

5TH SUNDAY IN ORDINARY TIME

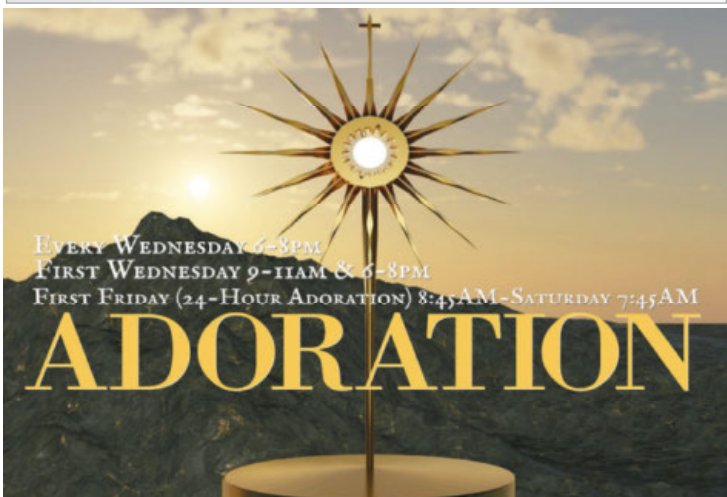
OUR LADY of GRACE CATHOLIC CHURCH



"DO NOT BE AFRAID."

PRIEST'S INTENTIONS FOR MASSES

Sun, Feb 9	FIFTH SUNDAY IN ORDINARY TIME
5:30 pm	† Willow Kortnii Sommer (Vigil)
8:00 am	† Virginia Habina; <i>Sp Int</i> Melissa Ritland
11:00 am	† Benedict Aguire; † Erlinda Reyes; For the Souls in Purgatory
5:30 pm	For the People of the Parish
Mon, Feb 10	Saint Scholastica, Virgin
8:00 am	† Mark Habina
Tue, Feb 11	Weekday; Our Lady of Lourdes
8:00 am	Mass for Collective Collections
Wed, Feb 12	Weekday
8:00 am	† Bianca Angelica Najera
Thu, Feb 13	Weekday
8:00 am	† Robert Spieldenner
Fri, Feb 14	Saints Cyril, Monk, and Methodius, Bishop
8:00 am	† Peter Schobert
Sat, Feb 15	Weekday
8:00 am	† Wayne Thudium



FOOD AND FELLOWSHIP IN THE PARISH CENTER

All are welcome Sunday mornings after Mass

- Feb 9 Superbowl Sunday**
Sponsored by the International Catholic Families
ICF Superbowl Sandwich sale is back! Stop by the parish center after morning masses and enjoy a tasty homemade Italian sausage or meatball sandwich. A variety of pastries will be available also.
- Feb 16 Knights Sunday**
Sponsored by the Knights of Columbus Frances Cabrini Council 8879
Enjoy a delicious pancake breakfast along with coffee, donuts, and other delicious foods. The proceeds will support local charities.
- Feb 23 Bread Sunday**
Sponsored by the Catholic Women's Club
More info on the types of bread available and how to order can be found on pg. 6.

Welcome to OUR LADY of GRACE!

Welcome to all members and visitors who are joining us for the celebration of the Eucharist.



If you have been away from the Church for a little while or for quite some time, but now feel a tug at your heart calling you back to the Catholic Church, welcome home!

If you feel drawn to the Catholic Church yet come from another faith tradition - or have no faith experience at all - we are glad you are here!

The Catholic Church has been teaching truth since she was founded by Christ over 2,000 years ago. We offer ministries and service groups that help you to build friendships and serve our parish along with the greater community. We also offer life-long learning through our many faith formation opportunities for children and adults.

For baptized Catholics needing to complete their Sacraments of Initiation please contact Deacon John Sawaya at: jsawaya@olg-church.org. For those interested in joining the Catholic Church, please also contact Deacon John Sawaya. You can also contact him by using the "Contact us" link at olg-church.org.

Allergies

The first morning Mass of a holy day will always be incense-free.

