Liguori, Bishop and

**Doctor of the Church** 

8:00am † For all the Souls in Purgatory

Sp Int Mark Long

Thu, Aug 2 Weekday

8:00am † Marcia Carlson

Fri, Aug 3 Weekday

8:00am † Barbara Collete Sweeney

Sat, Aug 4 St John Vianney, Priest
8:00am † Antonio Cuevas Guiao

Sun, Aug 5 EIGHTEENTH SUNDAY IN ORDINARY TIME

5:30pm † Pietra Chichi

† Ralph DiCori

8:00am For the People of the Parish

11:00am † Jack Cloward 5:30pm † Mary Ciesielski

#### FOOD AND FELLOWSHIP IN MOLONEY CENTER

All are welcome Sunday mornings after Mass.

#### Jul 29 Knights of Columbus—Pancake Breakfast

Come after the morning Masses and enjoy a tasty full pancake breakfast package with scrambled eggs, bacon or sausage, fruit and milk, coffee, or juice. Proceeds support the good causes of the KoC.

# Aug 5 Int'l Catholic Families—Breakfast Sunday

Delicious breakfast casserole, homemade Scones, coffee and donuts.

#### Aug 12 OLG School Sunday

Stop by for complimentary coffee and refreshments. Contributions not necessary but gratefully accepted. Proceeds benefit the OLG School's Tuition Assistance Fund, the Gerard Family Endowment for Catholic Education.

#### READINGS FOR JULY 29- AUGUST 5

**Sun:** 2 Kgs 4:42-44; Eph 4:1-6; Jn 6:1-15

**Mon:** Jer 13:1-11; Mt 13:31-35 **Tue:** Jer 14:17-22; Mt 13:36-43 **Wed:** Jer 15:10, 16-21; Mt 13:44-46

**Thu:** Jer 18:1-6; Mt 13:47-53 **Fri:** Jer 26:1-9; Mt 13:54-58 **Sat:** Jer 26:11-16, 24; Mt 14:1-12

**Sun:** Ex 16:2-4, 12-15; Eph 4:17, 20-24; Jn 6:24-35

#### Welcome to OUR LADY of GRACE!

elcome to all who are joining us for the celebration of the Eucharist. There are many ways and parish organizations to participate in our life in Christ. See the directory on page 7.

We invite all who attend OLG to become registered members of our parish. Registration forms are available on the table in the main entry of the church or the parish office. Registration allows us to communicate and effectively provide for your needs. It is necessary for baptism, marriage, and godparent or sponsor certification.

**Mindfulness of Others**—Please silence all devices and refrain from using them during the liturgy. The parish has a Children's Chapel located in the northwest corner of the church. Parents are welcome to make use of this chapel with restless children. We ask that this chapel, like the church itself, remain free of food and drink.

**Allergies**—The first morning Mass of the Sunday or feast day will always be incense-free.

#### FUNERAL LITURGIES AT OUR LADY of GRACE



#### GUILLERMO SUAREZ

Tues, Aug 14, at 10:00am

May his soul and the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

# Welcome to the Christian family

Baptized in our church on July 29

#### Matthew Patrick Dixon Jr.

"You have become a new creation, and have clothed yourself in Christ..."

# Position Opening: Bulletin/Website Editor

,.....

Immediate opening for parish bulletin and website editor. Hours: 16 hours/week, Mondays and Tuesdays. This is a paid, hourly position. Experience in graphic design and website creation/management required. For more info, contact Fr. Peter McGuine at pmcguine@olg-church.org.

# Can We Please Pursue Spiritual Excellence At Least as Hard as We Do for Sports and Academics?

By Fr. Bill Peckman

Anything we deem as important, we usually will try to master.

ou see this with athletes. They will alter exercise routines, nourishment, and upend their schedule to grow better at a sport. You see this with gamers. They will spend inordinate amounts time and energy to up their skill level to get better.

You see this with craftsmen. They will dig down and learn techniques that help them master their trade. You see this with serious scholars who will spend hour upon hour learning, studying, and expanding their understanding. You see this with body builders who will get meticulous about nutrition, exercise, and spend long hours in the gym to sculpt what they deem to be the perfect body.

These all take dedication and a willingness to sacrifice and suffer for whatever they deem worthy of that time and energy. It is true for physical pursuits. It is true for intellectual pursuits.

