

OLG's Food Pantry Celebrates Another Year of Ministry!

OUR LADY of GRACE CATHOLIC CHURCH



PRIEST'S INTENTIONS FOR MASSES

Sun, Jan 23	THIRD SUNDAY in ORDINARY TIME
5:30 pm	† Bill Smirniotis
8:00 am	<i>Sp Int</i> David Engel
11:00 am	† Robert Londo
3:00 pm	<i>Sp Int</i> Khoi & <i>Sp Int</i> Son Nguyen
5:30 pm	For the People of the Parish
Mon, Jan 24	Saint Francis de Sales, Bishop, Doctor of the Church
8:00 am	<i>Sp Int</i> Brian Milhalka
Tue, Jan 25	THE CONVERSION OF SAINT PAUL THE APOSTLE
8:00 am	† Dennis Roth
Wed, Jan 26	Saints Timothy and Titus, Bishops
8:00 am	† Edward J. Maucere
Thu, Jan 27	Weekday
8:00 am	<i>Sp Int</i> Elizabeth Hilgeman & † Jan-nae Hilgeman
Fri, Jan 28	Saint Thomas Aquinas, Priest, Doctor of the Church
	No Mass
Sat, Jan 29	Weekday
8:00 am	† Harley & † Imogene Hilgeman
Sun, Jan 30	FOURTH SUNDAY in ORDINARY TIME
5:30 pm	† Richard Ciceric
8:00 am	<i>Sp Int</i> Susan Milhalka
11:00 am	† Jack Cloward
5:30 pm	For the People of the Parish



We love having you as a part of our flock! Get updates about Masses and parish life via email or text! Visit olg-church.org and scroll to the blue and white sheep to signup.

Jan 23, 2022 is Sunday of the Word of God

On September 30, 2019, Pope Francis issued an apostolic letter, *Aperuit illis*, which declared that “the Third Sunday in Ordinary Time is to be devoted to the celebration, study, and dissemination of the word of God.” This *Sunday of the Word of God* reminds Catholics that “we urgently need to grow in our knowledge and love of the Scriptures and of the risen Lord, who continues to speak his word and to break bread in the community of believers.”

“The Word that saves does not go looking for well-preserved, clean, safe places. It comes into our complexities, into our darkness. Today, as then, God desires to visit those places where we think he doesn’t go.”

~Pope Francis

“He opened their minds to understand the Scriptures.”

~Luke 24:45

Welcome to OUR LADY of GRACE!

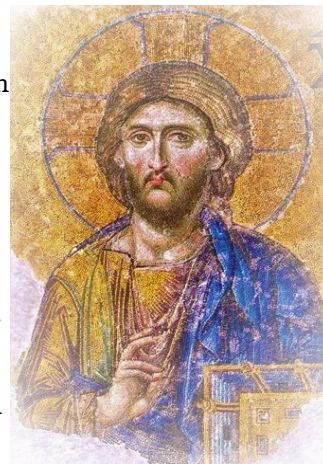
Welcome to all members and visitors who are joining us for the celebration of the Eucharist.

If you have been away from the Church for a little while or for quite some time, but now feel a tug at your heart calling you back to the Catholic Church, welcome home!

If you feel drawn to the Catholic Church yet come from another faith tradition - or have no faith experience at all - we are glad you are here!

The Catholic Church has been teaching truth since she was founded by Christ over 2,000 years ago. We invite you to enrich your life through joining our parish family. In addition to our liturgies there are many ministries and service groups that help you to build friendships and serve our parish along with the greater community. We also offer life-long learning through our many faith formation opportunities for children and adults.

For baptized Catholics needing to complete their Sacraments of Initiation please contact our Director of Catechetical Ministry, Lissa Hutcheson, at (619) 466-5656. For those interested in joining the Catholic Church, please contact Deacon John Sawaya at (858) 869-5079. You can also contact them by using the “Contact us” link at olg-church.org.



Allergies

The first morning Mass of the Sunday or holy day will always be incense-free. The Sunday 11:00 am Mass will almost always include the use of incense.

