

Gaudete Sunday

OUR LADY of GRACE CATHOLIC CHURCH

“I rejoice heartily in the LORD,
in my God is the joy of my soul...”

~ Is 61:10a

PRIEST'S INTENTIONS FOR MASSES

Sun, Dec 13	THIRD SUNDAY OF ADVENT
3:30 pm	<i>Spec Int</i> of the Mix family
8:00 am	For the People of the Parish
11:00 am	† Don & † Muriel Sloan
3:30 pm	† John & † Helen Porterfield
Mon, Dec 14	Saint John of the Cross, Priest, Doctor of the Church
8:00 am	† Frank Cotter
Tue, Dec 15	Advent Weekday
8:00 am	<i>Spec Int</i> of the Ibarrola family
Wed, Dec 16	Advent Weekday
8:00 am	† Nicholas Petersen
Thu, Dec 17	Advent Weekday
8:00 am	† Fred & † Barbara Cosgrove
Fri, Dec 18	Advent Weekday
	No Mass
Sat, Dec 19	Advent Weekday
8:00 am	† Elizabeth Nguyen
Sun, Dec 20	FOURTH SUNDAY OF ADVENT
3:30 pm	† Arthur Vitalis
8:00 am	† Mark Steckbauer
11:00 am	† James Sayler
3:30 pm	For the People of the Parish

Welcome to OUR LADY of GRACE!

Welcome to all who are joining us for the celebration of the Eucharist. There are many ways and parish organizations to participate in our life in Christ. See the directory on page 7.

We invite all who attend OLG to become registered members of our parish. Registration forms are available on the table in the main entry of the church or the parish office. Registration allows us to communicate and effectively provide for your needs. It is necessary for baptism, marriage, and godparent or sponsor certification.

Mindfulness of Others—Please silence all devices and refrain from using them during the liturgy. The parish has a Children's Chapel located in the northwest corner of the church. Parents with restless children are welcome to make use of this chapel at any time during Mass should it be necessary. We ask that this chapel, like the church itself, remain free of food and drink.

Allergies—The first morning Mass of the Sunday or holy day will always be incense-free. The Sunday 11:00 am Mass will often include the use of incense.



We love having you as part of our flock! Get updates about Masses and parish life via email or text! Sign up! Visit olg-church.org and look for the blue and white sheep.

Public Mass Update

San Diego County is in the COVID-19 Purple Tier meaning Masses must be celebrated outside. If Mass is canceled due to inclement weather, a Flocknote email will be sent. Visit olg-church.org for current info. When Mass is celebrated outside in front of the church, bring a blanket or lawn chair to sit on. Face coverings are required, as is physical distancing. Bottled water, hats, hand sanitizer, and sunscreen are recommended. Our Ambassadors will be present to assist you. The obligation to attend Mass on Sundays and holy days of obligation continues to be dispensed by Bishop McElroy.

Streamed Online Mass Information Available

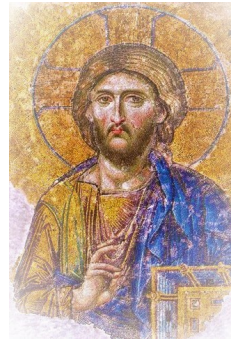
On the parish website we have listed multiple links to options to participate in Sunday and daily Mass online in the Diocese of San Diego and beyond. Visit the olg-church.org homepage and click on the gold "Online Mass Info and Other Sustaining Faith Resources in the Time of Pandemic" bar. Scroll to Mass links.

"In the inner stillness where meditation leads, the Spirit secretly anoints the soul and heals our deepest wounds."

~ St. John of the Cross, Feast Day Dec 14

Invitation to the R.C.I.A.

Our Lady of Grace Parish welcomes all who seek to enrich their faith life and explore the possibility of becoming a Catholic Christian. Our community shares and celebrates this journey with them through a process called "The Rite of Christian Initiation of Adults." If you are curious about what Catholics believe and may be interested in learning more about joining the Catholic faith—or perhaps you are an adult Catholic looking to be fully initiated—you are cordially invited to enter the R.C.I.A. process and experience a new and enriched meaning to your life through renewed faith and love. Please contact Deacon John Sawaya at (858) 869-5079 or use the "Contact us" link on the parish webpage.