Here is a fact: it is also true spiritual pursuits. While God gives us grace, the pursuit of holiness is not easy. Like matters of the body and soul, it requires discipline, time, energy, and a willingness to sacrifice and suffer to grow stronger.

Here is another fact, a rather sobering one: the athlete and bodybuilder end up dying just like anyone else. So does the gamer, the scholar, and the craftsmen. Don't let these pursuits become so primary that you ignore the only thing that lasts: your soul.

We allow the pursuit of the temporary crowd out the pursuit of the eternal. We believe we can regulate the eternal as a matter of convenience that will be attended to once activities we deem more important are sated. This is short sighted. We teach our children what is more important and worthy of their time.

This is not an either/or proposition. One can be a great athlete, scholar, or craftsmen without neglecting their soul. It is about priority and discipline. Think about this when the choice between sports and faith come up. Think about this when you cede ground on Sundays to yet more worldly activities. Balance. That is what I am proposing.

To quote Christ, "What good is it for someone to gain the whole world, forfeit their yet soul?" (Mark 8.36)

Source: churchpop.com

# OUR LADY OF GRACE CHURCH Founded 1954

#### CLERGY

#### PASTOR

Very Rev. Peter McGuine

#### **AUXILIARY PRIESTS**

Rev. Gino Correa, OFM Very Rev. Kevin Mullins, OSA

#### PRIESTS IN RESIDENCE

Rev. Hugh Barbour, O.Praem. Rev. David Hammond

#### **DEACONS**

Dcn. John Sawaya Dcn. Raymond Philip Napuli

#### SCHEDULE of MASSES

SUNDAY VIGIL (Saturday) 5:30pm

SUNDAY 8:00am, 11:00am, 5:30pm

> MONDAY-SATURDAY 8:00am

Holy days and holidays listed separately in bulletin.

#### SACRAMENTS INFANT BAPTISM

Baptisms are celebrated on the second and fourth Sundays of each month at 12:30pm. Preparation packet is available in the parish office.

#### RITE of CHRISTIAN INTIATION of ADULTS

Contact Deacon Sawaya (858) 869-5079

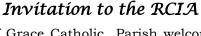
#### HOLY MATRIMONY

Marriage preparation begins nine months in advance. Please contact Fr. Peter McGuine or Deacon Sawaya

#### PENANCE AND RECONCILIATION

Monday 6:00pm Thursday 8:30am Saturday 4:00pm

ANOINTING of THE SICK Call the parish office (619) 469-0133



Our Lady of Grace Catholic Parish welcomes all who seek to enrich their faith life and explore the possibility of becoming a Catholic Christian. Our community shares and celebrates this journey with them through a process called "The Rite of Christian Initiation of Adults." If you are curious about what Catholics believe and many be interested in learning more about joining the Catholic faith, or perhaps you are an adult Catholic looking to be fully initiated, you are cordially invited to enter the RCIA process this Fall and experience a new and enriched meaning to your life through renewed faith and love.

For more information, please contact Deacon John Sawaya at (858) 869-5079.



#### BEGINNING EXPERIENCE RETREAT



Divorced, widowed, and separated persons can register now for a healing retreat Oct 12-14 at the Prince of Peace Abbey, and moving beyond grief in a supportive

and caring environment with others that have gone through or going through the same experiences. If you are, or know someone who is experiencing pain and grief, Beginning Experience can help. Call Rose, (619) 504-4410 or Nish (Spanish), (330) 607-8774.



### GOLDEN ACORN CASINO TRIP Sat. Sept 8

Sponsored by International Catholic Families (ICF) \$20 per person.

Group will be leaving the OLG parking lot at 9:00am.

For more info call: Pat Miller - (619) 466-8242 or Janice Motisi - (619) 593-9622

#### **DIVINE MERCY RETREAT**

Join us for OLG's 33 Days to Merciful Love Retreat beginning July 31:



Meetings will take place on mornings from

9:15am to 10:45am in the Children's Chapel OR evenings from 7:00pm to 8:30pm in Lauerman Hall

Meetings continue each week for 6 weeks.