Mindfulness of Others

Please silence all devices and refrain from using them during the liturgy to avoid distracting those around you.

READINGS FOR FEB 9 – FEB 16

- Sun:** Is 6:1-2a, 3-8; 1 Cor 15:1-1; Lk 5:1-11
- Mon:** Gn 1:1-19; Mk 6:53-56
- Tue:** Gn 1:20—2:4a; Mk 7:1-13
- Wed:** Gn 2:4b-9, 15-17; Mk 7:14-23
- Thu:** Gn 2:18-25; Mk 7:24-30
- Fri:** Gn 3:1-8; Mk 7:31-37
- Sat:** Gn 3:9-24; Mk 8:1-10
- Sun:** Jer 17:5-8; 1 Cor 15:12, 16-20; Lk 6:17, 20-26

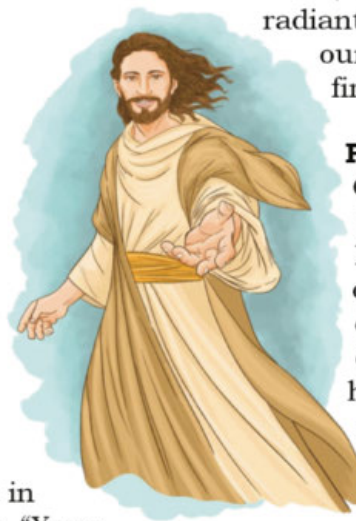
Fifth Sunday in Ordinary Time

GROW: "Woe is me, I am doomed!" "I am the least of the apostles, not fit to be called an apostle." "Depart from me, Lord, for I am a sinful man." Do you notice a theme today? Each of these lines – taken from our readings – reveals the humbling reality that when humans stand in the glorious presence of God, we must confront the Truth, look at ourselves honestly, and recognize our sin. We are reminded of the Garden, when original sin disfigured human nature and Adam and Eve, realizing their nakedness, hid themselves from God. The story would be tragic if that had been the end. But in today's readings and in our own lives, the crippling effects of our sin are not the end. By becoming aware of our sin – agonizing though this may be – we invite the Lord in. It's the crack in the door that he will

enter, bringing mercy and freedom found only in him.

GO: Each of today's readings shows how God's presence leads us to acknowledge our lack; however, that's only "step one." Notice what happens next in each instance. "Your wickedness is removed, your sin purged." "But by the grace of God I am what I am, and his grace to me has not been ineffective." "Jesus said to Simon, 'Do not be afraid.'" See how, in each example, hearts are transformed from shame and guilt to courage and confidence. The readings explain how as each person is freed, they are compelled to act boldly. So, what changed? The same thing that can happen in our own lives: as we acknowledge our sin, we open ourselves to

the flow of grace. We allow the Lord to heal and free us, making us radiant and setting our hearts on fire with love.



PLAN: Choose one virtue you'd like to cultivate in order to root out a sinful habit. Then make a plan to practice that virtue. It

can be as simple as "I will always pray to the Holy Spirit before I talk to that person at work who bothers me." Make sure your plan is: (1) specific ["I will never sin again" doesn't count], and (2) doable ["I will pray every day for six hours to grow in patience" is not possible for most people]. Finally, offer your plan to God and ask him for whatever strength, grace, and healing you need to grow in that virtue.

OUR LADY OF GRACE CHURCH Founded 1954 CLERGY

PASTOR

Rev. Lauro Minimo

ASSOCIATE PASTOR

Rev. Marc Gandolfo

PRIEST IN RESIDENCE

*Rev. Celsius Offor,
CH, LT, USN*

DEACON

Dcn. John Sawaya

SCHEDULE of MASSES

SUNDAY VIGIL

(Saturday) 5:30 pm

SUNDAY

8:00 am, 11:00 am, 5:30 pm

MONDAY-SATURDAY

8:00 am

Holy days and holidays listed separately in bulletin.

SACRAMENTS

INFANT BAPTISM

Baptisms are celebrated on Sundays at 12:30 pm.

