

**WHOEVER DIES WEARING  
THIS SCAPULAR SHALL NOT  
SUFFER ETERNAL FIRE.**

**-OUR LADY OF MT. CARMEL**

**OUR LADY of GRACE CATHOLIC CHURCH**





## PRIEST'S INTENTIONS FOR MASSES

<b>Sun, Jul 16</b>	<b>FIFTEENTH SUNDAY IN ORDINARY TIME</b>
5:30 pm	<i>Sp Int</i> Agustin Azua Family (Vigil)
8:00 am	† Charlie & † Frances Genovese † Andrew Genovese
11:00 am	† Jack Cloward
5:30 pm	For the People of the Parish
<b>Mon, Jul 17</b>	<b>WEEKDAY</b>
8:00 am	<i>Sp Int</i> Cole Ritland; † Charles Habina
<b>Tue, Jul 18</b>	<b>WEEKDAY</b>
8:00 am	† Ryan Ferrara
<b>Wed, Jul 19</b>	<b>WEEKDAY</b>
8:00 am	† Janet Wilkinson
<b>Thu, Jul 20</b>	<b>WEEKDAY</b>
8:00 am	<i>Sp Int</i> John Hilgeman, Jr. <i>Sp Int</i> Fr. Nick Clavin
<b>Fri, Jul 21</b>	<b>WEEKDAY</b>
8:00 am	† Jesús Domingo
<b>Sat, Jul 22</b>	<b>SAINT MARY MAGDALENE</b>
8:00 am	† Rita Mary (Cleary) Duncan
5:30 pm	† Hank Marcotte; & <i>Sp Int</i> Jean Marcotte (Vigil)
<b>Sun, Jul 23</b>	<b>SIXTEENTH SUNDAY IN ORDINARY TIME</b>
8:00 am	For the People of the Parish
11:00 am	† Wayne Comfort
5:30 pm	† Frances Giannone



## FOOD AND FELLOWSHIP IN THE PARISH CENTER

*All are welcome Sunday mornings after Mass.*

- Jul 16 Knights Sunday**  
*Sponsored by the Knights of Columbus  
Frances Cabrini Council 8879*  
The Knights will be serving a Pancake Breakfast in the Parish Center on Sunday, July 16. The menu consists of 2 pancakes, 2 pieces of bacon, 2 sausages, eggs and fruit for \$10.00. Biscuits will also be available for \$5. Coffee, milk and orange juice will be provided.
- Jul 23 Summer Breakfast**  
*Sponsored by the Events Committee*  
The Events Committee will offer a variety of donuts, milk and juices (available for purchase). Coffee is always complimentary! See you there!
- Jul 30 No event in the Parish Center**  
Enjoy this day of rest with your family and friends!

## Welcome to OUR LADY of GRACE!

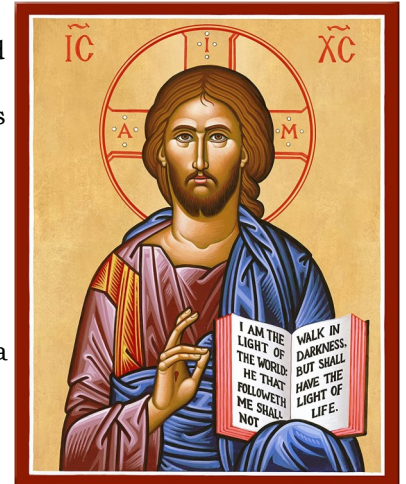
Welcome to all members and visitors who are joining us for the celebration of the Eucharist.

If you have been away from the Church for a little while or for quite some time, but now feel a tug at your heart calling you back to the Catholic Church, welcome home!

If you feel drawn to the Catholic Church yet come from another faith tradition - or have no faith experience at all - we are glad you are here!

The Catholic Church has been teaching truth since she was founded by Christ over 2,000 years ago. We invite you to enrich your life through joining our parish family. In addition to our liturgies there are many ministries and service groups that help you to build friendships and serve our parish along with the greater community. We also offer life-long learning through our many faith formation opportunities for children and adults.