Please order your Retreat participant packet and book by phone at (866) 767-3155 or online at:

www.allheartsafire.org/stage-3/33-days-to-mercifullove-group-retreat.html

For more information and registration, contact: Ken Discenza at (619) 464-0792 or by e-mail sitedesign@sda-pe.com

#### FAREWELL DEACON RAYMOND PHILIP NAPULI

Deacon Raymond Philip leaves our parish on Sun, July 29, to spend some time with family and then return to Mt. Angel Seminary in St. Benedict, OR to complete his final year of priestly studies and formation. God willing, he will be ordained a priest for the Diocese of San Diego next summer. Deacon, I know I am not alone in expressing gratitude for your vocation, your ministry and your presence among us this summer. You are a man of many talents! Our prayers go with you and we look forward to sharing in God's goodness to you in the years to come.



-Fr. Peter McGuine





## SEPTEMBER 29 VS DIAMONDBACKS AT 5:40 P.M.



# THE SAN DIEGO PADRES INVITE YOU, YOUR FAMILY, AND YOUR FRIENDS TO PADRES FAITH & FAMILY NIGHT.

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PADRES.COM/FAITH

#### COMING SOON! OLG'S ANNUAL OPEN HOUSE

Our parish has over 25 ministries and parish organizations! Look forward to our Annual Open House on Aug 25 and 26 in Moloney Center. Come see what they do to promote their endeavors within the parish and local community, and learn how you can get involved and have fun!

#### ESCAPE - MIDDLE SCHOOL MINISTRIES (GR. 6-8)

#### Join us for the last summer week of Middle/Jr. High activities and bring a friend!

Mon, Aug 6, 5:30 - 8:30pm

Lazer Tag at Ultra Zone & In-N-Out Excursion

Wed, Aug 8, 6 - 8:00pm

Beach Night at La Jolla Shores

Fri, Aug 10

Movie Night - at a local theater - details TBA.

Permission slips are required; contact the youth office or Doris to have one emailed to you: (619) 466-5451 or dhertzig@olg-church.org.

www.facebook.com/olgnewlife

# (a) algnewlife

#### New Life - High School Ministries (Gr. 9-12)

High School youth are invited to the final summer

Tues, Aug 7, 5:30—8:30pm

Movie Night in the Youth Room

Wed, Aug 8, 6—8:00pm

Beach Night at La Jolla Shores

For a complete summer calendar or more info, contact Doris at (619) 466-5451 or dhertzig@olg-church.org.

# SPEND A WEEKEND WITH GOD ON RETREAT AT PRINCE OF PEACE ABBEY, AUGUST 3-5!



The Center for Ignatian Spirituality is offering a retreat on how to live contemplatively in our busy lives. Talks, silence, prayer, quiet time, Mass, confession, and spiritual direction will provide new tools to become a contemplative in action! Check-in on Friday is at 5:15pm, but late arrivals are okay. For more info, email Fr. John Auther, SJ,

#### PRAYER REQUESTS

Please pray for those who have requested prayer and for the special intentions written in the Book of Intentions in the Baptistery of our church.

Patricia Adams Helga Barthold Helen Berger Carol Bessone Tom Bickhaus Eleanor Bigknife Lesley Bradley Eleanor Breslin David Byram Margaret Campbell Kyle Cearley Eileen Clemons Mike Coit Precilla Cruz Robert & Maria Cuddy John Cunningham Shirley Dolormente Chariz Espanola Mary Jane Evans Lettie Gimpaya Asia Goodwin Gloria Grajeda Rayshawn Holscher Stefan Fayal Bernie Flaherty Leona Flavin Bob Franc Msgr. Michael Glenn Roseanna Greene Polly Harrington Dick Harper The Hermosura Family Brenda Hilgeman Joseph Hoover Susan Hori

Sue Houze Brandon Hughey Lloyd Ibbetson Diann Jacoby Haziel Jeronimo Donna Kater Mamoru Kimura Evie La Chapelle Dorinda Lillie Margarita LoMedico José A. Lopez Frances Lozano Francine Lozano Jim Maxwell Kevin Means Barbara Messier Arvin Nielson Jun Novero Sean O'quin Lona Peklar Marita Petalino John & Mary Principato Barbara Rose The Scillo Family Linda Scott Norma Siebert Larry Smith Theresa Smith Anna & Sam Sobrevinas Bill Sprague John Sullivan The Tenorio Family Andy Tong Nicole Velasco Terry Walsh Nora Grace Weigel

Names remain listed for four weeks and can be renewed by contacting Marie Pospichal: mpospichal@olg-church.org

# FIND A CATHOLIC-AFFILIATED THERAPIST

through the San Diego Diocesan Mental Health Ministry Network

Visit <u>eTherapyFinder.com/osm</u> and click "Find Affiliated Therapists."