Preparation packet is available in the parish office.

ORDER of CHRISTIAN INITIATION of ADULTS

Contact Dcn. John Sawaya (858) 869-5079.

HOLY MATRIMONY

Marriage preparation begins nine months in advance. Please contact

Fr. Lauro Minimo,
Fr. Marc Gandolfo or
Dcn. John Sawaya.

PENANCE AND RECONCILIATION

Monday 6:00 pm
Wednesday 8:45 am
Saturday 4:00 pm
or by appointment.

ANOINTING of THE SICK

Call the parish office (619) 469-0133.

A PRAYER OF HEALING TO
Our Lady of Lourdes
FEAST: FEBRUARY 11

Ever Immaculate Virgin Mother of Mercy, Health of the sick, refuge of sinners, Comforter of the afflicted, you know my wants, my troubles, my sufferings; look with mercy on me. By appearing in the Grotto of Lourdes, you were pleased to make it a privileged sanctuary, whence you dispense your favors; and already many sufferers have obtained the cure for their infirmities, both spiritual and corporal.

I come, therefore, with complete confidence to implore your maternal intercession. Obtain, O loving Mother, the grant of my requests. Through gratitude for your favors, I will endeavor to imitate your virtues, that I may one day share your glory. Amen.

BUNCO IS BACK!

Saturday, March 1

Game begins at 11am (instructions at 10:30am)

OLG Parish Center

Tickets sold at the door: \$25.00

Come and join in the fun! If you've never played, here's your chance to learn. It's fun, easy and does not require any special skills! We will be serving Baked Potato Bar with all the trimmings including delicious chili and fresh Caesar Salad! Snacks, desserts and drinks are included. This is not a fundraiser. Several great door prizes (Gift Cards!) to win! We accept cash or checks only!

To RSVP, contact Alice @ (610)248-0130 or hermalice.freeh@gmail.com



YOUNG ADULT MINISTRY
AGES 18 - 39

Bowling NIGHT

TUESDAY FEBRUARY 11TH

RSVP BY FEB 10

RSVP TO FR MARC: MGANDOLFO@OLG-CHURCH.ORG

7 TO 9 PM
PARKWAY BOWL
1280 Fletcher Parkway
El Cajon, CA 92020



Works of Mercy

Biblical definition: 'love that responds to human need in an unexpected or unmerited way.'

...Lord when did we see you hungry and feed you, thirsty and give you a drink a stranger and welcomed you, ill and cared for you, or in prison & visited you. He replied, whatever you did for the least of these, you did it for me...

During Lent let's do something for families in need.

Operation Cinderella

February 15th & 16th

All items will be donated to the East County Transition Living Center, which assists families facing homelessness, with housing, meals & guidance.



- * New Shoes (all sizes) for Children & Adults
- * Tennis Shoes, Sandals
- * Work shoes/boots
- * Foot care items, clippers
- * Foot powder/creams



High School New Life Teens will be at collection stations at the front and south side of church on Feb. 15/16 to accept donations of items.



Thank you for your support of this Work of Mercy for our brothers & sisters in need.
New Life High School Youth Ministry

YOUNG ADULTS AGES 18 TO 39

February Young Adults Talk

WEDNESDAY
FEBRUARY
26TH
6:30pm



Our Lady of Grace Parish Center

2766 Navajo Rd, El Cajon, CA 92020

"Love & Vocation"

Pizza and drinks! RSVP!

RSVP HERE:
WWW.OLGYAM-226.EVENTBRITE.COM



OUR LADY FULL OF GRACE

Pray for us!



Dear Sisters and Brothers in Christ,
Join the Faith Journey at OLG

Of the 1,643 families of Our Lady of Grace Church and School, more than 200 individuals have come together to share their faith journeys through Listening Circles—students, parents, parishioners and ministry members alike. These conversations have sparked connection, inspiration and a renewed sense of faith. Participants leave feeling uplifted, enlightened and eager for more.

