A painting depicting Jesus with long brown hair and a beard, wearing a white robe, standing in a tomb. He is gesturing with his hands towards a man on the left. The man has a beard and is wearing a dark robe with a yellow sash. He is looking up at Jesus with an open mouth, as if speaking or shouting. The background shows the interior of a tomb with stone walls and a large, dark, arched opening.

“He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.”

~ Mark 1:34

PRIEST'S INTENTIONS FOR MASSES

Sun, Feb 7	FIFTH SUNDAY in ORDINARY TIME
3:30 pm	For the People of the Parish
8:00 am	† Dorothy Washington
11:00 am	† Janet Baker
3:30 pm	<i>Mass canceled due to Super Bowl</i>
Mon, Feb 8	Weekday
8:00 am	† Angie Cornwell
Tue, Feb 9	Weekday
8:00 am	† Virginia Habina & <i>Spec Int</i> Melissa Ritland
Wed, Feb 10	Saint Scholastica, Virgin
8:00 am	† Joseph Norton
Thu, Feb 11	Our Lady of Lourdes
8:00 am	† Corazon Paner Canedo
Fri, Feb 12	Weekday
	No Mass
Sat, Feb 13	Weekday
8:00 am	† Maude Hilgeman
Sun, Feb 14	SIXTH SUNDAY in ORDINARY TIME
3:30 pm	† Rylan O'Neal
8:00 am	† Nick Petersen
11:00 am	† Jack Cloward
3:30 pm	For the People of the Parish

Welcome to OUR LADY of GRACE!

Welcome to all who are joining us for the celebration of the Eucharist. There are many ways and parish organizations to participate in our life in Christ. See the directory on page 7.

We invite all who attend OLG to become registered members of our parish. Registration forms are available on the table in the main entry of the church or the parish office. Registration allows us to communicate and effectively provide for your needs. It is necessary for baptism, marriage, and godparent or sponsor certification.

Mindfulness of Others—Please silence all devices and refrain from using them during the liturgy. The parish has a Children's Chapel located in the northwest corner of the church. Parents with restless children are welcome to make use of this chapel at any time during Mass should it be necessary. We ask that this chapel, like the church itself, remain free of food and drink.

Allergies—The first morning Mass of the Sunday or holy day will always be incense-free. The Sunday 11:00 am Mass will often include the use of incense.



We love having you as part of our flock! Get updates about Masses and parish life via email or text!
Sign up! Visit olg-church.org and scroll to the blue and white sheep.

Public Mass Update

San Diego County is in the COVID-19 Purple Tier meaning Masses must be celebrated outside. If Mass is canceled due to inclement weather, a Flock-note email will be sent. Visit olg-church.org for current info.

When Mass is celebrated outside in front of the church, bring a blanket or lawn chair to sit on. Face coverings are required, as is physical distancing. Bottled water, hats, hand sanitizer, and sunscreen are recommended. Our Ambassadors will be present to assist you.

The obligation to attend Mass on Sundays and holy days of obligation continues to be dispensed by Bishop McElroy.

Streamed Online Mass Information Available

Visit olg-church.org homepage and click on the gold "Online Mass Info and Other Sustaining Faith Resources in the Time of Pandemic" bar. Scroll to Mass links.



The Sun, Feb 7, 3:30 pm Mass has been canceled due to the Super Bowl. Enjoy the game!

Invitation to the R.C.I.A.

Our Lady of Grace Parish welcomes all who seek to enrich their faith life and explore the possibility of becoming a Catholic Christian. Our community shares and celebrates this journey with them through a process called "*The Rite of Christian Initiation of Adults*." If you are curious about what Catholics believe and may be interested in learning more about joining the Catholic faith—or perhaps you are an adult Catholic looking to be fully initiated—you are cordially invited to enter the

R.C.I.A. process and experience a new and enriched meaning to your life through renewed faith and love. Please contact Deacon John Sawaya at (858) 869-5079 or use the "Contact us" link on the parish webpage.