READINGS FOR DEC 13 - 20

Sun:	Is 61:1-2a, 10-11; 1 Thes 5:16-24; Jn 1:6-8, 19-28
Mon:	Nm 24:2-7, 15-17a; Mt 21:23-27
Tue:	Zep 3:1-2, 9-13; Mt 21:28-32
Wed:	Is 45:6b-8, 18, 21c-25; Lk 7:18b-23
Thu:	Gn 49:2, 8-10; Mt 1:1-17
Fri:	Jer 23:5-8; Mt 1:18-25
Sat:	Jgs 13:2-7, 24-25a; Lk 1:5-25
Sun:	2 Sm 7:1-5, 8b-12, 14a, 16; Rom 16:25-27; Lk 1:26-38

Third Sunday of Advent

Mass Readings:

Is 61:1-2A, 10-11

1 Thes 5:16-24

Jn 1:6-8, 19-28

GROW: The prophet's words in the Book of Isaiah are bursting with hope: "The Lord ... has sent me to bring glad tidings to the poor, to heal the broken-hearted, to proclaim liberty to the captives and release to the prisoners, to announce a year of favor from the Lord." As we enter the third week of Advent, these words may resonate more deeply for many of us as we look back on 2020. We know that for many of the world's people, struggle can be an everyday reality; however, after this year marked by pandemic, mourning, racial injustice, and mounting unemployment, the prophet's hope-filled words may hit home more acutely. Regardless of what 2020 has been like for us, Advent is a reminder that we have reason for hope: in Emmanuel, God

with us. Let us prepare our hearts and our minds for Christ's coming through prayer, confident



that the Lord will fulfill the promises of the prophet.

GO: Light! Here in the Midwest in December we

don't see nearly enough of it. Every year I consider purchasing a "happy lamp" and vow to "up" my Vitamin D intake. Perhaps that's why I was taken by the line in today's Gospel describing John the Baptist: "He came ... to testify to the light, so that all might believe through him." As predicted by John the Baptist and the prophet, Christ came to dwell among us, and remains within us through the Eucharist and the working of the Holy Spirit. We, like John the Baptist, can "testify to the light" by sharing Christ's presence through our witness to others.

WITNESS: Last week we focused on making God's kindness visible through our words and actions toward the people with whom we live and interact regularly; this week, let our witness focus on testifying to the light in our digital presence and encounters. Make your words be those that foster hope and promise rather than incite division.

Written by The Faithful Disciple

COVID-19 Vaccines

On Dec 3, the California Catholic Conference released a statement on behalf of all 12 California arch/dioceses endorsing the use of the Pfizer and Moderna COVID-19 vaccines and pledging their support for state and local efforts to distribute the vaccines to vulnerable populations: "All the arch/dioceses in California together with Catholic health care ministries and Catholic Charities support the eradication of disease that disrupts human life. The Pfizer and Moderna vaccines promote health in face of a devastating pandemic that no one expected.

We want to reemphasize that the origins of the vaccines are morally acceptable from a Catholic perspective and their advancement fosters the common good. We also affirm that those who are most vulnerable must have a privileged place in their distribution and allocation." These vaccines **do not rely on fetal stem cells and there are no moral impediments to recommending their use.**

The full statement is available at cacatholic.org/covid-vaccines.



OUR LADY OF GRACE CHURCH

Founded 1954

CLERGY

PASTOR

Very Rev. Peter McGuine

AUXILIARY PRIEST

Rev. Maxime Villeneuve, OSA

PRIEST IN RESIDENCE

*Rev. Curtiss Dwyer,
LT, CHC, USN*

DEACONS

*Dcn. John Sawaya
Dcn. Daniel Holgren*

SCHEDULE of MASSES

SUNDAY VIGIL

(Saturday) 3:30 pm

•

SUNDAY

8:00 am, 11:00 am, 3:30 pm

•

MONDAY-THURSDAY AND SATURDAY

8:00 am

Holy days and holidays listed separately in bulletin.

SACRAMENTS

INFANT BAPTISM

Baptisms are celebrated on the second and fourth Sundays of each month at 12:30 pm. Preparation packet is available in the parish office.

RITE of CHRISTIAN INITIATION of ADULTS
Contact Deacon Sawaya
(858) 869-5079.

HOLY MATRIMONY

Marriage preparation begins nine months in advance. Please contact Fr. Peter McGuine or Deacon Sawaya.

PENANCE AND RECONCILIATION

*Monday 6:00 pm
Thursday 8:30 am
Saturday 2:00 pm*

ANointing of the Sick

Call the parish office
(619) 469-0133.