Faith is trusting God to act through us, and through these conversations, change is happening:

- Small group discussions in the Eucharistic Revival
- Evening Masses for Lent and Advent
- Eucharistic Adoration every Wednesday and First Fridays
- Priests and seminarians engaging with parishioners after Mass
- Youth serving as ambassadors, lectors and altar servers
- Collaborative efforts to help people experiencing homelessness in East County
- Strengthened liturgical ministries through training and teamwork

You can participate in the conversation and play a role in these changes! Another Listening Circle takes place on Saturday, Feb. 15, from 9:15-11:15 a.m. in the Parish Center. Join your family in faith and continue reimagining our journey as a parish, school and leadership community. Sign up online – or contact Elizabeth Guerrero at olgreimagining@olg-church.org.

God moves in ways we may not always expect, just as Jesus came not as a mighty king but in humility and love. The Holy Spirit is guiding us through our conversations, prayers and shared faith.

Let's journey together, listen to one another and deepen our faith life.

Come, Holy Spirit, fill our hearts and set them ablaze with Your love!

Fr. Lauro Minimo, Paul Durr, Kelly Czajka, Ken and Mary Discenza, Elizabeth Guerrero, and Chet and Anna Marie Snyder

OLG Reimagining Team



DISCERNMENT RETREAT
DISCOVER YOUR VOCATION

Hosted by the Sister Servants of the Blessed Sacrament

Sunday, February 16, 2025
9:00AM-4:00PM

What is your path?
This event is for women 18+ who desire prayer and reflection time to discern any of the vocations to marriage, religious life, or single life.

Contact Sister Katia to register:
svocations@usasjs.org

Immaculate Conception Convent
3173 Winnetka Drive
Bonita, CA 91902

AN EVENING UNDER THE

Palms
ROOTED IN FAITH
grown in excellence

Our Lady of Grace School
GALA ♦ 2025
in celebration and support of
Catholic education and our students

SATURDAY, APRIL 5TH
5:00PM - 11:30PM
HYATT REGENCY MISSION BAY

DONATIONS TO THE AUCTION ARE MOST WELCOME
SCAN BELOW FOR MORE INFORMATION & TICKETS
WWW.OLG.ORG | GALA2025#OLG.ORG | 619.466.0055

WEEKLY OFFERING REPORT

January 21, 2025 - January 27, 2025 \$16,816.57

Plate	\$2,474.77
Envelopes	\$10,097.00
Online Giving	\$4,244.80

Breakdown of Gifts Received

\$0.01 - \$5.00	42
\$5.01 - \$10.00	30
\$10.01 - \$25.00	113
\$25.01 - \$50.00	70
\$50.01 - \$100.00	38
\$100.01 - \$150.00	8
\$150.01 - \$500.00	14
\$500.0 - Over	1

Total Contributing Households 316

Building Fund	\$753.41
Food Pantry	\$420.00
School - Tuition Assistance	\$243.00
Special Collection - LA Fires	\$2,903.00

San Diego Jubilee 2025

At the Diocese of San Diego, St. Joseph Cathedral has been designated as the pilgrimage church for local faithful during the Jubilee Year. Catholics are encouraged to make a symbolic pilgrimage from Waterfront Park through Beech Street or another appropriate point.

Visit <https://sdcatholic.org/jubilee-year-2025/>



The types of bread available are: Cranberry Walnut, Guinness Bread, Irish Soda, Yeast bread, Sprouted Quinoa Bread, Italian Herb, and Jalapeño Cheddar. Donuts, muffins, coffee, juice, lox and bagels will also be available. Order forms are available on the information table in the front of the Church.



2 024 Contribution Statements have been mailed. If you did not receive a statement and would like one mailed or emailed to you, please call the OLG Parish Office at (619) 469-0133 or send an email to OLGParishOffice@olg-church.org.



Please pray for those who have requested prayer and for the special intentions written in the Book of Intentions in the Baptistry of our Church.

