



DEAR CHILDREN,  
LET US NOT LOVE WITH  
WORDS OR SPEECH,  
BUT WITH ACTIONS AND IN  
TRUTH.

- 1 JOHN 3:18





**PRIEST'S INTENTIONS FOR MASSES****Sun, Feb 8 FIFTH SUNDAY IN ORDINARY TIME**

5:30 pm For the deceased members of the  
Esperanza Family

(Vigil)

8:00 am † Arthur Bagon

11:00 am † David McArthur

5:30 pm † For the People of the Parish

**Mon, Feb 9 Weekday**

8:00 am *Sp Int* Melissa Ritland

† Virginia Habina

**Tue, Feb 10 St. Scholastica, Virgin**

8:00 am † James Pitt

**Wed, Feb 11 Weekday; Our Lady of Lourdes**

8:00 am Collective Intentions

**Thu, Feb 12 Weekday**

8:00 am † Jim Pitt & † Mary Pitt

**Fri, Feb 13 Weekday**

8:00 am † Jesus Ramirez

**Sat, Feb 14 Sts. Cyril, Monk, and Methodius, Bishop**

9:30 am For the living and the deceased  
members of the CWC

**Welcome to OUR LADY of GRACE!**

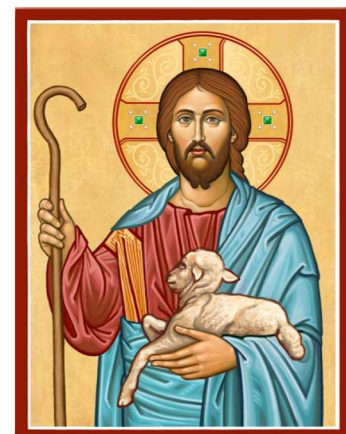
Welcome to all members and visitors who are joining us for the celebration of the Eucharist.

If you have been away from the Church for a little while or for quite some time, but now feel a tug at your heart calling you back to the Catholic Church, welcome home!

If you feel drawn to the Catholic Church yet come from another faith tradition - or have no faith experience at all - we are glad you are here!

The Catholic Church has been teaching truth since she was founded by Christ over 2,000 years ago. We offer ministries and service groups that help you to build friendships and serve our parish along with the greater community. We also offer life-long learning through our many faith formation opportunities for children and adults.

For baptized Catholics needing to complete their Sacraments of Initiation please contact Deacon John Sawaya at: [jsawaya@olg-church.org](mailto:jsawaya@olg-church.org). For those interested in joining the Catholic Church, please also contact Deacon John Sawaya. You can also contact him by using the "Contact us" link at [olg-church.org](http://olg-church.org).

**PENANCE/RECONCILIATION AT OLG**

Monday-6:00pm  
Wednesday-8:45am  
Saturday- 4:00pm

**FOOD AND FELLOWSHIP IN THE PARISH CENTER**

*All are welcome Sunday mornings after Mass*

**Feb 8 ICF Food & Fellowship**

*Sponsored by the International Catholic Families*

Mark your calendars and enjoy delicious food and company!

**Feb 15 Knights Donut Sunday**

*Sponsored by the Knights of Columbus Frances Cabrini Council 8879*

The Knights will be serving donuts and coffee after all morning Masses. More details on pg. 4.

**Feb 22 Bread Sunday**

*Sponsored by CWC*

Bread Sunday is coming up at the end of the month! Order forms will be available on the information table in front of the church.

**Allergies**

The first morning Mass of a holy day will always be incense-free.

**Mindfulness of Others**

Please silence all devices and refrain from using them during the liturgy to avoid distracting those around you.