Welcome to the Christian family Baptized at OLG on Sun, Dec 13

ANDREW MICHAEL ZEBIAN

*"You have become a new creation,
and have clothed yourself in Christ..."*

Last Day to Pick Up OLG School Gift Cards

The OLG School Gift Card Purchase program is now closed. Your gift card purchases can be picked up before or after the weekend Masses of **Dec 12 and 13**.



Parish Funeral Liturgy Notices

Did you know that you can sign-up to receive parish funeral liturgy notices by email? It's simple!

If you already receive the Weekly Bulletin Note or Parish Life Note emails each week you have a Flocknote account.

- From an open Flocknote email click on the "My Info" link at the bottom.
- Click the "Groups" icon under your profile picture, and then "+Join another group".
- Click on "OLG Funeral Note" and you are done!



If you are not receiving parish Flocknotes, but would like to start, visit olg-church.org and click on the blue and white sheep to sign up.

New Walking With Purpose Women's Series

Can we trust God's love for us? Bring your doubts to the table and learn to feed on the truth! WWP meets via Zoom on **Dec 16** at 6:30 pm. Email danicalew@gmail.com for a Zoom link or to learn more. No previous participation is necessary.



Christmas Masses

Christmas Eve, Dec 24
1:00 and 3:00 pm

Christmas Day, Dec 25
9:00 and 11:00 am



Ninth Annual San Diego Walk for Life

Stand up for Life at the 9th annual San Diego Walk for Life: a hybrid week-long event, **Jan 11-16**, which includes a series of webinars, a virtual concert, two Masses and a vehicle caravan that will replace the actual walk. The theme is *"Never Alone: Meeting their Needs at Every Turn."* Mass will be outdoors with a livestream option. We encourage you to show your pro-life spirit by wearing blue for the webinars and Mass and by decorating your cars with life-affirming signs. Check the entire program at sdcatholic.org/event/san-diego-walk-for-life.

Envelopes are on the church info table or donate online at olg-church.org!

Retirement Fund for Religious

Please give generously to this annual collection

DEC 12-13

Year-round Prayers Needed

The team of 40-Days for Life reminds us to continue prayers to close two abortion providers in El Cajon. Prayer from home is just fine but if you are able, please gather with them to peacefully pray the Rosary in front of Planned Parenthood, 1685 E. Main St, El Cajon, any Fri or Sat from 9:00 to 10:30 am. For more details, call Vicki at (619) 647-5793.



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A Little Humor for Gaudete Sunday!

My 8 year-old in the car today: Do you want me to throw the confetti in my pocket?

Me: No, not in the car! Why do you have confetti in your pocket?

8yo: It's my emergency confetti, I carry it everywhere in case there is good news!"



Discern the Spirit

Often we get an intuition, a burning in the heart that feels motivating. It may tell us to speak up or shut up; to reach out or keep our hands off a situation; to admit we need help or to stop leaning on others. Do we obey the prompt, or ignore it? The problem with following what may be a divine nudge is that we can't always discern the Holy Spirit from a lesser kind. Discernment involves prayer, familiarity with scripture, consultation with faithful others, and sometimes spiritual direction. Above all, it needs to be practiced. Befriend the Spirit!



Mental Health Resources from our Diocese

The "Mental Health" webpage of the Office for Family Life & Spirituality at the Diocese of San Diego offers a comprehensive list of links to help with many mental health challenges.

The webpage provides links to sites that provide face-to-face online therapy sessions with licensed psychologists, social workers and other mental health disciplines with a wide variety of specialties.

Additional resources include a Crisis Text Line

and links to local Affiliated Groups to help with overcoming depression, post-abortion healing, survivors of suicide loss and more.



Also, a list of therapists for referral is available by calling (858) 490-8299.

To access these resources visit olg-church.org then click on the image shown above.

EAST COUNTY YOUNG ADULT COMMUNITY

Tue, **Dec 15 and 22:** *Advent Series* on the topics of Hope, Love and Joy respectively, at 7:00 pm. St. Therese Parish, 6400 St Therese Way, SD 92120.



For a complete list of spiritual development and social opportunities for Catholic adults in their 20s & 30s follow Instagram @sd.ecya or visit

sdcatholic.org/office-for/young-adult-ministry.

In addition, OLG will host the December Young Adult Monthly Night of Worship. Exposition of the Blessed Sacrament with Advent Evening Prayer and Benediction takes place on **Dec 16** at 6:00 pm in the Mary Grotto near the Parish Center.

SAN DIEGO ADULT COMMUNITY

Activities and a social network for adult Catholics: College Age, Young Adults (20s & 30s), Adult (40s & 50s), Active 60s+. Learn more at sandiegocac.org.

