



**OLG 55 Plus Club
Creativity Shines!**



Please Note

Due to roof repair, the church and Blessed Sacrament Chapel will be closed after daily Mass on Mon, **Jan 31** through Fri, **Feb 11**.

PRIEST'S INTENTIONS FOR MASSES

Sun, Jan 30	FOURTH SUNDAY in ORDINARY TIME
5:30 pm	† Richard Ciceric
8:00 am	<i>Sp Int</i> Susan Milhalka
11:00 am	† Jack Cloward
5:30 pm	For the People of the Parish
Mon, Jan 31	Saint John Bosco, Priest
8:00 am	† George Pavlovich
Tue, Feb 1	Weekday
8:00 am	<i>Sp Int</i> Todd Jones
Wed, Feb 2	THE PRESENTATION OF THE LORD
	<i>Mass with blessing of candles</i>
8:00 am	<i>Sp Int</i> Larry Raben
Thu, Feb 3	Saint Blaise, Bishop, Martyr
	<i>Mass with blessing of throats</i>
8:00 am	† Janet Ausente
Fri, Feb 4	Weekday
	No Mass
Sat, Feb 5	Saint Agatha, Virgin, Martyr
	<i>Mass with Anointing of the Sick</i>
9:30 am	Living and deceased members of the Catholic Women's Club
Sun, Feb 6	FIFTH SUNDAY in ORDINARY TIME
5:30 pm	For the People of the Parish
8:00 am	<i>Sp Int</i> David Engel
11:00 am	† Hildegario Sarabia
5:30 pm	† Arlene Riley

Blessing of Candles

All are invited to bring candles with them to Mass on **Feb 2** to have them blessed for personal and family use.

Feb 2 is World Day of Consecrated Life

The purpose of the World Day of Consecration is "to help the entire Church to esteem ever and more greatly the witness of those persons who have chosen to follow Christ by means of the practice of the evangelical counsels" as well as "to be a suitable occasion for consecrated persons to renew their commitment and rekindle the fervor which should inspire their offering of themselves to the Lord."



~Pope John Paul II, 1997



We love having you as a part of our flock! Get updates about Masses and parish life via email or text! Visit olg-church.org and scroll to the blue and white sheep to signup.

Welcome to OUR LADY of GRACE!

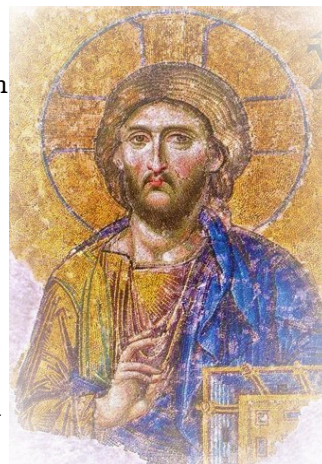
Welcome to all members and visitors who are joining us for the celebration of the Eucharist.

If you have been away from the Church for a little while or for quite some time, but now feel a tug at your heart calling you back to the Catholic Church, welcome home!

If you feel drawn to the Catholic Church yet come from another faith tradition - or have no faith experience at all - we are glad you are here!

The Catholic Church has been teaching truth since she was founded by Christ over 2,000 years ago. We invite you to enrich your life through joining our parish family. In addition to our liturgies there are many ministries and service groups that help you to build friendships and serve our parish along with the greater community. We also offer life-long learning through our many faith formation opportunities for children and adults.

For baptized Catholics needing to complete their Sacraments of Initiation please contact our Director of Catechetical Ministry, Lissa Hutcheson, at (619) 466-5656. For those interested in joining the Catholic Church, please contact Deacon John Sawaya at (858) 869-5079. You can also contact them by using the "Contact us" link at olg-church.org.



Allergies

The first morning Mass of the Sunday or holy day will always be incense-free. The Sunday 11:00 am Mass will almost always include the use of incense.

Mindfulness of Others

Please silence all devices and refrain from using them during the liturgy. Face masks are required for all age 2 and above.