**READINGS FOR FEB 7 - 14**

Sun: Jb 7:1-4, 6-7; 1 Cor 9:16-19, 22-23; Mk 1:29-39

Mon: Gn 1:1-19; Mk 6:53-56

Tue: Gen 1:20—2:4a; Mk 7:1-13

Wed: Gn 2:4b-9, 15-17; Mk 7:14-13

Thu: Gn 2:18-25; Mk 7:24-30

Fri: Gn 3:1-8; Mk 7:31-37

Sat: Gn: 3:9-24; Mk 8:1-10

Sun: Lv 13:1-2, 44-46; 1 Cor 10:31—11-1; Mk 1:40-45

Fifth Sunday in Ordinary Time

Mass Readings:

Jb 7:1-4, 6-7

1 Cor 9:16-19, 22-23

Mk 1:29-39

GROW: I remember taking my oldest son on a tour of a technical theater program at a state university. He had been considering an IT field – he’s everyone’s go-to whenever a technical issue arises. The theater professor said, “Enroll in our program only if you can’t do anything else.” The implication was clear: Choose this field if you love it so much you can’t imagine pursuing a different career. My son tried a more practical direction, but ultimately came back to theater, where he thrived! I thought of this story when listening to Paul’s Letter to the Corinthians: He preached the Gospel because he *had* to – excuse the double negative, but he could not “not” share the Good News with everyone he met! Once he encountered Jesus, he willingly devoted his life to sharing the story of love and salvation to all those who he encountered – the weak and the powerful, rich and poor, saints and sinners. Let us pray that

God helps us recapture the wonder the crowds must have felt in Jesus’ presence – wonder that compels us to share the Good News, too.



GO: Wherever you happen to live, imagine “the whole town gathered at the door.” Even in the smallest of villages, that would be a big deal! So it was with Jesus, where crowds seemed to follow him

wherever he went, wanting to catch a glimpse of this carpenter’s son who cured the sick and drove out demons. When the disciples found him off by himself, praying, and told him “everyone is looking for you,” Jesus tells them they need to move on to nearby villages. I sense an urgency in Mark’s account of Jesus’ movements, showing Jesus as compelled to reach as many people as possible during his public ministry. As I hear this, I think how easy it is for us Catholics to remain in our comfort zones – whether a favorite pew, the same core group of “parish friends,” or even sticking with one ministry or one Mass time. But, as Jesus shows us, preaching the Good News – witnessing to the power of God in our lives – means we cannot stand idly by. We must share this news.

WITNESS: What if we tried to emulate Jesus, albeit in a small way, by reaching beyond our “circles” to greet someone new at our parish, volunteer for the first time or in a different way, or – yes – sit in a different spot! In doing so, we can challenge ourselves to “stretch” a bit and welcome others into our world.

Written by The Faithful Disciple

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Very Rev. Peter McGuine

AUXILIARY PRIEST

Rev. Maxime Villeneuve, OSA

PRIEST IN RESIDENCE

*Rev. Curtiss Dwyer,
LT, CHC, USN*

DEACONS

*Dcn. John Sawaya
Dcn. Daniel Holgren*

SCHEDULE of MASSES

SUNDAY VIGIL

(Saturday) 3:30 pm

•

SUNDAY

8:00 am, 11:00 am, 3:30 pm

•

MONDAY-THURSDAY AND SATURDAY

8:00 am

Holy days and holidays listed separately in bulletin.

SACRAMENTS

INFANT BAPTISM

Baptisms are celebrated on the second and fourth Sundays of each month at 12:30 pm. Preparation packet is available in the parish office.

RITE of CHRISTIAN INITIATION of ADULTS

Contact Deacon Sawaya
(858) 869-5079.

HOLY MATRIMONY

Marriage preparation begins nine months in advance. Please contact Fr. Peter McGuine or Deacon Sawaya.


PENANCE AND RECONCILIATION

Monday 6:00 pm
Thursday 8:30 am
Saturday 2:00 pm

ANointing of the SICK

Call the parish office
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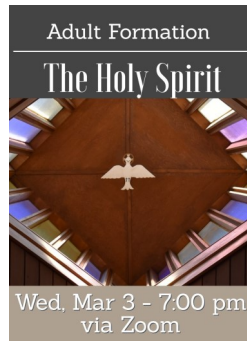
Arthur C. Brooks

Healing the Political Divide: A Path Forward

Arthur C. Brooks, national best-selling author of *Love Your Enemies: How Decent People can Save America from the Culture of Contempt*, leads this virtual event hosted by the National Conflict Resolution Center on Thu, **Feb 11**, at 5:00 pm. Attendance is free. Get more info and register at [NCRCEvents.com](https://www.ncrc.org/Events).

The Holy Spirit Adult Study

Zoom into the next session, The Holy Spirit, taught by our Director of Catechetical Ministry, Lissa Hutcheson, taking place Wed, **Mar 3**, from 7:00 to 8:30 pm. To register for this continuation of *The Profession of Faith Series* visit olg-church.org and click on the "Upcoming Events" ad. There is no fee for this study, Continuing Education Credits are available and all are welcome!



Baby Essentials Collection

The New Life teens are hosting a Baby Essentials Collection to show love and support to mothers and babies served by our local Culture of Life Family Services.