Contact Kent Peters for more info at kpeters@sdcatholic.org or (858) 490-8324.

# **Miscarriage Hurts**

Patricia Hough

Miscarriage can be a very painful experience. You do not have to go through this alone.

miscarriagehurts.com is a safe place to:

**Participate** in interactive support **Connect** with support resources **Memorialize** your loss

# **Abortion Changes You**

Abortion can produce troubling emotions. You are not alone.

<u>abortionchangesyou.com</u> is an anonymous place to:

**Participate** in interactive content **Explore** the experiences of others **Connect** with support resources



# SCRC Conference for Teens and Young Adults

"Experience your life transformed by the Holy Spirit!"

The Southern California Renewal Communities will be holding a conference for Teens on

**Aug 31-Sept 1**, and for Young Adults (ages 18-29) on **Sept 1-2** at the Anaheim Convention Center. The event will feature live music, skits, dynamic presentations, adoration, healing Mass, fellowship and much more.



# Save the Date! 2018 Divine Mercy Conference

Oct 13 • Mission San Antonio de Pala

Speakers: Fr. Donald Calloway MIC, Jesse Ramero lay evangelist, and Fr. Wade Menezes CPM

For more info call Joe or Carol at (619) 276-6637

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# OUR LADY of GRACE PARISH AND SCHOOL DIRECTORY

#### 2766 NAVAJO ROAD, EL CAJON, CA 92020

#### PARISH OFFICE



PHONE: (619) 469-0133

FAX: (619) 469-0575

WEB: OLG-CHURCHORG

WEEKPAYS 9:20AM

HOURS: WEEKDAYS 8:30AM-4:30PM



Principal

Secretary

PARISH SCHOOL

PHONE: (619) 466-0055 FAX: (619) 466-8994

Web: <u>Olg.org</u>

Hours: Weekdays 7:15am-3:30pm

(DURING SCHOOL YEAR)

SUSAN HAUSE | Ext. 11

LINDA PETERS | Ext. 10

shause@olg.org

lpeters@olg.org

kbalistreri@olg.org

Pastor FR. PETER McGuine | Ext. 17 Deacons DCN. JOHN SAWAYA DCN. RAYMOND PHILIP NAPULI Business Manager PATRICIA KANE | Ext. 12 Bookkeeper RACHEL TEIXEIRA | Ext. 16 MARIE POSPICHAL | Ext. 10 Office Manager REBECCA LEYDEN | Ext. 10 Office Assistant Publicity & Communications VACANT | Ext. 13 Housekeeping MARIA ARIAS Maintenance & Facilities Dan Breslin | Ext. 24

MATTHEW HILGEMAN

#### LITURGICAL MINISTRIES

Liturgy Coordinator Rosa HILGEMAN | Ext. 14

Dir. of Lit. Music Colin Barkley | Ext. 26

Cantate Kids and Gaudete Choir (11:00am Sun)

Director ROBERT FILLEY

Laudate Ensemble (5:30pm Sun)

#### LITURGICAL IVIINISTRIES

# FAITH FORMATION MINISTRY

PHONE: (619) 466-5656

Coordinator **Georgene Kruzel** | Ext. 2 Youth Ministry Coord. **Doris Hertzig** | (619) 466-5451

Jr. High, High School

Young Adults **BERNADETTE ROSE HILGEMAN**Ages 18–39



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# olg-church.org

Then click on "Contact Us" in the upper right of the browser window.

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CENTERING PRAYER

Irma Eichinger M, 9:00-10:30am (619) 449-8400 Beatrice Doblado M, 6:30-8:00pm (619) 905-6279

CUB Scouts—Pack 951

Angela Bottini thebottinis@gmail.com

Cursillo

Dcn. John Sawaya (858) 869-5079

**EVENTS COMMITTEE** 

Nettie Aguinaldo (619) 251-2214

FOOD PANTRY—Since 1981

Bob Cosgrove M-F, 9:00-11:00am (619) 469-0061

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Lesley Bradley (619) 878-0278

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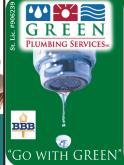
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