READINGS FOR JAN 30 - FEB 6

Sun:	Jer 1:4-5, 17-19; 1 Cor 12:31-13:13; Lk 4:21-30
Mon:	2 Sm 15:13-14, 30; Mk 5:1-20
Tue:	2 Sm 18:9-10, 14b, 24-25a, 30-19:3; Mk 5:21-43
Wed:	Mal 3:1-4; Heb 2:14-18; Lk 2:22-40
Thu:	I Kgs 2:1-4, 10-12; Mk 6:7-13
Fri:	Sir 47:2-11; Mk 6:14-29
Sat:	Is 35:1-10; Jas 5:13-16; Mt 11:25-30
Sun:	Is 6:1-2a, 3-8; 1 Cor 15:1-11; Lk 5:1-11

Fourth Sunday in Ordinary Time

Mass readings:

Jer 1:4-5, 17-19

1 Cor 12:31—13:13

Lk 4:21-30

GROW: Wait, what? One moment the people of Nazareth embrace Jesus, but as soon as he challenges them the crowd turns on a dime, and moves toward throwing him off a cliff. The Son of God, also the son of a carpenter, goes from hometown hero to *persona non grata* just like that, prefiguring his death on the cross and giving credence to his admonition that “no prophet is accepted in his own native place.” From the earliest moments of his public ministry as recorded in Luke, Jesus’ love for us is prominent. He never faltered. He never wavered. He moved forward to continue his mission of fulfilling God’s will for him, and be a sacrifice once and for all for our sins. Perhaps we have had a similar experience of being the “hero” for someone, only to somehow end up the goat. It is not easy to remain steadfast in our

daily mission to love as Jesus loved. Today’s readings assure us that God will give us the grace to do so.



GO: It can be challenging to square Paul’s eulogy of love with the reality of day-to-day living with a spouse, family members,

and friends. Love is patient ... *except when I’m late getting out to the car for church again.* Love is kind ... *except between crabby siblings who want to watch different shows on Netflix.* It is not quick-tempered ... *unless you thoughtlessly back into my car in the driveway.* It occurs to me that perhaps Paul’s words aren’t entirely about us, but about the perfect love of God. It’s pretty amazing to think that God loves us in all the ways Paul describes. As we open our hearts to God’s love and deepen our relationship with Jesus through prayer, we may find that love spilling over into our daily interactions. For when we are kind, we love; when we are patient, we love; when we are not quick-tempered, we love.

PRAY: Although our love for one another is imperfect, we must strive to love as Jesus loved each day, and there is no better place to start than prayer. Ask a friend or family member this week if they have any concerns you can include in your prayers. Or request a Mass for someone who is going through a tough time or who has recently died.

Written by The Faithful Disciple

OUR LADY OF GRACE CHURCH

Founded 1954

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PASTOR

Very Rev. Peter McGuine

AUXILIARY PRIEST

Rev. Maxime Villeneuve, OSA

DEACON

Dcn. John Sawaya

SCHEDULE of MASSES

SUNDAY VIGIL

(Saturday) 5:30 pm

SUNDAY

8:00 am, 11:00 am, 5:30 pm

MONDAY-THURSDAY AND SATURDAY

8:00 am

Holy days and holidays listed separately in bulletin.

SACRAMENTS

INFANT BAPTISM

Baptisms are celebrated on the second and fourth Sundays of each month at 12:30 pm. Preparation packet is available in the parish office.

RITE of CHRISTIAN INITIATION of ADULTS

Contact Deacon Sawaya (858) 869-5079.

HOLY MATRIMONY

Marriage preparation begins nine months in advance.

Please contact Fr. Peter McGuine or Deacon Sawaya.

PENANCE AND RECONCILIATION

Monday 6:00 pm
Thursday 8:45 am
Saturday 4:00 pm
or by appointment.

ANointing of the Sick

Call the parish office (619) 469-0133.

Storytime in the Grotto is a time where parents and grandparents of little ones come and hear bible stories, stories of the lives of the saints, stories that encourage listening to God through prayer and song. Some of the books we are reading are: *Pope Francis Says* by Pope Francis; *My First Catholic Bible Stories* from Ascension Press and *Listening for God* by Katie Warner.

STORYTIME IN THE GROTTTO

THURSDAYS 9:00 TO 9:45 AM

BRING A CHAIR OR BLANKET



AGES PRE-K TO 6

Anointing of the Sick

The Sacrament of Anointing of the Sick will be administered during Mass on Sat, **Feb 5**, at 9:30 am (replacing the 8:00 am Mass.) Those over the age of seven and aware of a serious illness in their lives may receive this sacrament of healing. The OLG Catholic Women's Club will provide a small gift to those who are anointed.

End of Year Reminder

All 2021 contribution statements for total donations exceeding \$250.00 will be mailed no later than **Jan 31**.


Blood Donors Needed

The next OLG blood drive is scheduled for **Feb 27** but there is an urgent need for blood now. Visit sandiegobloodbank.org/donors/donor-centers and choose a convenient donation location and time.