For baptized Catholics needing to complete their Sacraments of Initiation please contact Deacon John Sawaya at: [jsawaya@olg-church.org](mailto:jsawaya@olg-church.org). For those interested in joining the Catholic Church, please also contact Deacon John Sawaya. You can also contact him by using the "Contact us" link at [olg-church.org](http://olg-church.org).



## Allergies

The first morning Mass of a holy day will always be incense-free.

## Mindfulness of Others

Please silence all devices and refrain from using them during the liturgy to avoid distracting those around you.

## READINGS FOR JUL 16 - JUL 23

**Sun:** Is 55:10-11; Rom 8:18-23; Mt 13:1-23

**Mon:** Ex 1:8-14,22; Mt 10:34—11:1

**Tue:** Ex 2:1-15a; Mt 11:20-24

**Wed:** Ex 3:1-6, 9-12; Mt 11:25-27

**Thu:** Ex 3:13-20; Mt 11:28-30

**Fri:** Ex 11:10—12:14; Mt 12:1-8

**Sat:** Sg 3:1-4a; Jn 20:1-2,11-18

**Sun:** Wis 12:13, 16-19; Rom 8:26-27; Mt 13:24-43

## The Brown Scapular of Our Lady of Mt. Carmel

(Feast day: July 16)

The Brown Scapular of Our Lady of Mount Carmel, according to the Carmelite tradition, was presented by Our Lady to St. Simon Stock, the then Father General on July 16, 1251. Our Lady gave St. Simon a scapular for the Carmelites with the following promise, saying: "Receive, My beloved son, this habit of thy order: this shall be to thee and to all Carmelites a privilege, that whosoever dies clothed in this shall never suffer eternal fire .... It shall be a sign of salvation, a protection in danger, and a pledge of peace."

Another important aspect of wearing the Scapular is the Sabbatine Privilege. This concerns a promise made by Our Lady to Pope John XXII. In a papal letter he issued, he recounted a vision that he had had. He stated that the Blessed Virgin had said to him in this vision, concerning those who wear the Brown Scapular: "I, the Mother of Grace, shall descend on the Saturday after their death and whomsoever I shall find in Purgatory, I shall free, so that I may lead them to the holy mountain of life everlasting."

Many popes and saints have strongly recommended wearing the Brown Scapular to the Catholic Faithful. Pope



Pius XII said: "The Scapular is a practice of piety which by its very simplicity is suited to everyone, and has spread widely among the faithful of Christ to their spiritual profit." In our own times, Pope Paul VI said: "Let the faithful hold in high esteem the practices and devotions to the Blessed Virgin ... the Rosary and the Scapular of Carmel" and in another place referred to the Scapular as: "so highly recommended by our illustrious predecessors."

According to Church tradition, there are three conditions necessary to participate in this

Privilege and share in the other spiritual benefits of the Scapular: wear the Brown Scapular, observe chastity according to your state in life, and pray the Rosary. In addition to the Sabbatine Privilege, enrollment in the Brown Scapular also makes a person part of the Carmelite family throughout the world. They therefore share in all of the prayers and good works of the Carmelite Orders.

In order to receive the spiritual blessings associated with the Scapular, it is necessary to be formally enrolled in the Brown Scapular. The enrollment is made only once by a priest or authorized person. The Scapular can be replaced afterwards by a medal, which has on one side the image of the Sacred Heart of Jesus and on the other, the image of Mary.

There a short form for giving the scapular: "Receive this Scapular, a sign of your special relationship with Mary, the Mother of Jesus, whom you pledge to imitate. May it be a reminder to you of your dignity as a Christian in serving others and imitating Mary. Wear it as a sign of her protection and of belonging to the family of Carmel, voluntarily doing the will of God and devoting yourself to building a world true to his plan of community, justice and peace.

*Written by: Catholic News Agency*



## POWERFUL PRAYER TO OUR LADY OF MT. CARMEL

O most beautiful Flower of Mount Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me this my necessity. O Star of the Sea, help me and show me hereby you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart, to succour me in this necessity. ... There are none that can withstand your power. O, show me hereby that you are my Mother.