Mindfulness of Others

Please silence all devices and refrain from using them during the liturgy. Face masks are required for all age 2 and above.

READINGS FOR JAN 23 - 30

Sun:	Neh 8:2-4a, 5-6, 8-10; 1 Cor 12:12-30; Lk 1:1-4, 4:14-21
Mon:	2 Sm 5:1-7, 10; Mk 3:22-30
Tue:	Acts 22:3-16 or 9:1-22; Mk 16:15-18
Wed:	2 Tm 1:1-8 or Ti 1:1-5; Mk 4:1-20
Thu:	2 Sm 7:18-19; 24-29; Mk 4:21-25
Fri:	2 Sm 11:1-4a, 5-10a, 13-17; Mk 4:26-34
Sat:	2 Sm 12:1-7a, 10-17; Mk 4:35-41
Sun:	Jer 1:4-5, 17-19; 1 Cor 12:31—13:13; Lk 4:21-30



Third Sunday in Ordinary Time

Mass readings:

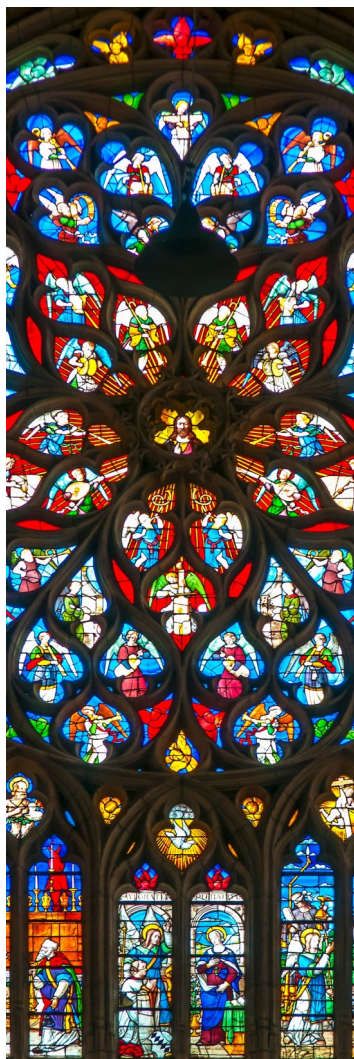
Neh 8:2-4a, 5-6, 8-10

1 Cor 12:12-30

Lk 1:1-4; 4:14-21

GROW: Do you ever find yourself feeling like you are at the cusp of something remarkable? Like you are witnessing an incredible, historic, athletic, or aeronautical feat? I wonder if that's what it was like for the followers of Jesus when he began his public ministry: "News of him spread throughout the whole region. He taught in their synagogues and was praised by all." In today's Gospel, Jesus reads the words of the prophet Isaiah that are effectively a "job description" of his mission: glad tidings to the poor, liberty of captives, sight to the blind, freedom for the oppressed. What Isaiah prophesied, Jesus claims to fulfill. He thus inaugurates his public ministry with a claim that is straightforward, bold, true, and of great consequence. Today, by virtue of our baptism, we are part of the body of Christ and share in that mission. Whatever our backgrounds, abilities, or

talents, we each have something to contribute to building up one another and the Church. And with the help of the Holy Spirit, we, too, can be bold in our proclamation of Jesus Christ as Lord.



GO: We've heard the phrase "Don't sell yourself short." Social media aside, many of us tend to focus

on our shortcomings: We may wish we could run faster, be better at our jobs, have a cleaner home, in general, "get it together!" Truth is, we're all works in progress. That's what I love about Paul's Letter to the Corinthians. He reminds us that each one of us – whatever our strengths or weaknesses – is part of the body of Christ. God loves us with our imperfections, not in spite of them. As such, each of us has indispensable value and much to contribute to the mission of the Church. As we move into the week ahead, today's readings invite us to place ourselves at the service of the Church and one another. Beyond that, we can invite others to join us by recognizing that God values the talents – and foibles – that each of us brings to his service.

