



“ALL BITTERNESS, FURY, ANGER,
SHOUTING AND REVILING
MUST BE REMOVED FROM YOU
ALONG WITH ALL MALICE.

AND BE KIND TO ONE ANOTHER,
COMPASSIONATE, FORGIVING
ONE ANOTHER AS GOD HAS
FORGIVEN YOU IN CHRIST.”

~EPHESIANS 4:31-32

Nineteenth Sunday in Ordinary Time

Mass Readings:

1 Kgs 19:4-8

Eph 4:30—5:2

Jn 6:41-51

GROW: We have apps that monitor our sleep and calories, and remind us to get our steps in. Short on time? We order takeout or subscribe to a meal service. Yet, despite these modern conveniences, I would guess that most of us don't sleep enough or consistently eat well. And we pay the price, whether in the short or long term. Enter Elijah, who had reached his limit physically and mentally. Yet after an angel provided him food and drink, Elijah found the strength to walk 40 days and 40 nights. Impressive! But that's God for us! And in the provision of his Son, *we* have food and drink – bread from heaven – that not only sustains us for our journey on earth but offers the possibility of eternal life. This is our belief; this is what Jesus says to us. And that alone can

give us strength, and hope, even when we're having an "Elijah" moment. For at each and every holy Mass, Jesus invites us to the table,



offering us food that not only sustains but also transforms us. Taste and see the goodness of the Lord, indeed!

GO: Just as a good night's sleep and proper nutrition help us function our best, the Word of God and the Eucharist, and our communal life of faith, provide the spiritual nourishment we need as we strive to be *imitators of God* in our daily lives, as Saint Paul says. As we partake of Christ in the Eucharist, perhaps we can say a prayer of thanksgiving and ask Jesus to help us grow in the ways of love that Paul outlined: kindness, compassion, and forgiveness toward the people we encounter. It could mean letting go of a grudge, becoming more conscious of the needs of others, listening respectfully to someone with whom we disagree, or perhaps forgiving ourselves. The Holy Spirit will guide us.

REFLECT: Think about the ways the Mass transforms you. It may be something subtle – the spirit of consolation and the feeling that things are right in your world – or you may have been particularly moved by the readings, homily, music, or silent prayer. Tell someone about it!

Written by The Faithful Disciple

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*Rev. Curtiss Dwyer,
LT, CHC, USN*

DEACON

Dcn. John Sawaya

SCHEDULE of MASSES

SUNDAY VIGIL

(Saturday) 5:30 pm

SUNDAY

8:00 am, 11:00 am, 5:30 pm

MONDAY–THURSDAY AND SATURDAY

8:00 am

Holy days and holidays listed separately in bulletin.

SACRAMENTS

INFANT BAPTISM

Baptisms are celebrated on the second and fourth Sundays of each month at 12:30 pm. Preparation packet is available in the parish office.

RITE of CHRISTIAN INITIATION of ADULTS

Contact Deacon Sawaya
(858) 869-5079.

HOLY MATRIMONY

Marriage preparation begins nine months in advance.

Please contact
Fr. Peter McGuine or
Deacon Sawaya.

PENANCE AND

RECONCILIATION

Monday 6:00 pm
Thursday 8:45 am
Saturday 4:00 pm

ANointing of the SICK

Call the parish office
(619) 469-0133.

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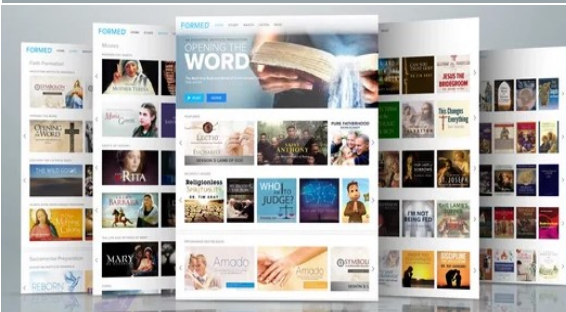
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Following in Saint Joseph's Footsteps: A workshop for new dads, expecting dads and future dads

Join with other men on Thu, **Aug 19** from 7:00 - 8:30 pm over Zoom to explore the vocation of fatherhood.