O Mary, conceived without sin, pray for us who have recourse to thee. (3x)  
Sweet Mother, I place this cause in your hands. (3x)

## OUR LADY OF GRACE CHURCH

*Founded 1954*  
**CLERGY**

### PASTOR

*Rev. Lauro Minimo*

### ASSOCIATE PASTOR

*Rev. Marc Gandolfo*

### PRIEST IN RESIDENCE

*Rev. Celsius Offor,  
CH, LT, USN*

### DEACON

*Dcn. John Sawaya*

## SCHEDULE of MASSES

### SUNDAY VIGIL

(Saturday) 5:30 pm

### SUNDAY

8:00 am, 11:00 am, 5:30 pm

### MONDAY-SATURDAY

8:00 am

*Holy days and holidays listed separately in bulletin.*

## SACRAMENTS

### INFANT BAPTISM

Baptisms are celebrated on the second and fourth Sundays of each month at 12:30 pm. Preparation packet is available in the parish office.

### RITE of CHRISTIAN INITIATION of ADULTS

Contact Deacon Sawaya  
(858) 869-5079.

### HOLY MATRIMONY

Marriage preparation begins nine months in advance. Please contact Fr. Lauro Minimo or Deacon Sawaya.

### PENANCE AND RECONCILIATION

Monday 6:00 pm  
Thursday 8:45 am  
Saturday 4:00 pm  
or by appointment.

### ANOINTING of THE SICK

Call the parish office  
(619) 469-0133.





# SAN DIEGO YOUNG ADULT MINISTRY SUMMER EVENTS

## ANNUAL DIOCESAN YOUNG ADULT MASS SUNDAY, JULY 16 - THE IMMACULATA, USD

Eucharistic Adoration will begin at 5pm followed by the Holy Mass at 6pm. A social will be hosted on the lawn right after Mass with live music and tacos.

## BEACH BONFIRE SOCIAL THURSDAY, JULY 20 - LA JOLLA SHORES

Join fellow young adults at La Jolla Shores (by Tower 33) from 7-9pm. Bring your own chairs/blankets and snacks!



Living Our

# Faith

2023 ANNUAL CATHOLIC APPEAL  
DIOCESE OF SAN DIEGO



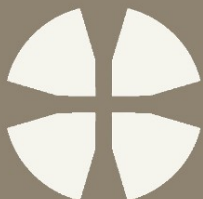
## THE ACA STATUS UPDATE AS OF 6/30/23

Overall Diocesan Goal: \$3.5 Million

Number of Active, Registered Households at OLG: 1,445

Fair Share Diocesan Goal for OLG: \$80,690

Local Parish Goal: \$180,000



Pledges and Gifts as of 6/30/23: \$135,315.00

Number of Households Participating: 233





**OLG Youth at Camp Emmaus!**

**H**ere are some photos of our youth group core team at Camp Emmaus which took place this past June 19-23 at Whispering Winds. Our youth and young adults participated in activities and workshops that helped them grow in team building, accompaniment, servant leadership, the importance of being living witnesses and the gift of vocation. We look forward to participating in more events that will help our young people strive for holiness!

Please pray for the eternal repose of the soul of

**JOSEPH J. ARROYO**

May his soul and the souls of all the faithful departed rest in peace!



**SILENT RETREATS**  
IN OCEANSIDE, CALIFORNIA

*Inspired by the Spiritual Exercises of St. Ignatius of Loyola*

<p><b>MEN</b> Mission San Luis Rey June 9-11, 2023 September 15-17, 2023 December 8-10, 2023</p>	<p><b>WOMEN</b> Prince of Peace Abbey June 15-17, 2023 September 22-24, 2023 November 3-5, 2023</p>
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*Miles Christi is dedicated to helping the lay faithful grow in Holiness. Sign up for one of our silent retreats today!*

**FOR MORE INFORMATION & REGISTRATION:**  
MilesChristi.org/spiritual-exercises  
(858) 768-0872



**PRAYER REQUESTS**

*Please pray for those who have requested prayer and for the special intentions written in the Book of Intentions in the Baptistry of our Church.*