**READINGS FOR FEBRUARY 8 - FEBRUARY 15**

**Sun:** Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16

**Mon:** 1 Kgs 8:1-7,9-13; Mk 6: 53-56

**Tue:** 1 Kgs 8: 22-23,27-30; Mk 7:1-13

**Wed:** 1 Kgs 10:1-10; Mk 7:14-23

**Thu:** 1 Kgs 11:4-13; Mk 7:24-30

**Fri:** 1 Kgs 11:29-32;12:19; Mk 7:31-37

**Sat:** 1 Kgs 12:26-32;13:33-34; Mk 8:1-10

**Sun:** Sir 15: 15-20; 1 Cor 2:6-10; Mt 5:17-37

## Fifth Sunday in Ordinary Time

**GROW:** My understanding of prayer changed when I read St. Teresa of Calcutta's statement that says, "I used to believe that prayer changes things, but now I know that prayer changes us and we change things." Prayer is not an incantation that can change the will of God. It is the act of raising our hearts and minds to God, and of opening ourselves — our will, our understanding, our joys, and our sorrows — to be sanctified. The prophet Isaiah seems to be saying something similar in the first reading. He lists off the commands of the Lord to clothe the naked, feed the hungry, and shelter the homeless, and then tells the faithful that if they do these things, "then your light shall break forth like the dawn." We certainly serve those who are

vulnerable because each person has immeasurable dignity and deserves to be cared for as a child of God. But the act of caring for another also changes us. We are made more fully into who we were created to be — not an individual living in isolation, but one who is deeply connected in community to the rest of humankind.



**GO:** An act of service, then, is much bigger

than simply donating money or giving of our time. In caring for our neighbor, we proclaim God's goodness to a world in darkness, bearing witness to the love of God which is the source of all our actions. In the Gospel, Christ calls his followers to be "the light of the world," reminding us that he wants to shine his light through us. But we are

not the source of the light. Even when we are the ones serving, we still remain only the vessel the true light shines through. When we love others, we are changed because we allow ourselves to be conformed more closely to Christ, allowing others to encounter his love in our actions.

**SERVE:** The corporal works of mercy are to feed the hungry, give drink to the thirsty, clothe the naked, shelter the homeless, visit the sick, visit the imprisoned, and bury the dead. This is not a list meant to overwhelm, but rather to provide opportunities to care for God's children. What act of service can you and your family engage in this week to allow the light of Christ to shine through you?

**Written by:**  
*The Faithful Disciple*

## PRAYER TO OUR LADY OF LOURDES

Oh ever immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfortess of the Afflicted, you know my wants, my troubles, my sufferings. Look upon me with mercy. When you appeared in the grotto of Lourdes, you made it a privileged sanctuary where you dispense your favors, and where many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. My loving Mother, obtain my request. I will try to imitate your virtues so that I may one day share your company and bless you in eternity. Amen.



## OUR LADY OF GRACE CHURCH

*Founded 1954*

### CLERGY

#### PASTOR

*Rev. Lauro Minimo*

#### DEACON

*John Sawaya*

## SCHEDULE of MASSES

### SUNDAY VIGIL

*(Saturday) 5:30 pm*

### SUNDAY

8:00 am, 11:00 am, 5:30 pm

### MONDAY-SATURDAY

8:00 am

*Holy days and holidays listed separately in bulletin.*

## SACRAMENTS

### INFANT BAPTISM

Baptisms are celebrated on Sundays at 12:30 pm. Preparation packet is available in the parish office.

### ORDER of CHRISTIAN

### INITIATION of ADULTS

Contact Dcn. John Sawaya  
(858) 869-5079.

### HOLY MATRIMONY

Marriage preparation begins nine months in advance. Please contact Fr. Lauro Minimo or Dcn. John Sawaya.

### PENANCE AND

### RECONCILIATION

Monday 6:00 pm  
Wednesday 8:45 am  
Saturday 4:00 pm  
or by appointment.

### ANointing of the Sick

Call the parish office  
(619) 469-0133.



SPONSORED BY THE ICF

# Super Sandwich Sale

## February 8, 2026

The ICF will be serving hot homemade meatball sandwiches and Italian beef sandwiches with a side of potato salad. Stay and enjoy an early lunch or take some to go! Donuts, coffee, juice and soft drinks will also be available.