What does it mean to be a role model for your family? How can you balance your family relationships and your other commitments? How can you deepen your family's spirituality? This event is presented by the Diocese of San Diego's Office for Family Life and Spirituality. For more info email Janelle at jperogoy@sdccatholic.org.



Registration for OLG's School of Religion

Registration is now open for our Wednesday afternoon religious education programs for kinder thru Jr. High. Classes start Wed, **Sept 1**. Learn more and register your children at tinyurl.com/294h9af6 or call Lissa at (619) 466-5656.



Registration for Levels 1 & 2 Confirmation

Registration is now open for high school youth who wish to prepare to receive the sacrament of Confirmation. Our sessions meet bi-weekly on Sundays from 6:45 to 8:30 pm beginning **Sept 19**. For more info visit tinyurl.com/5zpfumf7.

“The best thing for us is not what we consider best, but what the Lord wants of us.”

~Saint Josephine Bakhita

Homeschool Sacrament Preparation

QUESTION:

We are considering homeschooling our children. Does this present a problem when it is time for them to receive the sacraments? What must we do?

Answer:

Homeschooling is legal in all fifty states and like other types of education, has its advantages and its drawbacks. There are many factors to consider, and each family has to decide what the best way to educate its children is. With religious education, many dioceses have a formal policy that outlines procedures and expectations, some of which include more than just academic information. Call the religious education office to find out what they are for your area.

In general, though, an appointment with your parish priest to discuss your situation is the best first step. An opportunity to discuss what is available, what the expectations are for each sacrament, and how you can best prepare your child helps make your time of preparation more effective. The priest can direct you to good

YOUTH MINISTRY ACTIVITIES

NEW LIFE HIGH SCHOOL YOUTH GROUP

Tue, **Aug 10 - Game Night**
Meet in the OLG Youth Room from 6:00 to 8:00 pm.

Wed, Aug 11 - Beach Night/BBQ

At La Jolla Shores from 6:00 to 8:30 pm. Get details online using link below.

Tue, Aug 17 - Movie Night

Meet in the OLG Youth Room from 6:00-8:30 pm. Movie: *How to Train Your Dragon!*

ESCAPE JUNIOR HIGH YOUTH GROUP

Mon, **Aug 9 - Movie Night**
Meet at Edwards Theatre, Rancho San Diego for the movie “Jungle Cruise”. Ticket cost is \$14.50 and bring additional funds for the snack bar. Permission slip online. See below

Wed, Aug 11 - Beach Night/BBQ

At La Jolla Shores from 6:00 to 8:30 pm. Get details online using link below.

Fri, Aug 13 - Let's Go Bowling

Meet at the SDSU Aztec Center at 5:30 pm for check in and to get shoes. The cost of \$13.00 includes shoe rental. RSVP for this event is required.

All off-campus events require a permission slip (available online.) RSVP links can also be found online. Visit olg-church.org/parish-groups and choose Youth Group, then **Escape** (Jr. High) or **New Life** (High School). For answers to your questions call Doris, Youth Minister, at (619) 466-5451.



SAN DIEGO YOUNG ADULTS

The OLG Young Adults (ages 18-39) are staying connected through summer activities!

Sun, Aug 15 - We'll celebrate the Feast of the Assumption at the OLG 5:30 pm Mass.

Thu, Sept 9 - YA weekly Get Togethers start up again! Gather in the Youth Room from 7:30 - 9:30 pm.



To receive texts or emails about activities text OLGYA to 84576 and follow us on Instagram@sd.ecya and at facebook.com/groups/youngadultsolg.

For a complete list of spiritual development and social opportunities for Catholic adult groups ages 20s through 60+ visit the Diocese of San Diego webpage sdccatholic.org/office-for/young-adult-ministry.