- | | |
|----------------------|---------------------|
| Ron Aguinaldo | Mary Kowalski |
| Heriberto Albanez | Janet Kozakiewicz |
| Griselda Albanez | Jason Laccone |
| Angie Arrayan | Lillian Lavorato |
| Kali'a Arrayan | Pat Lerner |
| Mario Ayala Sr. | Rebecca Leyden |
| Lupita Ayala | Charlotte Locy |
| Monique Ayala | Joshua Lucero |
| Carly Brashear | Alexis Lucero |
| Angie Biner | Dawn MacNabb |
| Miriam Biros | Steve McMeekan |
| Ilene Black | Mark Mellinger |
| Donna Botzer | John Mendez |
| Stephen Botzer | Luz Mendez |
| Edward Brown | Italia Mendez |
| Will Bryce | Hannah Morrill |
| Walter Butcher | Rigoberto Osuna |
| Lucy Caballero | Victoria Oxe |
| Humberto Castañeda | Phil Panuco |
| Alshen Colhour | Tom Pastore |
| Jesse Colhour | Jonathan Radell |
| Carol Colonelli | Jacob Reed |
| David Conway | Angel Rodriguez |
| Luzanne Coyne | James Sandlin |
| June Clements | Amanda Seaman |
| Irene Dahlheimer | Karen Scott |
| Frederick De La Tore | Mark Smith |
| Mike Egan | Mayra Stanley |
| Lucie Forcier | Dale Swan |
| Debbie Ek | Clifford Tabadisto |
| Camren Flores | Jose Lopez Tubillo |
| Marilu Flores | Aiden Turnbloom |
| Colette Gerard | Marlene Tuyay-Scott |
| John Harshberger | Lilian Valencia |
| Terry Hendricks | Frederic Varelas |
| Joe Hilgeman | Nina Vyzinkar |
| Tina Hurley | Marilyn Winger |

Names will remain listed in the bulletin for **4 weeks**.
 If you would like to add a name to the list, or have names removed/renewed, please contact Jocelyn Ayala at:
jayala@olg-church.org

OUR LADY of GRACE PARISH AND SCHOOL DIRECTORY

2766 NAVAJO ROAD, EL CAJON, CA 92020



PARISH OFFICE

PHONE: **(619) 469-0133**
 FAX: (619) 469-0575
 WEB: OLG-CHURCH.ORG
 HOURS: MON-THU 8:30 AM-4:30 PM
 FRI 8:30AM - 12:00PM

Pastor **REV. LAURO MINIMO** | Ext. 17
 Associate Pastor **REV. MARC GANDOLFO** | EXT. 27
 Deacon **DCN. JOHN SAWAYA** | (858) 869-5079
 Business Manager **PATRICIA KANE** | Ext. 12
 Special Projects Coordinator **KEN DISCENZA** | Ext. 24
 Bookkeeper **SIONI BAUTISTA** | Ext. 28
 Office Manager **MARIE POSPICAL** | Ext. 10
 Publicity & Media Coordinator **JOCELYN AYALA** | Ext. 33

Housekeeping **MARÍA ARIAS**
 Maintenance & Facilities **VINCE OLIVER, PATRICK ROGERS**
& MATTHEW HILGEMAN

LITURGICAL MINISTRIES

Liturgy Coordinator **ROSA HILGEMAN** | Ext. 14
 Director of Liturgical Music **JONATHAN GONZALES** | Ext. 26

Cantate Kids and Gaudete Choir (11:00 am Sun)
 Director **ROBERT FILLEY**
Laudate Ensemble (5:30 pm Sun)

RELIGIOUS EDUCATION

FAITH FORMATION & CONFIRMATION

PHONE: **(619) 466-5656**

Coordinator of Catechetical Ministry **HENRIETA VYZINKAR**
 Youth Ministry Coordinator **DORIS HERTZIG**
 Jr. High, Sr. High (619)466-5451
 Young Adults (18-39 yrs.) **BERNADETTE ROSE SOLTERO**



PARISH SCHOOL

PHONE: **(619) 466-0055**
 FAX: (619) 466-8994
 WEB: OLG.ORG
 HOURS: WEEKDAYS 7:15 AM-3:30 PM
 (DURING SCHOOL YEAR)