40 Days for Life Commissioning Mass

In preparation for prayer, fasting and community outreach during the **Mar 2-Apr 10** pro-life campaign, Mass will be celebrated by Bishop Ramón Bejarano on Sun, **Feb 13** at 10:00 am at St. John of the Cross, 8086 Broadway, Lemon Grove, 91945. All are invited.





Please pray for the repose of the soul of
NELLIE LARUSSA

May her soul and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.



APPLY NOW!

GRADES K-8

WWW.OLG.ORG

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"Teach me to walk in the light of his love:
 Teach me to pray to my father above:
 Teach me to know of the things that are right:
 Teach me, teach me to walk in the light."

Visit the OLG School website at olg.org



Journey with Christ into conversion by joining us on Zoom for this new Lenten adult study! Meeting on Wednesdays, **Mar 4 - May 4** from 6:30-8:00 pm, sessions will be facilitated by our Director of Catechetical Ministry, Lissa Hutcheson.

Each of the 10 episodes explores areas of our life where conversion is so often necessary. *Metanoia* will examine topics such as who is Jesus, what must we do to inherit eternal life, and many other significant matters of faith. With preaching from Fr. Dave Pivonka, TOR, as well as personal testimonies from men and women, young and old, religious and lay, their stories will inspire you to seek to encounter Jesus and the new life he is constantly inviting us to. We will explore areas of our lives where conversion is so often necessary in order to inherit eternal life.

Metanoia is a production in association with Franciscan University of Steubenville and the Franciscan Friars TOR Province of the Most Sacred Heart of Jesus. Visit tinyurl.com/d2r74epu to register for sessions.

YOUTH MINISTRY ACTIVITIES

To check the activity calendars for New Life (High School) and Escape (Jr. High) youth at any time visit olg-church.org and click on the Upcoming Events bar, then scroll to the *New Life* and *Escape* calendar links, or call Doris, Youth Minister, at (619) 466-5451.



OLG | SAN DIEGO YOUNG ADULTS

The OLG Young Adults get together weekly on Wednesdays from 7:30 to 9:30 pm in Lauerman Hall East.

To receive texts or emails about activities text OLGYA to 84576 and follow us on Instagram@sd.ecya and at facebook.com/groups/youngadultsolg.



For more opportunities for San Diego Catholic adults in their 20s & 30s follow Instagram @sd.ecya or visit sdcatholic.org/office-for/young-adult-ministry.

Adult Confirmation Preparation—Plan Now

Catholic adults, 18 years of age and older, who have received the sacraments of Baptism and Eucharist but who have not received the Sacrament of Confirmation are invited to prepare for Confirmation via Zoom. There will

be six Monday sessions from 7:00 to 8:30 pm on **Feb 28, Mar 7, 14, 21, 28**, and concluding on **Apr 4**.

Plan now to set aside these dates and times! For more info call Lissa at (619) 466-5656 or email lhutcheson@olg-church.org.

“The Sacraments are not mere appearances; they are not rituals; they are the power of Christ; Jesus Christ is present in the Sacraments.”

~ Pope Francis

Seek to Improve Your Spiritual Health!

Catholic Answers Local Lecture Series

St. Joseph, Creative Courage, and the Silence of God

What should we do when God seems to be silent? How do we know when to “wait for the Lord” and when to act? In this talk, Catholic Answers apologist Joe Heschmeyer will explore some of the dangers of common Catholic misunderstandings of discernment, and lay out a basic road map for how to “discern in action,” so that we can both act freely and totally trust in God at the same time. Gather on Fri, **Feb 18**, at St. Therese of Carmel, 4355 Del Mar Trails Rd, SD, 92130 for wine and cheese at 6:30 pm followed by the lecture at 7:00 pm.

Spiritual Exercises - Mar 11-13

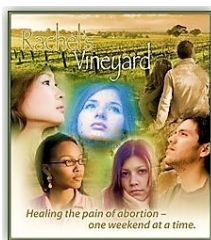
Silent Ignatian Retreats preached by the Priests of Miles Christi

This is a men’s weekend silent retreat according to the method and principles of St. Ignatius of Loyola, with spiritual talks and time for personal meditation in silence. The retreat takes place in Oceanside, CA. For more info and to register contact Christine Timmerman at california@spiritualexcercises.net or call (858) 263-5113.

A Time for Mercy - Mar 11-13

Rachel's Vineyard Retreat for Post-Abortion Healing

A safe place to renew, rebuild and redeem hearts broken by abortion. Retreats are confidential and non-judgmental, offered in Catholic tradition open to women and men wounded by abortion. All inquiries strictly confidential. Register early, space is limited! For more info visit atimeformercy.org or contact Dolores at (951) 325-7702 or rvtemecula@verizon.net.