(Continued on page 6)

FUNERAL LITURGY AT OUR LADY of GRACE**TIMOTHY HEMPHILL**Tue, **Aug 10** at 10:30 amInurnment follows at
El Camino Memorial Park*May his soul and the souls of all the faithful departed,
through the mercy of God, rest in peace. Amen.***Opportunities for Adults**

OLG School of Religion is seeking Kindergarten and First Grade catechists for our 2021-22 after-noon program. If you enjoy sharing your love of Christ with children, please pray and consider joining our team. The commitment to serve is on Wednesdays, Sep 1 through Jun 1 (holidays off), 3:30 to 5:30 pm. For more info visit tinyurl.com/ffdmstwe or call Lissa at (619) 466-5656.

We have Openings for Liturgical Ministers

We are in need of volunteers to serve the parish as Ushers and Extraordinary Ministers of the Eucharist (Eucharistic Ministers). Please contact Rosa at the Parish Office (619) 469-0133 to learn more.

**ENROLL NOW
GRADES K-8**

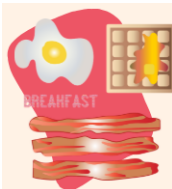
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Charity is the beating heart of the Christian: just as one cannot live without a heartbeat, so one cannot be a Christian without charity.

~ Pope Francis, @Pontifex, 7/25/21



International Catholic Families Parish Group

Labor Day Weekend Breakfast

Sun, Sep 5

after the 8:00 and 11:00 am Masses
Watch for more details to come!**PRAYER REQUESTS**

Please pray for those who have requested prayer and for the special intentions written in the Book of Intentions in the Baptistry of our church.

Griselda Albanez	Nathan Kahan
Heriberto Albanez	Stephanie Kahan
Gabriela Alvarenga	Rebecca Leyden
Marvin Alvarenga	Tim Leyden
Angie Arrayan	Larry Lorent
Patrick Attardo	Mickey Lyle
Gary Barker	Donald Marsh
Angie Biner	Rich McClintock
Mark Bonebright	Donna O'Fallon
Anita Branch	Ed O'Neal
Stephanie Butcher	Judy Pfohl
Janice Butterfield	Ann Renzi
Pam Carlson	Anthony Renzi
Tim Clasemen	Jim Sawaya
Mark Anthony Colonna	Rose Sheehan
Rosemary Cosgrove	Robert Schiowitz
Barbara Cyr	Norma Seibert
Stephanie Gonzales Korty	Cassandra Shand
Mark Habina	Theresa Smith
Kevin Healy	John Sullivan
Stu Hedley	Terry Tedrow
Dawn Hoope	Liz Van Valkenburgh
Susan Hori	Marilyn Winger
Adam Kahan	

Names remain listed for four weeks and can be renewed by contacting Marie Pospichal at mpospichal@olg-church.org.

Catholic Answers 2021 National Conference

Hyatt Regency La Jolla at Aventine

Sep 23 - 26**Who Do You Say That I Am?**

Get ready to experience extraordinary talks about who Jesus is and what he wants from us.

The keynote speaker is
Bishop Joseph Strickland of the
Diocese of Tyler, TX.

Find out more at

catholicanswersconference.com.


**Renewing
HOPE**

2021 ANNUAL CATHOLIC APPEAL
DIOCESE OF SAN DIEGO

Visit olg-church.org and scroll to the "Annual Catholic Appeal" ad. Click the "2021 ACA video" link to see how funds raised will support diocesan and local efforts to announce the Gospel and serve God's people. Click the "Renewing Hope" image to make a pledge and/or gift to this year's Appeal. Thank you!

(Continued from page 4)

catechetical material, parent information classes, and other choices and possibilities for your child. All parents need to be part of their child's religious education, taking a lead in instilling the values and beliefs of their faith.

Communication and information help us all to teach and preach the Gospel as Jesus did.