PRAY: Yesterday on the liturgical calendar was the Day of Prayer for the Legal Protection of Unborn Children. As members of the body of Christ, let us join our voices with the universal Church and pray a Pro-Life Rosary each night this week. The USCCB Prayers and Devotions page is a good resource. Visit www.usccb.org/catholic-prayers.

Written by The Faithful Disciple

OUR LADY OF GRACE CHURCH

Founded 1954

CLERGY

PASTOR

Very Rev. Peter McGuine

AUXILIARY PRIEST

Rev. Maxime Villeneuve, OSA

DEACON

Dcn. John Sawaya

SCHEDULE of MASSES

SUNDAY VIGIL

(Saturday) 5:30 pm

SUNDAY

8:00 am, 11:00 am, 5:30 pm

MONDAY-THURSDAY AND SATURDAY

8:00 am

Holy days and holidays listed separately in bulletin.

SACRAMENTS

INFANT BAPTISM

Baptisms are celebrated on the second and fourth Sundays of each month at 12:30 pm. Preparation packet is available in the parish office.

RITE of CHRISTIAN INITIATION of ADULTS

Contact Deacon Sawaya (858) 869-5079.

HOLY MATRIMONY

Marriage preparation begins nine months in advance.

Please contact Fr. Peter McGuine or Deacon Sawaya.

PENANCE AND RECONCILIATION

Monday 6:00 pm
Thursday 8:45 am
Saturday 4:00 pm
or by appointment.

ANointing of the SICK

Call the parish office (619) 469-0133.



PURCHASE TICKETS: olg.org/events-giving/gala-2022

Coffee and Donuts on Sunday Jan 23

Cub Scout Pack 951 will be serving coffee and donuts after the 8:00 and 11:00 am Masses outside the Parish Center. All donations benefit the activities of the pack including camping trips, supplies and derbies.



Anointing of the Sick

The Sacrament of Anointing of the Sick will be administered during Mass on Sat, **Feb 5**, at 9:30 am (replacing the 8:00 am Mass.)

January Bread Sunday is Canceled

Out of an abundance of caution due to the increased risk of COVID infections in our community the **Jan 30** Bread Sunday is canceled.

Hearing Issues

An elderly gentleman had serious hearing problems for a number of years. He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed the gentleman to hear 100%.

The elderly gentleman went back in a month to the doctor and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again."

The gentleman replied, "Oh, I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!"



FAITH ABOVE ALL † OTHERS BEFORE SELF † EXCELLENCE IN LEARNING



"Teach me to walk in the light of his love;
Teach me to pray to my Father above;
Teach me to know of the things that are right;
Teach me, teach me to walk in the light."



**Please pray for the repose of the souls of
ROBERT FUCHS | NICHOLAS D'AMICO**

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.



Congratulations to

Bill & Debbie Ipsen

who celebrated their 35th wedding anniversary on **Jan 21**.

and

Khoi & Son Nguyen

who celebrate their 40th wedding anniversary on **Jan 23**.

May the Lord continue to bless you all with his life and love!

End of Year Reminder

All 2021 contribution statements for total donations exceeding \$250.00 will be mailed no later than **Jan 31**.

Blood Donors Needed

The next OLG blood drive is scheduled for **Feb 27** but there is an urgent need for blood now. To donate now visit sandiegobloodbank.org/donors/donor-centers and choose a convenient donation location and time.

YOUTH MINISTRY ACTIVITIES

To check the activity calendars for New Life (High School) and Escape (Jr. High) youth at any time visit olg-church.org and click on the Upcoming Events bar, then scroll to the *New Life* and *Escape* calendar links, or call Doris, Youth Minister, at (619) 466-5451.



OLG | SAN DIEGO YOUNG ADULTS

The OLG Young Adults get together weekly on Wednesdays from 7:30 to 9:30 pm in Laueran Hall East.

To receive texts or emails about activities text **OLGYA** to **84576** and follow us on Instagram@sd.ecya and at facebook.com/groups/youngadultsolg.