After Masses on the weekends of **Feb 6-7** and **13-14** all are invited to share in this work of mercy by bringing an item (or few) for the collection box. Teens will gratefully accept your donation of NEW blankets, clothing, formula, diapers,

wipes, shampoo and bath wash. *Please note:* this collection is for items only — no cash or checks can be accepted.

Please pray for the repose of the souls of:



CATHERINE SPOSATO COLEMAN

ANDY TONG GEORGIA VAN TIEGHEM

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

The Reality, Spirituality and Implementation of Laudato Si

This Lenten Zoom series focuses on Pope Francis' spiritual message about ecology. Class methodology will be video, lecture, break-out exercises and Q & A. Sessions will meet Wednesdays, 6:30-8:30 pm, **Feb 24 and Mar 3, 10, 17 and 24** and will be taught by the Creation Core Team of the diocesan Office of Life, Peace and Justice. Audit the course (take it for free with no requirements), take the course for professional enhancement (no absences, \$5.00), or take it for credit (no absences, \$10.00 + graded assignments.) Register at tinyurl.com/3vr9s4y9.



Fratelli Tutti—Sisters and Brothers All

On Wed, **Feb 10**, at 6:30 to 8:00 pm the Office of Life, Peace and Justice Zooms voices from various faith traditions to interpret the message of Pope Francis on aspects of our present national and world. No cost. Register at tinyurl.com/45j4sc9f

LoveEd 2021 has been canceled

LoveEd is our program that brings grades 5-6 and 7-8 moms and daughters, dads and sons together to share the beauty in the dignity of the body. We will resume registration for this program in Fall of 2021.

End of Year Donor Statements

Donor statements were mailed on **Jan 30** to parishioners who contributed \$200.00 or more to Our Lady of Grace parish in 2020. If you do not receive your statement and would like one, please visit olg-church.org and click on "Request a 2020 Contribution Statement" in the Quick Links column.

Confirmation Preparation for Catholic Adults

Feb 22 - Mar 29 (Six Monday Evenings)



Adults 18 years of age and older who have received the Sacraments of Baptism and Eucharist but who have not received the Sacrament of Confirmation

are invited to gather from 7:00 to 8:30 pm in the Prince of Peace Room. To find out more call (619) 466-5656 or email lhutcheson@olg-church.org.

Build a Thriving & Divorce-proof Marriage

The Diocese of San Diego Office for Family Life and Spirituality is offering this no fee Zoom event on Wed, **Feb 24** at 7:00 pm.

Geared for young adults who fear the prevalence of divorce, this practical talk offers a roadmap based on the Church's wisdom, marriage research and time-tested couples experience.

Register at <https://tinyurl.com/ThrivingMarriage>.



For a complete list of spiritual development and social opportunities for Catholic adults in their 20s & 30s follow Instagram @sd.ecya or visit

sdcatholic.org/office-for/young-adult-ministry

A Little Humor

Apriest was invited to attend a house party. Naturally, he was properly dressed and wearing his priest's collar. A little boy kept staring at him the entire evening. Finally, the priest asked the little boy what he was staring at. The little boy pointed to the priest's neck. When the priest finally realized what the boy was pointing at, he asked him, "Do you know why I am wearing that?" The boy nodded his head yes, and replied, "It kills fleas and ticks for up to three months."



Wrinkles: Something other people have... similar to my character lines.

If your eyes hurt after you drink your coffee you have to take your spoon out of the cup!

SOME IMPORTANT DATES FOR LENT

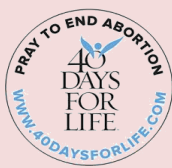
ASH WEDNESDAY | Feb 17*A day of fast and abstinence***Masses with Blessings and Distribution of Ashes****8:00 & 10:00 am; 4:00 pm**

Due to COVID-19 protocols ashes to be applied in a different way. Bishop McElroy directed the pastors to administer the ash after the general prayer using a cotton swab to make the cross on the person's forehead. Nothing will be said at that point and all will be wearing masks. A new swab will be used for each person.

**Sacrament of Penance and Reconciliation***In the "Children's Chapel" of the church*

Mondays 6:00 pm; Thursdays 8:45 am; Saturdays at 2:00 pm (moves to 4:00 pm starting **Mar 20**.)

Due to COVID-19 protocols there will be no Communal Penance Services in the Diocese of San Diego. General Absolution will be imparted at all the week-end Masses of **Mar 7 and 21**.

**Now through Mar 28**

OLG's Prayer Day is Sunday!

Can you pray for one hour to end abortion?

Volunteers are needed for one hour prayer shifts in the public right-of-way outside Planned Parenthood. The location is at 1685 E Main St, El Cajon.