Stop by the Parish Center after the morning Masses!



SPONSORED BY KNIGHTS OF COLUMBUS

# Donut Sunday

## SUNDAY, February 15

They will be serving a variety of donuts, milk, juices and coffee after the 8:00 am and 11:00 am Masses. Come join us at the Parish Center!

**MIDDLE SCHOOL YOUTH GROUP**

# BOWLING NIGHT

## FRIDAY, FEBRUARY 13

7:00pm - 8:30pm (check in at 6:30pm) at Viejas

The cost is \$20.00 and includes shoe rental, pizza and a drink. Please note that an RSVP is required and space is limited. To RSVP, email the Youth Office/Doris at [dhertzig@olg-church.org](mailto:dhertzig@olg-church.org) or call and leave a message at 619-466-5451.

\*Parents must transportation to and from the event. OLG Permission form is required. You can find the link on our website or use the QR code!



# Eucharistic ADORATION

EVERY WEDNESDAY 6-8PM

FIRST FRIDAY (24-HOUR ADORATION)  
8:45AM-SATURDAY 7:45AM

\*To sign-up for a time slot at our 24 hour Adoration, e-mail Michael Gross at [pnmgross1@gmail.com](mailto:pnmgross1@gmail.com).



# L.A. Youth Day

## Thursday, February 19, 2026 at the Anaheim Convention Center

All High School Teens are invited to join us for the annual L.A. Youth Day in Anaheim. We will be gathering with several thousands of Catholic Youth to be inspired by national speakers and musicians. We will also be celebrating Mass with Archbishop Gomez. Please note that we will be travelling by charter bus.

\*Registration form & Permission Docusign link are available at New Life, or you can scan the QR code! You can also find it on the OLG website under the Ministries Tab.





**WEEKLY OFFERING REPORT****January 20, 2026 - January 26, 2026** **\$17,607.15**

Plate	\$2,904.35
Envelopes	\$10,248.00
Online Giving	\$4,454.80

**Breakdown of Gifts Received**

\$0.01 - \$5.00	40
\$5.01 - \$10.00	59
\$10.01 - \$25.00	127
\$25.01 - \$50.00	79
\$50.01 - \$100.00	35
\$100.01 - \$150.00	9
\$150.01 - \$500.00	10
\$500.01 - Over	1

**Total Contributing Households** **360**

Building Fund	\$762.26
Food Pantry	\$1,018.00



# Mass for the Sick

SATURDAY, FEBRUARY 14  
**9:30 AM**

Join us for a special Mass with Anointing of the sick as the Church celebrates the World Day of the Sick and the Feast of Our Lady of Lourdes.

"I trust in your power and grace that sustain and restore me. Loving Father, touch me now with your healing hands, for I believe that your will is for me to be well in mind, body, soul and spirit."  
- St. Padre Pio

\*Please park in the upper level Parish Center parking lot.



# 40 DAYS FOR LIFE®

**Prayer Begins**  
**February 18 - March 29**

Come join hundreds of thousands of Christians around the world in peaceful sidewalk prayer for the end of abortion. Our constant 40 days of public witness, in front of Planned Parenthood in El Cajon, will change hearts and minds, and bring awareness to the tragic reality of abortion. We are highly supported by our San Diego Diocese.

**SPRING CAMPAIGN OPENING CEREMONY**  
**PLEASE JOIN US!**

**Inspirational Speakers and the Rosary**

**Monday, February 16th at 6:00 p.m.**

**1625 E. Main Street, El Cajon**

**Meet on the sidewalk in front of Planned Parenthood**

**(DO NOT park in their lot)**

Dress comfortably and for the weather Rain or Shine event! Bring flashlights or candles if you have them! Please come out and show your love and support for moms and babies.