YOUTH MINISTRY AND FORMATION

Calendar Update: New Life youth group will not meet on Sunday evenings during December.

Visit olg-church.org to get Jr. High and/or High School event details. Click "Serve" then "Parish Groups" and under "Youth Groups" choose ESCAPE (Jr. High) or New Life (High School).



PRAYER REQUESTS

Please pray for those who have requested prayer and for the special intentions written in the Book of Intentions in the Baptistry of our church.

Patricia Adams	Susan Hori
Griselda Albanez	Rebecca Leyden
Heriberto Albanez	Tim Leyden
Tilly Allison	Mickey Lyle
Gabriela Alvarenga	Donald Marsh
Marvin Alvarenga	Patricia Parr
Mari Kay Ames	Richard Pezanoski
Angie Arrayan	Dorothy O'Gara
Patrick Attardo	Ann Renzi
Gary Barker	Anthony Renzi
Carol Bessone	George Roehrich
Angie Biner	Sharris Rola
Anita Branch	Joseph Shecora
Pat Burke	Clayton Schenkelberg
Stephanie Butcher	Roy Seibert
David Byram	Karen Tabadisto
Pam Carlson	Hibe Thornton
Brian Cashman	Andy Tong
Tim Clasemen	Eve Ulshoeffer
Helen Dalton	John Voll
Mark Habina	Marilyn Winger
Brenda Hilgeman	Kyle Wollet

Names remain listed for four weeks and can be renewed by contacting Marie Pospichal at mpospichal@olg-church.org.

Gratitude in Action



2020 Annual Catholic Appeal supports Catholic Schools, Clergy & Seminarian Support, Faith Formation and Catholic Charities.

Visit olg-church.org to give or pledge!

5 Reasons Why You Should Sign Up for FORMED.org

1. It's a **FREE GIFT** for you, paid for by the parish
2. Your gift includes **the best Catholic content** for all ages in one place. Access thousands of entertaining movies, enlightening programs, inspiring talks, and a great selection of popular ebooks — all just a click away!
3. Watch **inspiring movies and feature films** about the saints, documentaries exploring popular Catholic topics, and award-winning children's programming -- in English or Spanish!
4. Diving into the beauty of the Faith has never been easier: **at home, on the go, or from any internet connected device** - phone, tablet, laptop or desktop.
5. **At your discretion, sign-up** and receive 1-2 min clips daily or weekly notice of recommended content.

Create your account

- Visit [FORMED.org](https://www.formed.org)
- Click the Sign Up
- Select "Sign up as a parishioner"
- Find Our Lady of Grace parish by name or zip
- Enter your email and you are in!

Once you have your account:

- Visit [FORMED.org](https://www.formed.org)
- Click the Sign In
- Enter your email
- Click the link in the email sent to you
- You're in! No more passwords!

And, don't forget you can watch programs on your Smart TV to engage the whole family!



Some End-of-Year Requests and Reminders

After all that has happened this year — from the quarantine of our families, to the shuttering and Reopening of our parish, school classes moving to online instruction, and the complexities of politics and calls for social justice — there is a clear take away: God is calling us for more. And, for our staff and ministry teams to answer this calling, we need your support.

For so many months this year, our church had to “reverse engineer” how to safely bring the sacraments to parishioners, sustain our ministries and reopen our school. As we continue this “new way of life” (for now), please prayerfully consider a year-end gift to Our Lady of Grace parish.

When you make a contribution to your parish, you allow amazing things to happen! Families are fed, the sick are visited, people are catechized, and Jesus strengthens His people through the sacraments. Gifts may be made online, by check or by cash. Big or small, all donations make a difference.

If you haven't already signed up to give online, please consider it today — online giving is fast, easy and safe. And, if you set up recurring gifts, you have a huge impact on the stability of funding our ministries and outreach programs.

To give online:

- Visit olg-church.org and click the “Online Giving” image or link.
- Create a new account, log in (if you already have an account) or choose “Quick Give” for a fast, one-time giving option.



- Follow the prompts to set up your donation with your credit card or bank information.

Thank you for all you do to make an impact in our faith community and the community at large. With your prayers and financial support, we'll come out of this pandemic stronger than ever before!

Donations received or postmarked by Dec 31 will be included in your 2020 contribution statement which will be mailed no later than Jan 31, 2021.