Good to know: If you are a registered family at OLG and have decided to prepare your child for receiving the sacraments of Reconciliation and Eucharist for the very first time through a home-schooling program, please contact our Director of Catechetical Ministry before starting preparation to learn about curriculum guidelines and the periodic review process used here. Email Lissa at lhutcheson@olg-church.org for more info.

OLG Class of 2017—Where are they Going?!

Isabella **Ah Moo**, Pomona College, Claremont

Sara **Beckman**, UC Santa Cruz

Nicholas **Brooke**, Cal State Northridge

Cash **Creighton**, SD State Univ

MD **Daniel**, SD State Univ

Joshua **De La Cruz** – UC San Diego

Dean **Dickow**, UC Los Angeles

Mark **Dixon**, Discerning a vocation to the priesthood

William **Dunphy**, U.S. Army National Guard

Maureen **Durr**, Loyola Univ Chicago

Gillian **Justice**, Gonzaga Univ

Gavin **Kassab**, Univ of San Diego

Jillian **Klima**, Cal State Northridge

Yasmeen **Konja**, Northeastern Univ

Nicole **Luna**, New York Univ (NYU)

Simon **Mattar**, SD State Univ

John **Meshinsky**, UC Los Angeles

Madeline **Meyers**, UC Davis

Brianna **Millican**, Seton Hall Univ

Karina **Millican**, Northeastern Univ

Sabrina **Millican**, Cal State San Marcos

Rachel **Penick**, Cal State Los Angeles

Annika **Prado**, Grossmont College

Julia **Rodinec**, Arizona State Univ

Brooke **Ryback**, Univ of St. Andrews, Scotland

Madison **Smith**, Loyola Marymount Univ

Mason **Spounias**, Berklee College of Music

Julian **Valdez**, Villanova Univ

Kristin **Williams**, Univ of San Diego



Heavenly Father, we thank you for the life of your servant and Martyr, St. Florian. He courageously gave his life rather than betray the name of your Son, Jesus. Grant that we too may imitate his unwavering faith and come to share in the glory of heaven. May St. Florian, patron of firefighters, protect all who help extinguish the destructive flames that threaten lives and property by his holy intercession may every home be kept safe from fire and every should be spared the flames of hell. Amen.

~ Pedro de la Cruz

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WEEKLY OFFERING REPORT

Jul 27 - Aug 2, 2021

\$18,691.38

Plate	\$ 1,657.20
Envelopes	\$ 11,531.68
Online Giving	\$ 5,502.50

Breakdown of Gifts Received

\$0.01 - \$5.00	23
\$5.01 - \$10.00	36
\$10.01 - \$25.00	95
\$25.01 - \$50.00	68
\$50.01 - \$100.00	41
\$100.01 - \$150.00	13
\$150.01 - \$500.00	22
\$500.00 - Over	1

Total Contributing Households

299

Additional Gifts

Building Fund	\$ 1,654.00
Food Pantry	\$ 801.00
School Support - General	\$ 1,005.00
School Support - Tuition Assistance	\$ 319.00

Please Consider Online Giving

Give a one-time gift or set up recurring gifts

Visit olg-church.org and click on the "Online Giving" image or link (or use the QR code with your smart phone app). Thank you!



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OUR LADY of GRACE PARISH AND SCHOOL DIRECTORY

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PARISH OFFICE

PHONE: (619) 469-0133
 FAX: (619) 469-0575
 WEB: OLG-CHURCH.ORG
 HOURS: MON-THU 8:30 AM-4:30 PM

Pastor **FR. PETER MCGUINE** | Ext. 17
 Deacon **DCN. JOHN SAWAYA**
 Business Manager **PATRICIA KANE** | Ext. 12
 Special Projects Coordinator **KEN DISCENZA** | Ext. 24
 Bookkeeper **SIONI BAUTISTA** | Ext. 16
 Office Manager **MARIE POSPICHAL** | Ext. 10
 Publicity & Comms **GEORGENE KRUZEL** | Ext. 33