O Lord, grant us the courage to change course, to be converted, to follow your will and not our own; to go forward together, towards you, who by your Spirit wish to make us one.

~Pope Francis, @pontifex 1/25/22

**Children of the Immaculate Heart
8th Annual Gala**

The 8th Annual Gala benefiting human trafficking survivors is **Feb 19** from 6:00 to 9:00 pm at Our Mother of Confidence Church, 3131 Governor Drive, SD, 92122.



The evening includes appetizers, Mediterranean cuisine, dessert, wine, beer, and a silent auction. Christopher Check, of Catholic Answers is the MC and the speakers include: Fr. Anthony Saroki, Pastor, Our Lady of Mt. Carmel, Rancho Penasquitos, CIH staff and clients and Grace Williams, Executive Director of Children of the Immaculate Heart. Tickets are \$75.00 per person. RSVP is required.

Visit childrenoftheimmaculateheart.org/events.html or call (619) 430-5537 for more info or to RSVP.

PRAYER REQUESTS

Please pray for those who have requested prayer and for the special intentions written in the Book of Intentions in the Baptistry of our church.

Griselda Albanez	Erica King
Heriberto Albanez	John Kleine
Tilly Allison	Rebecca Leyden
Gabriela Alvarenga	Tim Leyden
Marvin Alvarenga	Susan Lundquist
Tim Arnzen	Mickey Lyle
Angie Arrayan	Dawn M. MacNabb
Patrick Attardo	Donald Marsh
Susie Bellenbaum	Michael McCormick
Carol Bessone	Barbara Messier
Angie Biner	Tessie Montano
Anita Branch	Mary Montoya
Stephanie Butcher	Donna Newlon
Pam Carlson	Anthony Renzi
Bill Coffie	Charlissee Rola
David Conway	Danny Rubio
Rosemary Cosgrove	Theresa Smith
Barbara Cyr	Bernie Speers
Steve Duggins	Tony Tabadisto
Nubia Grimes	Terry Tedrow
Mark Habina	Christian Valdez
Patrick Hause	Leo Valecruz
Susan Hori	Tom Wadley
Richard Jensen	Roy Wheeler
Lynn Jolivet	Marilyn Winger
Stephen Kane	Kyle Wollett

Names remain listed for four weeks and can be renewed by contacting Marie Pospichal at mpospichal@olg-church.org.



Cover Spotlight: OLG 55 Plus Club

The OLG 55 Plus Club focus' on food, fellowship and fun at their monthly get-togethers for those ages 55 and above. Usually, a themed luncheon is followed by Bingo with a sprinkle of door prizes added in. But, these are unusual times, so when the Omicron COVID-19 wave hit our area before their scheduled January New Year themed luncheon, the 55 Plus team devised a clever and entertaining "drive-by" event.

Guided through the OLG parking lot by volunteers, some dressed in the glitz and glam fit for a New Year party, attendees checked in, picked up lunch to-go and—if a lucky winner—stopped by the prize table.

Any 55+ adult is welcome to join the club and team volunteers are always needed. Annual membership and



luncheon reservation forms include current prices and instructions. Both may be found on the publications table in the main entry of the church or visit olg-church.org and click on the Upcoming Events ad.

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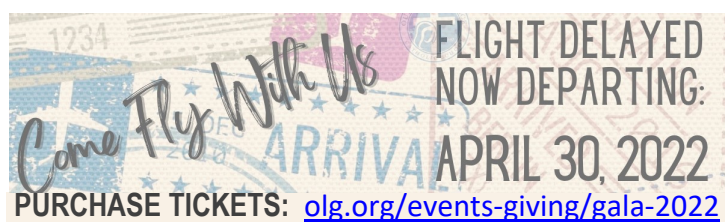
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- > Find Our Lady of Grace parish by name or zip
- > Enter your email and you are in!



Centering Prayer - Enter Your Inner Room

Do you long for a deeper Relationship with God? Centering Prayer may be for you. Centering Prayer is a silent prayer in which we open our mind and heart to the presence and action of God who dwells at the center of our being. OLG's Centering Prayer group meets via Zoom on Mondays from 9:00 to 10:00 am. For more info please contact Irma at godisinnerpeace@cox.net.



Medical Equipment

The Knights of Columbus Francis Cabrini Council 8879 has gently-used medical equipment such as walkers, canes, wheelchairs and commode chairs available for use by those in need.