For more opportunities for San Diego Catholic adults in their 20s & 30s follow Instagram @sd.ecya or visit sdcatholic.org/office-for/young-adult-ministry.

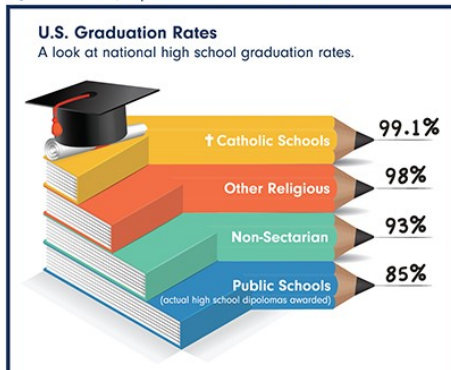


OLG School Celebrates Catholic Schools Week (Jan 23-29)

Now entering its 48th anniversary year, National Catholic Schools Week (traditionally the last week in January) is an annual celebration of Catholic Education. At right is a little knowledge tid-bit about Catholic School student graduation rates across U.S. high schools.

For info a little closer to home, our OLG School has 278 students from 184 families, 29 staff, and is financially self-sufficient!

NCEA CATHOLIC SCHOOLS SNAPS
A quick take on issues and statistics



Source: Broughman, S.P., Swain, N.L. (2019); Stillwell, R., and Sable, J. (2018-2019).

Seek to Improve Your Spiritual Health!

Catholic Answers Local Lecture Series **St. Joseph, Creative Courage, and the Silence of God**

What should we do when God seems to be silent? How do we know when to “wait for the Lord” and when to act? In this talk, Catholic Answers apologist Joe Heschmeyer will explore some of the dangers of common Catholic misunderstandings of discernment, and lay out a basic road map for how to “discern in action,” so that we can both act freely and totally trust in God at the same time. Gather on Fri, **Feb 18**, at St. Therese of Carmel, 4355 Del Mar Trails Rd, SD, 92130 for wine and cheese at 6:30 pm followed by the lecture at 7:00 pm.

Spiritual Exercises - Mar 11-13

*Silent Ignatian Retreats preached by the
Priests of Miles Christi*

This is a men’s weekend silent retreat according to the method and principles of St. Ignatius of Loyola, with spiritual talks and time for personal meditation in silence. The retreat takes place in Oceanside, CA. For more info and to register contact Christine Timmerman at california@spiritualexercises.net or call (858) 263-5113.

A Time for Mercy - Mar 11-13

Rachel's Vineyard Retreat for Post-Abortion Healing

A safe place to renew, rebuild and redeem hearts broken by abortion. Retreats are confidential and non-judgmental, offered in Catholic tradition open to women and men wounded by abortion. All inquiries strictly confidential. Register early, space is limited! For more info visit atimeformercy.org or contact Dolores at (951) 325-7702 or rvtemecula@verizon.net.

Children of the Immaculate Heart 8th Annual Gala



The 8th Annual Gala benefiting human trafficking survivors is **Feb 19** from 6:00 to 9:00 pm at Our Mother of Confidence Church, 3131 Governor Drive, SD, 92122. The evening includes appetizers, Mediterranean cuisine, dessert, wine, beer, and a silent auction. Christopher Check, of Catholic Answers is the MC and the speakers include: Fr. Anthony Saroki, Pastor, Our Lady of Mt. Carmel, Rancho Penasquitos, CIH staff and clients and Grace Williams, Executive Director of Children of the Immaculate Heart. Tickets are \$75.00 per person. RSVP is required.

Visit childrenoftheimmaculateheart.org/events.html or call (619) 430-5537 for more info or to RSVP.