Also, **please remember to complete all payments for your 2020 Annual Catholic Appeal pledge before Dec 31.** If you have yet to participate in this year's Appeal, it's not too late! Visit sdccatholic.org/giving/annual-catholic-appeal.

Thank you!

Secure Parish Online Giving Give a one-time gift or set up recurring gifts.

Visit olg-church.org and click on the Online Giving image or link (or use the QR code with your smart phone app!).



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OUR LADY of GRACE PARISH AND SCHOOL DIRECTORY

2766 NAVAJO ROAD, EL CAJON, CA 92020



PARISH OFFICE

PHONE: (619) 469-0133
 FAX: (619) 469-0575
 WEB: OLG-CHURCH.ORG
 HOURS: MON-THU 8:30 AM-4:30 PM

Pastor **FR. PETER MCGUINE** | Ext. 17
 Deacon **DCN. JOHN SAWAYA**
 Business Manager **PATRICIA KANE** | Ext. 12
 Special Projects Coordinator **KEN DISCENZA** | Ext. 24
 Bookkeeper **SIONI BAUTISTA** | Ext. 16
 Office Manager **MARIE POSPICHAL** | Ext. 10
 Publicity & Comms **GEORGENE KRUZEL** | Ext. 33

Housekeeping **MARIA ARIAS**
 Maintenance & Facilities **DAN BRESLIN & MATTHEW HILGEMAN**

LITURGICAL MINISTRIES

Liturgy Coordinator **ROSA HILGEMAN** | Ext. 14

Director of Liturgical Music **PAUL MAY** | Ext. 26
Cantate Kids and Gaudete Choir (11:00 am Sun)

Director **ROBERT FILLEY**
Laudate Ensemble (5:30 pm Sun)

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PHONE: (619) 466-5656

Director of Catechetical Ministry | **LISSA HUTCHESON**
 Youth Ministry Coord. Jr. High, Sr. High **DORIS HERTZIG** (619) 466-5451



For answers to almost every question about Our Lady of Grace liturgies, ministries and parish activities please visit our website at olg-church.org And Like Us on Facebook!

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at (858) 490-8353 or email misconduct@sdcatholic.org.

If any of your personal information has changed please call the Parish Office to let us know. We strive to keep our family records up-to-date.



PARISH SCHOOL

PHONE: (619) 466-0055
 FAX: (619) 466-8994
 WEB: OLG.ORG
 HOURS: WEEKDAYS 7:15 AM-3:30 PM
 (DURING SCHOOL YEAR)

Principal **ERIN MARES** | Ext. 11
 emares@olg.org
 Vice-Principal **RACHEL SATO** | Ext. 27
 rsato@olg.org
 Development & Admissions **KELLI BALISTRERI** | Ext. 16
 kbalistreri@olg.org
 Secretary **LINDA PETERS** | Ext. 10
 lpeters@olg.org

PARISH MINISTRIES AND ORGANIZATIONS

To email members of the parish staff or the ministry leaders listed below please visit our website at: olg-church.org - click on the "Contact Us" link in the upper right corner of the browser window.

For a ministry leader phone number please call the Parish Office at (619) 469-0133.

55 PLUS CLUB—Mary Cloward

BLOOD DRIVE—Debbie Ipsen

CATHOLIC WOMEN'S CLUB—CWC

CWC—Mary Cloward

Book Club—Julie Hazelton

Craft Fair—Kathy Porterfield

CENTERING PRAYER—Irma Eichinger or Beatrice Doblado

CUB SCOUTS—Pack 951—Crystal Carr

CURSILLO—Dcn. John Sawaya

EVENTS COMMITTEE—Nettie Aguinaldo

FOOD PANTRY—Since 1981

Bob Cosgrove

(619) 469-0061

M-F, 9:30-11:00 am

HOLIDAY ANGELS—Since 1988—Lesley Bradley

INTERNATIONAL CATHOLIC FAMILIES—ICF

Carla Pedroncelli

KNIGHTS OF COLUMBUS—Frances Cabrini Council 8879

Lou Crow, Grand Knight

LADIES OF GRACE—Rosemarie McLain

LEGION OF MARY—Since 1987—Dee Draper

MEN FOR CHRIST—Steve Faucher

MINISTRY TO THE SICK & HOMEBOUND

Rosa Hilgeman

PRAYER QUILT MINISTRY—Since 2006

Nettie Aguinaldo

PRO-LIFE

Mary Dixon

Vicki Whitmire (40 Days for Life)

WALKING WITH PURPOSE—Women's Bible Study

Danica Hertzog



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