Principal **ERIN MARES** | Ext. 11 | emares@olg.org

Vice Principal **TORNETTE FRANKLIN** | Ext 12 | tfranklin@olg.org

Administrative Assistant to the Principal **LINDA PETERS** | Ext. 13 | lpeters@olg.org

Development & Admissions **info@olg.org**

Office Manager **BRANDI TORRES** | Ext. 10 | btorres@olg.org

PARISH MINISTRIES AND ORGANIZATIONS

To e-mail members of the parish staff or the ministry leaders listed below please visit our website at: olg-church.org - click on the "Contact Us" link in the upper right corner of the browser window.

For a ministry leader phone number please call the Parish Office at (619) 469-0133.

- 55 PLUS CLUB** — Mary Cloward
- BLOOD DRIVE** — Peggy Breslin
- CATHOLIC WOMEN'S CLUB (CWC)**
 CWC — Linda Leneve
 Book Club — Julie Hazelton
 Craft Fair — Kathy Porterfield
- CENTERING PRAYER** — Irma Eichinger (619) 449-8400
- CURSILLO** — Dcn. John Sawaya
- EVENTS COMMITTEE** — Deborah Renick
- FOOD PANTRY** — *Since 1981* (619) 469-0061
 Doug Perl M-F, 9:30-11:00 am
- HOLIDAY ANGELS** — *Since 1988* — Lesley Bradley
- INTERNATIONAL CATHOLIC FAMILIES (ICF)**
 Carla Pedroncelli
- KNIGHTS OF COLUMBUS** — *Frances Cabrini Council 8879*
 Ronald Rosehart, Grand Knight
- MEN FOR CHRIST** — Steve Faucher
- MINISTRY TO THE SICK & HOMEBOUND**
 Rosa Hilgeman
- PRAYER QUILT MINISTRY** — *Since 2006*
 Nettie Aguinaldo
- PRO-LIFE** — Vicki Whitmire (40 Days for Life)
- CULTURE OF LIFE** — Elena & Emily Ruta
- WALKING WITH PURPOSE** — Vicky Szymanski
 (WOMEN'S BIBLE STUDY)



To e-mail members of the parish staff, please visit our website at: olg-church.org

Click on the "Contact Us" in the upper right corner of the browser window.

And please Like Us on Facebook!

Reporting Sexual Abuse: The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential manner. To report sexual misconduct by clergy or Church personnel, including abuse, please contact Mary Acosta at (858) 490-8353 or misconduct@sdcatholic.org. Situations of recent or ongoing sexual abuse should be reported to local law enforcement.



**Clean & Service
Special for \$135!**
619-443-9974

www.weathermachines.net

Heating Air Conditioning Repair / Replacement



JOHN JOSEPH BACINO D.D.S.
General and Cosmetic Dentistry

560 Brockton St. • Fletcher Hills

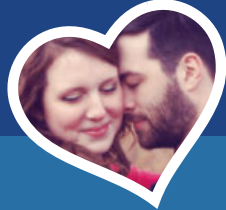
619.461.7776

www.bacinodds.com • johnbacinodental@att.net

Graduate of
Our Lady
of Grace

catholicmatch®

California



CatholicMatch.com/CA

**erock
ELECTRIC**

Residential & Commercial
Electrical Services

619.633.8991
CA. LIC. # 1036300



**FEATHERINGILL
MORTUARY**

Family Owned = Personal Service
6322 El Cajon Blvd. • San Diego
featheringillmortuary.com
(619) 583-9511

FD-1083



Jeff Green, President
619.749.8316
P.O. Box 12345
El Cajon, CA 92022

St. Lic. #906239

“Go with GREEN”
PLUMBING • HEATING • AC

QUALITY PROFESSIONAL SERVICE • OVER 35 YEARS OF EXPERIENCE

Installation & Repair:

- Faucets
- Disposals
- Toilets
- Bathtubs
- Showers
- Slab Leaks
- Leak Repair
- Gas Lines
- Water Heaters
- Sewer Lines
- Wall Heaters
- Regulators
- Re-Pipes
- Heating/Cooling
- Shut-Offs
- And More!