PRAYER REQUESTS

*Please pray for those who have requested prayer and for
the special intentions written in the
Book of Intentions in the Baptistry of our church.*

Griselda Albanez	John Kleine
Heriberto Albanez	Rebecca Leyden
Tilly Allison	Tim Leyden
Gabriela Alvarenga	Susan Lundquist
Marvin Alvarenga	Mickey Lyle
Tim Arnzen	Dawn M. MacNabb
Angie Arrayan	Donald Marsh
Patrick Attardo	Michael McCormick
Gary Barker	Barbara Messier
Susie Bellenbaum	Tessie Montano
Angie Biner	Mary Montoya
Anita Branch	Donna Newlon
Stephanie Butcher	Anthony Renzi
Pam Carlson	Charlissee Rola
David Conway	Theresa Smith
Rosemary Cosgrove	Bernie Speers
Barbara Cyr	Christine Stanley
Steve Duggins	Tony Tabadisto
Nubia Grimes	Terry Tedrow
Mark Habina	Christian Valdez
Patrick Hause	Leo Valecruz
Susan Hori	Tom Wadley
Richard Jensen	Roy Wheeler
Lynn Jolivet	Marilyn Winger
Stephen Kane	Kyle Wollett
Erica King	

*Names remain listed for four weeks and
can be renewed by contacting Marie Pospichal at
mpospichal@olg-church.org.*

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On the Cover: Spotlight on the OLG Food Pantry

The Our Lady of Grace food pantry is a service to our community located in the Ministry Center behind Lauerman Hall. Staffed by parish volunteers, it is open Monday through Friday (except major holidays) from 9:30 to 11:00 am providing supplemental food and hygiene products to needy clients. Our pantry is primarily supported by parish donations and food donations from the two Albertson's grocery stores in our area. Services are provided to all people regardless of color, race or creed.

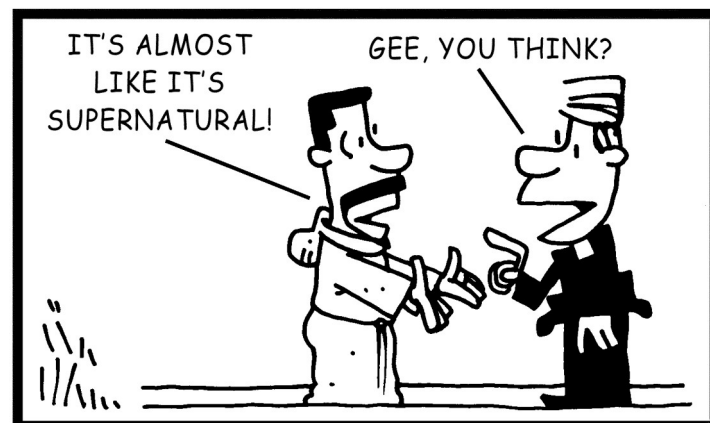


In 2021 the OLG pantry served 155 unique clients, including 42 persons without shelter. Those clients visited 628 times to help feed 1,461 people in their households.

The OLG Food Pantry ministry is looking for volunteers. Help is needed throughout the week and on food donation weekends to receive food, stock shelves, bag products and to serve clients during the open hours. Visit olg-church.org if you can help or want more info about this volunteer commitment. Click the Contact Us link then select "Food Pantry" from the "To" dropdown list. Or, you can call (619) 469-0061 during the pantry open hours.



3RD SUNDAY IN ORDINARY TIME



Mental Health Resources from Our Diocese

The "Mental Health" webpage of the Office for Family Life & Spirituality at the Diocese of San Diego offers a comprehensive list of links to help with many mental health challenges. The webpage provides links to sites that provide face-to-face online therapy sessions with licensed psychologists, social workers and other mental health disciplines with a wide variety of specialties. Additional resources include a Crisis Text Line and links to local Affiliated Groups to help with overcoming depression, post-abortion healing, survivors of suicide loss and more. Also, a list of therapists for referral is available by calling (858) 490-8299. To access these resources visit olg-church.org then scroll to the green Mental Health ad.

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Visit olg-church.org and click on the "Online Giving" image or link (or use the QR code with your smart phone app). Thank you!