If you need medical equipment or have something to donate contact Frank at (619) 672-8332 or Michael at (619) 823-4000 to make arrangements to pick up or drop off.



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Visit olg-church.org and click on the "Online Giving" image or link (or use the QR code with your smart phone app). Thank you!



OUR LADY of GRACE PARISH AND SCHOOL DIRECTORY

2766 NAVAJO ROAD, EL CAJON, CA 92020



PARISH OFFICE

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 FAX: (619) 469-0575
 WEB: OLG-CHURCH.ORG
 HOURS: MON-THU 8:30 AM-4:30 PM

Pastor **FR. PETER MCGUINE** | Ext. 17
 Deacon **DCN. JOHN SAWAYA**
 Business Manager **PATRICIA KANE** | Ext. 12
 Special Projects Coordinator **KEN DISCENZA** | Ext. 24
 Bookkeeper **SIONI BAUTISTA** | Ext. 16
 Office Manager **MARIE POSPICHAL** | Ext. 10
 Publicity & Comms **GEORGENE KRUZEL** | Ext. 33

Housekeeping **MARIA ARIAS**
 Maintenance & Facilities **DAN BRESLIN & VINCE OLIVER**

MATTHEW HILGEMAN

LITURGICAL MINISTRIES

Liturgy Coordinator **ROSA HILGEMAN** | Ext. 14

Director of Liturgical Music **DANIEL MENDOZA II** | Ext. 26
Cantate Kids and Gaudete Choir (11:00 am Sun)

Director **ROBERT FILLEY**
Laudate Ensemble (5:30 pm Sun)

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Director of Catechetical Ministry **LISSA HUTCHESON**
 Youth Ministry Coord. Jr. High, Sr. High **DORIS HERTZIG** (619) 466-5451
 Young Adults (18-39 yrs.) **BERNADETTE ROSE HILGEMAN**



To email members of the parish staff, please visit our website at:

olg-church.org

Click on the "Contact Us" in the upper right corner of the browser window.

And please Like Us on Facebook!

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at (858) 490-8353 or email misconduct@sdcatholic.org.

If any of your personal information has changed please call the Parish Office to let us know. We strive to keep our family records up-to-date.



PARISH SCHOOL

PHONE: (619) 466-0055
 FAX: (619) 466-8994
 WEB: OLG.ORG
 HOURS: WEEKDAYS 7:15 AM-3:30 PM
 (DURING SCHOOL YEAR)

Principal **ERIN MARES** | Ext. 11
 emares@olg.org
 Vice-Principal **RACHEL SATO** | Ext. 27
 rsato@olg.org
 Development & Admissions **KELLI BALISTRERI** | Ext. 16
 kbalistreri@olg.org
 Administrative Assistant **LINDA PETERS** | Ext. 10
 lpeters@olg.org

PARISH MINISTRIES AND ORGANIZATIONS

To email members of the parish staff or the ministry leaders listed below please visit our website at:

olg-church.org - click on the "Contact Us" link in the upper right corner of the browser window.

For a ministry leader phone number please call the Parish Office at (619) 469-0133.

55 PLUS CLUB—Mary Cloward**BLOOD DRIVE**—Debbie Ipsen**CATHOLIC WOMEN'S CLUB (CWC)**

CWC—Mary Cloward

Book Club—Julie Hazelton

Craft Fair—Kathy Porterfield

CENTERING PRAYER—Irma Eichinger or Beatrice Doblado**CUB SCOUTS**—Pack 951—Crystal Carr**CURSILLO**—Dcn. John Sawaya**EVENTS COMMITTEE**—Nettie Aguinaldo**FOOD PANTRY**—Since 1981

Doug Perl

(619) 469-0061

M-F, 9:30-11:00 am

HOLIDAY ANGELS—Since 1988—Lesley Bradley**INTERNATIONAL CATHOLIC FAMILIES (ICF)**

Carla Pedroncelli

KNIGHTS OF COLUMBUS—Frances Cabrini Council 8879

Robert Yslas, Grand Knight

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Rosa Hilgeman

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WALKING WITH PURPOSE—Women's Bible Study

Joanie Hilgeman



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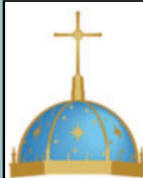
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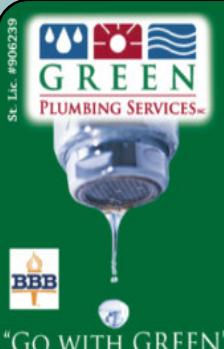
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Before



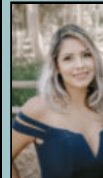
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