Visit 40DaysForLife.com/elcajon for more info and to schedule a prayer time online or contact Vicki at (619) 647-5793.

Now Hiring

Catholic Community Foundation is searching for a new Chief Executive Officer. See full job details at ccfsd.org/about-us/careers. Apply by email at careers@ccfsd.org.

**Substance Abuse Addiction Help Resources**

There are many barriers that discourage people from getting the help they need to overcome substance abuse disorders and cost is a significant factor.

Help.org is a group of medical professionals who, through conversations with addiction experts across the US, created a guide that provides comprehensive information of topics like available care options, financial support and free resources that are available in California.

HELP
- ORG

SAN DIEGO ADULT COMMUNITY

Activities and a social network for adult Catholics: College Age, Young Adults (20s & 30s), Adult (40s & 50s), Active 60s+. Learn more at sandiegocac.org.

YOUTH MINISTRY

Visit olg-church.org to get Jr. High and/or High School event details. Click "Serve" then "Parish Groups" and under "Youth Groups" choose ES-CAPE (Jr. High) or New Life (High School).



PRAYER REQUESTS

Please pray for those who have requested prayer and for the special intentions written in the Book of Intentions in the Baptistry of our church.

Patricia Adams	Rebecca Leyden
Griselda Albanez	Tim Leyden
Heriberto Albanez	Jose A. Lopez
Tilly Allison	Mickey Lyle
Gabriela Alvarenga	Donald Marsh
Marvin Alvarenga	Dorothy O'Gara
Mari Kay Ames	John Peden
Angie Arrayan	Ann Renzi
Patrick Attardo	Anthony Renzi
Gary Barker	George Roehrich
Angie Biner	Sharisse Rola
Carol Bessone	Roberta Salvatore
Anita Branch	Clayton Schenkelberg
Pat Burke	Roy Seibert
Stephanie Butcher	Joseph Shecora
Pam Carlson	Rose Sheehan
Tim Clasemen	Karen Tabadisto
Mary Michelle Conway	Terry Tedrow
Corral Family	Hibe Thornton
Pam Curto	Woody Topping
Mark Habina	Eve Ulshoeffter
Brenda Hilgeman	Marilyn Winger
Susan Hori	Kyle Wollet
Maha Jabra	

Names remain listed for four weeks and can be renewed by contacting Marie Pospichal at mpospichal@olg-church.org.



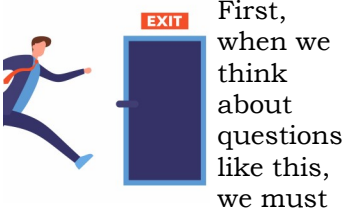
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Is it ever okay to leave Mass before it ends?

This is an interesting question because beneath the surface there seems to be an assumption that if it's okay, then why do we have to stay after we receive communion? The short answer is "no," but we definitely want to go a bit deeper as we consider why.



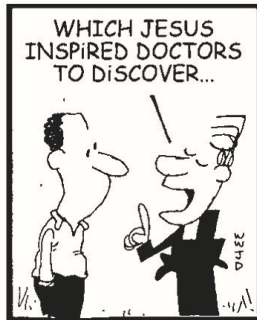
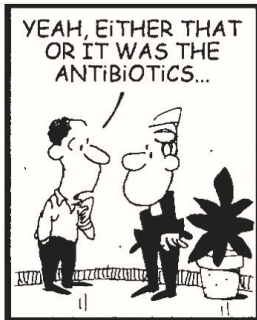
First, when we think about questions like this, we must consider this in adult terms. If there is something gravely important that we need to do, then we must attend to that.

However, if it is a matter of convenience or preference, then we really have to stop and think again.

Second, while we always want to recognize the importance of sacramental communion in the Mass, we also need to understand how important the time of thanksgiving and prayer after communion is. This is summarized in the Prayer After Communion offered by the celebrant and then we are also commissioned to "Go forth" during the Dismissal of the Mass, reminding us that we have been entrusted with a gift—the Word of God and the Presence of Christ in the

sacrament—and that we are to share that gift with others.

If we simply leave after we receive communion, we risk two things. First, there is the possibility that we will turn our reception of communion into a purely personal, individual experience that is separated from our common experience of worship—and communion in the fullest sense—and, second, we lose an opportunity for gratitude and serious reflection if we simply leave after communion. This time of thanksgiving, reflection, and ultimately, missioning, are important and, in the end, an essential part of the celebration of the Mass.



"If men knew the peace good Religious enjoy, the whole world would become a monastery."