For more information contact us at:  
Vicki 619-647-5793 or [elcajon40days@hotmail.com](mailto:elcajon40days@hotmail.com)  
[40daysforlife.com/elcajon](http://40daysforlife.com/elcajon)


# SAVE THE DATE

**Saturday, March 7 at**  
**OLG Church**

**Mass - 8:00am**  
**Gathering - 9:00am**

**A Lenten Morning Reflection**  
**with Fr. Boom Martinez, SJ**

Come discover how God is inviting us to live the Gospel more fully this Lent, both in our hearts and in our daily lives.

 **P**lease be advised that Fr. Lauro or anyone else from our parish staff will never send out e-mails, text messages or Flocknotes requesting any form of monetary assistance such as cash, Amazon, iTunes, gift cards etc. If you receive such suspicious e-mails, please delete or disregard.



WELCOME TO THE CHRISTIAN FAMILY!

*Joseph Francis Ruiz*

BAPTIZED AT OLG ON FEBRUARY 1, 2026



# PRAYER REQUESTS



***Please pray for those who have requested prayer and for the special intentions written in the Book of Intentions in the Baptistry of our Church.***

Netti Aguinaldo	Jose A Lopez
Ron Aguinaldo	Dora Lowenberg
Heriberto Albanez	Lorene MacLaird
Griselda Albanez	Vern MacLaird
Kali'a Arrayan	Dawn MacNabb
Michael Barletta	Christina Martins
Stephen Bernasconi	Card. Robert McElroy
Angela Biner	Steven Mull
Charles Black	Nancy Osborne
Eileen Black	Phil Panuco
Catalina Branch	Pat Pfohl
Cheryl Casey	Frank Principato
Phyllis Ciesielski	James Principato
Luzanne Coyne	Danny Rubio
Msgr. John Cusack	Faith San Jose
Dee Draper	Jeffery Sanders
Jonathan Neo Duong	Karen Scott
Shiela Duong	David Smith
Thien Ngoc Duong	Tillie Sousa
Tristan Ian Duong	Mary Titone
David Foster	Steve Thudium
Joseph Fromm	Carlos Villar
Stephen Gage	Cindy Katan Wallace
Colette Gerard	Richard Williams
Joe Hilgeman	Marilyn Winger
Jason Laccone	
Lillian Lavarado	
Ofelia Lopez	

***Names will remain listed in the bulletin for 4 weeks. If you would like to add a name to the list, or have names removed/renewed, please contact **Alexa Alcantara** at: **aalcantara@olg-church.org**.***



**A**dorers are needed for our next 24-hour Adoration on **Friday, Mar. 6.**

To sign-up, please e-mail Michael Gross at: **pnmgross1@gmail.com.**

## WALKING *With Purpose*

**EVERY THURSDAY BEGINNING ON FEBRUARY 5  
6:30pm - Parish Hall**

We invite all women for this Bible Study to join for weekly sessions as we read and study the book, *Fearless and Free*.

The book is \$25 and can be purchased at:  
[www.walkingwithpurpose.com](http://www.walkingwithpurpose.com)

For more information, please contact Vicky Szymanski at:  
[vickysz03@hotmail.com](mailto:vickysz03@hotmail.com)



## Serve OLG

**AS AN EXTRAORDINARY  
MINISTER OF HOLY  
COMMUNION**

Would you like to serve the OLG  
Parish Community as an  
Extraordinary Minister of Holy  
Communion (E.M.)?

If so, please e-mail Ken at:  
[KDiscenza@olg-church.org](mailto:KDiscenza@olg-church.org)

Requirements: In order to be an  
E.M., you will need to be confirmed  
in the Catholic Church, practicing  
your Catholic Faith and registered at  
OLG.