OUR LADY of GRACE PARISH AND SCHOOL DIRECTORY

2766 NAVAJO ROAD, EL CAJON, CA 92020



PARISH OFFICE

PHONE: (619) 469-0133
 FAX: (619) 469-0575
 WEB: OLG-CHURCH.ORG
 HOURS: MON-THU 8:30 AM-4:30 PM

Pastor **FR. PETER MCGUINE** | Ext. 17
 Deacon **DCN. JOHN SAWAYA**
 Business Manager **PATRICIA KANE** | Ext. 12
 Special Projects Coordinator **KEN DISCENZA** | Ext. 24
 Bookkeeper **SIONI BAUTISTA** | Ext. 16
 Office Manager **MARIE POSPICHAL** | Ext. 10
 Publicity & Comms **GEORGENE KRUZEL** | Ext. 33

Housekeeping **MARIA ARIAS**
 Maintenance & Facilities **DAN BRESLIN & VINCE OLIVER**

MATTHEW HILGEMAN

LITURGICAL MINISTRIES

Liturgy Coordinator **ROSA HILGEMAN** | Ext. 14

Director of Liturgical Music **DANIEL MENDOZA II** | Ext. 26
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Director **ROBERT FILLEY**
Laudate Ensemble (5:30 pm Sun)

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Director of Catechetical Ministry **LISSA HUTCHESON**
 Youth Ministry Coord. Jr. High, Sr. High **DORIS HERTZIG** (619) 466-5451
 Young Adults (18-39 yrs.) **BERNADETTE ROSE HILGEMAN**



To email members of the parish staff, please visit our website at:

olg-church.org

Click on the "Contact Us" in the upper right corner of the browser window.

And please Like Us on Facebook!

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at (858) 490-8353 or email misconduct@sdcatholic.org.

If any of your personal information has changed please call the Parish Office to let us know. We strive to keep our family records up-to-date.



PARISH SCHOOL

PHONE: (619) 466-0055
 FAX: (619) 466-8994
 WEB: OLG.ORG
 HOURS: WEEKDAYS 7:15 AM-3:30 PM
 (DURING SCHOOL YEAR)

Principal **ERIN MARES** | Ext. 11
 emares@olg.org
 Vice-Principal **RACHEL SATO** | Ext. 27
 rsato@olg.org
 Development & Admissions **KELLI BALISTRERI** | Ext. 16
 kbalistreri@olg.org
 Administrative Assistant **LINDA PETERS** | Ext. 10
 lpeters@olg.org

PARISH MINISTRIES AND ORGANIZATIONS

To email members of the parish staff or the ministry leaders listed below please visit our website at: olg-church.org - click on the "Contact Us" link in the upper right corner of the browser window.

For a ministry leader phone number please call the Parish Office at (619) 469-0133.

55 PLUS CLUB—Mary Cloward**BLOOD DRIVE**—Debbie Ipsen**CATHOLIC WOMEN'S CLUB (CWC)**

CWC—Mary Cloward

Book Club—Julie Hazelton

Craft Fair—Kathy Porterfield

CENTERING PRAYER—Irma Eichinger or Beatrice Doblado**CUB SCOUTS**—Pack 951—Crystal Carr**CURSILLO**—Dcn. John Sawaya**EVENTS COMMITTEE**—Nettie Aguinaldo**FOOD PANTRY**—Since 1981

Doug Perl

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M-F, 9:30-11:00 am

HOLIDAY ANGELS—Since 1988—Lesley Bradley**INTERNATIONAL CATHOLIC FAMILIES (ICF)**

Carla Pedroncelli

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Robert Yslas, Grand Knight

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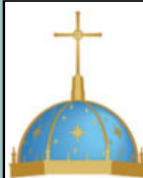
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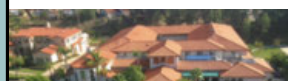
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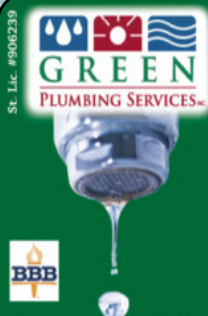
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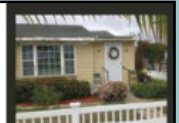
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