- |                    |                      |
|--------------------|----------------------|
| Griselda Albanez   | Angelina Jones       |
| Heriberto Albanez  | Graham J. Jones      |
| Michael Andreoli   | Behnam Kazemi        |
| Gabriela Alvarenga | Lanny Kimzey         |
| Marvin Alvarenga   | Lynda Kimsey         |
| Carol Anderson     | Jason Laccone        |
| Angie Arrayan      | Josh Lee             |
| Nancy Alongi       | Rebecca Leyden       |
| Cheryl Becker      | Tim Leyden           |
| Lori Berry         | James Lothian        |
| Angie Biner        | Judy Lothian         |
| Walter Butcher     | Donald Marsh         |
| Donna Butler       | Michael McCormick    |
| Richard Braley     | Dawn MacNabb         |
| Ryan Bratlien      | Christine Martins    |
| Patricia Carr      | Joshua Moala         |
| Mary Beth Caston   | Rosalie Muns         |
| Wes Ciesielski     | Paulette Newcom      |
| Mark Castro        | Phil Panuco          |
| Anamarie Cunanan   | Dr. Edward Pezanoski |
| Barbara Cyr        | Madeline Pospichal   |
| Gerry Cruz         | James Principato     |
| Marge Deibert      | Charisse Rola        |
| Mary Downs         | Danny Rubio          |
| Steve Duggins      | Ralph Sandoval       |
| Dee Draper         | Karen Scott          |
| Mike Egan          | Anna Smith           |
| Michael Elsword    | Robert Spieldenner   |
| Herm Freeh         | Vicki Stumpf         |
| Dawn Garofalo      | Dale Swan            |
| Anthony Gazzola    | Christian Valdez     |
| Patricia Gonzales  | Matthew Joseph Vargo |
| Jenny Geb          | Richard Williams     |
| Susan Hori         | Isabel Williams      |
| Ed Howell          | Marilyn Winger       |
| Richard Jensen     | Kyle Wollett         |

*Names remain listed for four weeks and can be renewed by contacting Marie Pospichal at mpospichal@olg-church.org.*



# OLG School of Religion REGISTRATION NOW OPEN!

FOR THE 2023-24 CATECHETICAL YEAR

To access the enrollment form and payment form, please visit:

<https://olg-church.org/our-lady-grace-religious-education>

To register, you will need to print the enrollment form off our website and submit the completed form to the Parish Office. To make the payment of \$150, you will need to pay online via the link provided on our website.

For more information, please contact the Parish Office at: (619) 469-0133  
or email at: [OLGSR@olg-church.org](mailto:OLGSR@olg-church.org)



# SUMMER Breakfast

SPONSORED BY THE EVENTS COMMITTEE

SUNDAY, JULY 23



Stop by the Parish Center after the morning Masses on Sunday, July 23, and share your plans for the summer! The Events Committee will offer a variety of donuts, milk and juices (available for purchase). Coffee is always complimentary! See you there!

## Weekly Offering Report Delay



**D**ue to the recent Independence Day Holiday office closure, the weekly offering report is not available at this time. The updated numbers will be included in next week's

bulletin. We apologize for the delay and we thank you for your understanding.



2023 Catholic Answers National Conference

# I BELIEVE IN GOD

Join some of the nation's most brilliant, eloquent, and engaging Catholic speakers as they share how to engage with charity atheists, agnostics, and most troubling, the growing number of people who just do not care.

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Sr. Regina Marie Gorman



**Francis Beckwith**  
Professor of Philosophy at Baylor University



**Fr. Paul Check**  
Our Lady of Guadalupe Shrine Executive Director



**Logan Gage**  
Associate Prof of Philosophy



**Dale Ahlquist**  
President of the Society of Gilbert Keith Chesterton

**Answering atheists, agnostics, and the just plain indifferent in an age of unbelief.**

In the last decade, the percentage of Americans calling themselves Christians fell from 77% to 65%, while the unaffiliated rose from 17% to 26%. This rapid growth of unbelief shows no sign of stopping and is, without question, the most serious threat to the Catholic faith, to say nothing of the salvation of souls. It is this threat to which we turn our attention at the 2023 conference.