**~Saint Scholastica
Feast Day Feb 10**

WEEKLY OFFERING REPORT

January 26 – February 1, 2021

\$18,071.30

Plate	\$ 946.30
Envelopes	\$ 10,305.00
Online Giving	\$ 6,820.00

Breakdown of Gifts Received

\$0.01 - \$5.00	14
\$5.01 - \$10.00	17
\$10.01 - \$25.00	64
\$25.01 - \$50.00	68
\$50.01 - \$100.00	37
\$100.01 - \$150.00	17
\$150.01 - \$500.00	18
\$500.01 - Over	2

Total Contributing Households

237

Additional Gifts

Building Fund	\$ 2,788.00
Food Pantry	\$ 1,112.00
School Support - Tuition Assistance	\$ 290.00

Please Consider Online Giving

Give a one-time gift or set up recurring gifts

Visit olg-church.org and click on the "Online Giving" image or link (or use the QR code with your smart phone app). Thank you!



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 FAX: (619) 469-0575
 WEB: OLG-CHURCH.ORG
 HOURS: MON-THU 8:30 AM-4:30 PM

Pastor **FR. PETER MCGUINE** | Ext. 17
 Deacon **DCN. JOHN SAWAYA**
 Business Manager **PATRICIA KANE** | Ext. 12
 Special Projects Coordinator **KEN DISCENZA** | Ext. 24
 Bookkeeper **SIONI BAUTISTA** | Ext. 16
 Office Manager **MARIE POSPICHAL** | Ext. 10
 Publicity & Comms **GEORGENE KRUZEL** | Ext. 33

Housekeeping **MARIA ARIAS**
 Maintenance & Facilities **DAN BRESLIN & VINCE OLIVER**

MATTHEW HILGEMAN

LITURGICAL MINISTRIES

Liturgy Coordinator **ROSA HILGEMAN** | Ext. 14

Interim Director of Liturgical Music
JONATHAN GONZALES | Ext. 26
Cantate Kids and Gaudete Choir (11:00 am Sun)

Director **ROBERT FILLEY**
Laudate Ensemble (3:30 pm Sun)

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Director of Catechetical Ministry **LISSA HUTCHESON**
 Youth Ministry Coord. Jr. High, Sr. High
DORIS HERTZIG (619) 466-5451



For answers to almost every question about Our Lady of Grace liturgies, ministries and parish activities please visit our website at olg-church.org
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Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at (858) 490-8353 or email misconduct@sdcatholic.org.

If any of your personal information has changed please call the Parish Office to let us know. We strive to keep our family records up-to-date.



PARISH SCHOOL

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 FAX: (619) 466-8994
 WEB: OLG.ORG
 HOURS: WEEKDAYS 7:15 AM-3:30 PM
 (DURING SCHOOL YEAR)

Principal **ERIN MARES** | Ext. 11
 emares@olg.org
 Vice-Principal **RACHEL SATO** | Ext. 27
 rsato@olg.org
 Development & Admissions **KELLI BALISTRERI** | Ext. 16
 kbalistreri@olg.org
 Secretary **LINDA PETERS** | Ext. 10
 lpeters@olg.org

PARISH MINISTRIES AND ORGANIZATIONS

To email members of the parish staff or the ministry leaders listed below please visit our website at: olg-church.org - click on the "Contact Us" link in the upper right corner of the browser window.

For a ministry leader phone number please call the Parish Office at (619) 469-0133.

55 PLUS CLUB—Mary Cloward**BLOOD DRIVE**—Debbie Ipsen**CATHOLIC WOMEN'S CLUB—CWC**

CWC—Mary Cloward
 Book Club—Julie Hazelton
 Craft Fair—Kathy Porterfield

CENTERING PRAYER—Irma Eichinger or Beatrice Doblado**CUB SCOUTS**—Pack 951—Crystal Carr**CURSILLO**—Dcn. John Sawaya**EVENTS COMMITTEE**—Nettie Aguinaldo

FOOD PANTRY—Since 1981 (619) 469-0061
 Bob Cosgrove M-F, 9:30-11:00 am

HOLIDAY ANGELS—Since 1988—Lesley Bradley**INTERNATIONAL CATHOLIC FAMILIES—ICF**

Carla Pedroncelli

KNIGHTS OF COLUMBUS—Frances Cabrini Council 8879

Lou Crow, Grand Knight

LADIES OF GRACE—Rosemarie McLain**LEGION OF MARY**—Since 1987—Dee Draper**MEN FOR CHRIST**—Steve Faucher**MINISTRY TO THE SICK & HOMEBOUND**

Rosa Hilgeman

PRAYER QUILT MINISTRY—Since 2006

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Danica Hertzog



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Before After

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