Housekeeping **MARIA ARIAS**
 Maintenance & Facilities **DAN BRESLIN & VINCE OLIVER**

MATTHEW HILGEMAN

LITURGICAL MINISTRIES

Liturgy Coordinator **ROSA HILGEMAN** | Ext. 14

Interim Director of Liturgical Music
JONATHAN GONZALES | Ext. 26
Cantate Kids and Gaudete Choir (11:00 am Sun)

Director **ROBERT FILLEY**
Laudate Ensemble (5:30 pm Sun)

RELIGIOUS EDUCATION

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PHONE: (619) 466-5656

Director of Catechetical Ministry **LISSA HUTCHESON**
 Youth Ministry Coord. Jr. High, Sr. High
DORIS HERTZIG (619) 466-5451
 Young Adults (18-39 yrs.) **BERNADETTE ROSE HILGEMAN**



To email members of the parish staff, please visit our website at:

olg-church.org

Click on the "Contact Us" in the upper right corner of the browser window.

And please Like Us on Facebook!

Reporting Sexual Abuse

Complaints about sexual abuse by a member of the clergy or by a parish or Catholic school employee or volunteer can be made by calling Mary Acosta at (858) 490-8353 or email misconduct@sdcatholic.org.

If any of your personal information has changed please call the Parish Office to let us know. We strive to keep our family records up-to-date.



PARISH SCHOOL

PHONE: (619) 466-0055
 FAX: (619) 466-8994
 WEB: OLG.ORG
 HOURS: WEEKDAYS 7:15 AM-3:30 PM
 (DURING SCHOOL YEAR)

Principal **ERIN MARES** | Ext. 11
 emares@olg.org
 Vice-Principal **RACHEL SATO** | Ext. 27
 rsato@olg.org
 Development & Admissions **KELLI BALISTRERI** | Ext. 16
 kbalistreri@olg.org
 Administrative Assistant **LINDA PETERS** | Ext. 10
 lpeters@olg.org

PARISH MINISTRIES AND ORGANIZATIONS

To email members of the parish staff or the ministry leaders listed below please visit our website at:
olg-church.org - click on the "Contact Us" link in the upper right corner of the browser window.

For a ministry leader phone number please call the Parish Office at (619) 469-0133.

55 PLUS CLUB—Mary Cloward**BLOOD DRIVE**—Debbie Ipsen**CATHOLIC WOMEN'S CLUB—CWC**

CWC—Mary Cloward

Book Club—Julie Hazelton

Craft Fair—Kathy Porterfield

CENTERING PRAYER—Irma Eichinger or Beatrice Doblado**CUB SCOUTS**—Pack 951—Crystal Carr**CURSILLO**—Dcn. John Sawaya**EVENTS COMMITTEE**—Nettie Aguinaldo**FOOD PANTRY**—Since 1981

Bob Cosgrove

(619) 469-0061

M-F, 9:30-11:00 am

HOLIDAY ANGELS—Since 1988—Lesley Bradley**INTERNATIONAL CATHOLIC FAMILIES—ICF**

Carla Pedroncelli

KNIGHTS OF COLUMBUS—Frances Cabrini Council 8879

Robert Yslas, Grand Knight

LADIES OF GRACE—Rosemarie McLain**LEGION OF MARY**—Since 1987—Dee Draper**MEN FOR CHRIST**—Steve Faucher**MINISTRY TO THE SICK & HOMEBOUND**

Rosa Hilgeman

PRAYER QUILT MINISTRY—Since 2006

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Vicki Whitmire (40 Days for Life)

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Joanie Hilgeman



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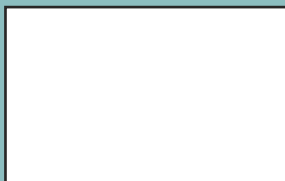
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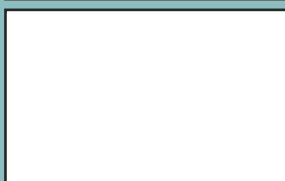
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