**LEMON GROVE
VETERINARY HOSPITAL**
619-463-0301
7572 North Ave. • Lemon Grove
www.lgvvet.com

- \$45 Complete exam for dogs/cats
- LOW cost vaccine clinic: Sat 9am -1pm
Call for appointment

**KENDALL
PAINTING, INC.**

"No job is finished until you say it is!"

(619) 222-8627

P.O. Box 16564 • San Diego
www.kendallpaintinginc.com

San Diego Painting Contractor
with 31 Years County Experience
25 Years OLG Projects
Lic. #735777

CH
**COUNTRY HILLS
POST ACUTE**

1580 Broadway - El Cajon, CA

(619) 441-8745



Christian Gonzales
Violinist
M.M. Juilliard, B.M. UCLA
Lessons: Violin, Music Theory,
Chamber Music
www.christian-gonzales.com
Email: ctgone@outlook.com
Cell: (619) 905-8007



**CIDEER
SACO**
TOP 1%
Realtor In
San Diego
(619)
919-7071

Facebook.com/CSSanDiegoRealty
Instagram.com/cideertherealtor
Google: https://g.pages/cidersaco

SELLING | BUYING | INVESTING
DRE# 02055850

Cideer.Saco@c21affiliated.com



Elizabeth G. Blust
Attorney at Law

Probate
Estate Planning
Wills & Trusts
Amendments
Powers of Attorney
619-607-0235

Parishioner



619.857.7473

FELIPE VELAZQUEZ JR., PRESIDENT
LIC #804391

golinc@gmail.com P.O. Box 19413
goldenstateplumbing.com San Diego, CA 92159

Are you turning 65?
Do you have Medicare?

GRACE VENTITELLI-MEYERS
Parishioner
Specializing in Medicare Health Plans

619-990-8642
GraceMeyers@Hotmail.Com

CDI 0M60529 MPH 18976002
Medicare Advantage Plans
Medicare Prescription Drug Plans
Medicare Supplement Insurance Plans

Contact me for a zero cost review
to ensure you have the right plan
for your health, lifestyle and budget.

Join us in our mission of
assisting people on their
journey out of homelessness
in San Diego East County.



Founded by
an OLG
parishioner.

Phone | 619.343.4100
PO Box 191076, San Diego, 92159



**HOLY CROSS CATHOLIC
CEMETERY & MAUSOLEUM**

45th & Hilltop Drive, San Diego, CA 92102
No Interest Budget Plan | Up to 5 years to pay
Call 264-3127 Se Habla Español



"Caring for the mind, body, and soul since 1974"

For information and to
schedule a tour contact:

Scan for a
Virtual Tour



Amber Zendejas

DIRECTOR OF ADMISSIONS
Amber@NazarethHouseSD.org
619-563-0480

6333 Rancho Mission Rd, San Diego, CA

INDEPENDENT LIVING | ASSISTED LIVING | HOSPICE CARE



(619) 464 6000

9083 Dallas St.,
La Mesa CA 91942

Minimum Delivery \$30

SCAN FOR INFO



D
**LAW OFFICES OF
DORIAN LOPEZ**

Dorian Lopez, Esq. 619-377-7911

Estate Planning • Wills • Trusts

7567 El Cajon Blvd., Suite 101, La Mesa

www.dlopezlaw.com CA SBN #303585

"Bringing peace through planning"



IF YOU LIVE ALONE

MDMedAlert!™ As Low As

\$19⁹⁵
/mo.

- ✓ Ambulance ✓ Police/Fire
- ✓ Family/Friends ✓ GPS & Fall Alert

CALL NOW! 800.808.9294 md-medalert.com



For ad info. call 1-800-950-9952 • www.4lpi.com

Our Lady of Grace, El Cajon, CA

A 4C 05-1823