Register at: [CatholicAnswersConference.com](https://CatholicAnswersConference.com)

Priests and seminarians receive free admission  
Call 619-387-7200 or email [conference@catholic.com](mailto:conference@catholic.com) for more information



**OUR LADY of GRACE PARISH AND SCHOOL DIRECTORY**

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**PARISH OFFICE**

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 FAX: (619) 469-0575  
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 Associate Pastor **FR. MARC GANDOLFO**  
 Deacon **DCN. JOHN SAWAYA**  
 Business Manager **PATRICIA KANE** | Ext. 12  
 Special Projects Coordinator **KEN DISCENZA** | Ext. 24  
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 Office Manager **MARIE POSPICHAL** | Ext. 10  
 Publicity & Media Coordinator **MIKE SIBAL** | Ext. 33  
 Housekeeping **MARIA ARIAS**  
 Maintenance & Facilities **DAN BRESLIN, VINCE OLIVER,**  
**& MATTHEW HILGEMAN**

**LITURGICAL MINISTRIES**

Liturgy Coordinator **ROSA HILGEMAN** | Ext. 14  
 Director of Liturgical Music **DANIEL MENDOZA II** | Ext. 26  
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 Director **ROBERT FILLEY**  
*Laudate Ensemble (5:30 pm Sun)*

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 Youth Ministry Coordinator **DORIS HERTZIG**  
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 Young Adults (18-39 yrs.) **BERNADETTE ROSE SOLTERO**



**PARISH SCHOOL**

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 FAX: (619) 466-8994  
 WEB: [OLG.ORG](http://OLG.ORG)  
 HOURS: WEEKDAYS 7:15 AM-3:30 PM  
 (DURING SCHOOL YEAR)

Principal **ERIN MARES** | Ext. 11 | emares@olg.org  
 Administrative Assistant to the Principal **LINDA PETERS** | Ext. 12 | lpeters@olg.org  
 Development & Admissions **KELLI BALISTRERI** | Ext. 16 | kbalistreri@olg.org  
 Office Manager **BRANDI TORRES** | Ext. 10 | btorres@olg.org

**PARISH MINISTRIES AND ORGANIZATIONS**

To e-mail members of the parish staff or the ministry leaders listed below please visit our website at: [olg-church.org](http://olg-church.org) - click on the "Contact Us" link in the upper right corner of the browser window.

For a ministry leader phone number please call the Parish Office at (619) 469-0133.

- 55 PLUS CLUB** — Mary Cloward
- BLOOD DRIVE** — Peggy Breslin
- CATHOLIC WOMEN'S CLUB (CWC)**  
 CWC — Mary Cloward  
 Book Club — Julie Hazelton  
 Craft Fair — Kathy Porterfield
- CURSILLO** — Dcn. John Sawaya
- EVENTS COMMITTEE** — Nettie Aguinaldo
- FOOD PANTRY** — *Since 1981* (619) 469-0061  
 Doug Perl M-F, 9:30-11:00 am
- HOLIDAY ANGELS** — *Since 1988* — Lesley Bradley
- INTERNATIONAL CATHOLIC FAMILIES (ICF)**  
 Carla Pedroncelli
- KNIGHTS OF COLUMBUS** — *Frances Cabrini Council 8879*  
 Samson Leonard, Grand Knight
- MEN FOR CHRIST** — Steve Faucher
- MINISTRY TO THE SICK & HOMEBOUND**  
 Rosa Hilgeman
- PRAYER QUILT MINISTRY** — *Since 2006*  
 Nettie Aguinaldo
- PRO-LIFE** — Vicki Whitmire (40 Days for Life)
- WALKING WITH PURPOSE** — *Women's Bible Study*  
 Vicky Szymanski



God's Work in Our Hands

To e-mail members of the parish staff, please visit our website at: [olg-church.org](http://olg-church.org)  
 Click on the "Contact Us" in the upper right corner of the browser window.  
 And please Like Us on Facebook!

**Reporting Sexual Abuse:** The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential manner. To report sexual misconduct by clergy or Church personnel, including abuse, please contact Mary Acosta at (858) 490-8353 or misconduct@sdccatholic.org. Situations of recent or ongoing sexual abuse should be reported to local law enforcement.



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