## OUR LADY of GRACE PARISH AND SCHOOL DIRECTORY

2766 NAVAJO ROAD, EL CAJON, CA 92020



**PARISH OFFICE**  
 PHONE: **(619) 469-0133**  
 FAX: (619) 469-0575  
 WEB: [OLG-CHURCH.ORG](http://OLG-CHURCH.ORG)  
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Pastor **REV. LAURO MINIMO** | Ext. 17  
 Deacon **JOHN SAWAYA** | (858) 869-5079  
 Business Manager **CHERI SHUBERT** | Ext. 12  
 Special Projects Coordinator **KEN DISCENZA** | Ext. 14  
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 Office Manager **BRANDI TORRES** | Ext. 10  
 Publicity & Media Coordinator **ALEXA ALCANTARA** | Ext. 33

Housekeeping **MARÍA ARIAS**  
 Maintenance & Facilities **PATRICK ROGERS,  
 DENNIS CROWLEY &  
 MATTHEW HILGEMAN**

### LITURGICAL MINISTRIES

Wedding and Funeral  
 Coordinator **CECILIA JONES** | Ext. 24

Director of Liturgical Music **TERRY HENDRICKS** | Ext. 26  
*Cantate Kids and Gaudete Choir (11:00 am Sun)*

Director **ROBERT FILLEY**  
*Laudate Ensemble (5:30 pm Sun)*

### RELIGIOUS EDUCATION

#### FAITH FORMATION & CONFIRMATION

PHONE: **(619) 466-5656**

Coordinator of Catechetical Ministry **HENRIETA VYZINKAR**  
 Youth Ministry Coordinator **DORIS HERTZIG**  
 Junior & Senior HS (619) 466-5451  
 Young Adults (18-39 yrs.) **BERNADETTE ROSE SOLTERO**



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### PARISH MINISTRIES AND ORGANIZATIONS

To e-mail members of the parish staff or the ministry  
 leaders listed below please visit our website at:  
[olg-church.org](http://olg-church.org) - click on the "Contact Us" link  
 in the upper right corner of the browser window.

**For a ministry leader phone number please call the  
 Parish Office at (619) 469-0133.**

**55 PLUS CLUB** — Mary Cloward

**BLOOD DRIVE** — Peggy Breslin

**CATHOLIC WOMEN'S CLUB (CWC)** — Linda LeNeve

Bread Sunday — Linda LeNeve

Book Club — Julie Hazelton

Craft Fair — Kathy Porterfield

Bunco — Alice Freeh

**CENTERING PRAYER** —

Irma Eichinger & Mary Asher-Fitzpatrick

**CURSILLO** — Lanny Kimsey

**EVENTS COMMITTEE** — Deborah Renick

**FOOD PANTRY** — Since 1981 (619) 469-0061

Doug Perl M-F, 9:30-11:00 am

**HOLIDAY ANGELS** — Since 1988 — Pam & Michael Gross

**INTERNATIONAL CATHOLIC FAMILIES (ICF)**

Carla Pedroncelli

**KNIGHTS OF COLUMBUS** — Frances Cabrini Council 8879

Juan Bernal, Grand Knight

**MEN FOR CHRIST** — Steve Faucher

**MINISTRY TO THE SICK & HOMEBOUND** — Ken Discenza

**OPERATION GRATITUDE CLUB** — Deborah Renick

**PRAYER QUILT MINISTRY** — Since 2006

Maretta Clauson & Sharon Stevens

**PRO-LIFE** — Vicki Whitmire (40 Days for Life)

**CULTURE OF LIFE** — Elena & Emily Ruta

**WALKING WITH PURPOSE** — Vicky Szymanski

(WOMEN'S BIBLE STUDY)



To e-mail members of the parish  
 staff, please visit our website at:

[olg-church.org](http://olg-church.org)

Click on the "Contact Us" in the upper right  
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**Reporting Sexual Abuse:** The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential manner. To report sexual misconduct by clergy or Church personnel, including abuse, please contact Mary Acosta at (858) 490-8353 or [misconduct@sdccatholic.org](mailto:misconduct@sdccatholic.org). Situations of recent or ongoing sexual abuse should be reported to local law enforcement.





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